


Structural Health Monitoring in Composite Structures: A Comprehensive Review

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Abstract: This study presents a comprehensive review of the history of research and development of different damage detection methods in the realm of composite structures. Different fields of engineering, such as mechanical, architectural, civil and aerospace engineering, benefit excellent mechanical properties of composite materials. Due to their heterogeneous nature, composite materials can suffer from several complex nonlinear damage modes, including impact damage, delamination, matrix crack, fiber-breakage, and voids. Therefore, early damage detection of composite structures can avoid catastrophic events and tragic consequences, like an airplane crash, further demanding the development of robust structural health monitoring (SHM) algorithms. This study first reviews different non-destructive damage techniques, then investigates the vibration-based damage detection methods along with their respective pros and cons, and concludes with a thorough discussion of a nonlinear hybrid method termed Vibro-Acoustic Modulation technique. Advanced signal processing, machine learning, and deep learning have been widely employed for solving damage detection problems of composite structures. Therefore, all these methods have been fully studied. Considering the wide use of a new generation of smart composites in different applications, a section is dedicated to these materials. At the end of this paper, some final remarks and suggestions for future work are presented.

Keywords: Composite structures; Fracture mechanisms; Structural health monitoring; Smart composite; Advanced technology systems

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51 1. Introduction

52 Structural health monitoring (SHM) seeks to perform several tasks, such as damage
53 detection, localisation, and quantification, to maintain the integrity of an entire structure.
54 Comparatively, baseline-dependent SHM techniques need data from both “healthy” and
55 “damaged” states of structure, whereas baseline-independent SHM techniques seek to
56 identify damage through studying structural response to some natural or synthesised
57 forces. It is desirable to identify damage in its early time of initiation to undertake
58 suitable maintenance procedures, whereby the structural integrity and reliability can be
59 ensured. SHM systems are comprised of the three following main elements:

- 60 • A sensing technology that can be deployed on a structure permanently, whereby
61 the structural response data could be recorded and transmitted to a control center to
62 monitor the health condition of the structure. However, traditional non-destructive
63 damage testing is more reliant on scheduled monitoring of the structure at a certain
64 time and location.
- 65 • The recorded data are required to be processed through high-performance comput-
66 ing facilities in the control center for real-time condition monitoring of the structure.
67 This was made possible by the advent of high-performance PCs in the mid-1980s.
- 68 • Robust algorithms needed to study recorded vibration data for damage must
69 be resilient to several factors, such as measurement noise and Environmental
70 and Operational Variations (EOV) effects. The advanced machine learning, deep
71 learning, and signal processing algorithms have made the development of such
72 methods possible.

73 The need for resilient materials has been increasing more than ever due to the
74 advancements in different fields of engineering over the past century. As such, composite
75 materials have emerged and have been used in many applications. The idea of composite
76 materials was initiated based on mimicking natural materials like wood. They have been
77 widely used ever since their emergence in different fields of engineering, including civil
78 infrastructures as well as the automotive and aerospace industries. This is mainly due
79 to several outstanding and excellent properties of such materials, including increased
80 stiffness, strength, corrosion resistance, fatigue life, and wear resistance along with
81 enhanced thermal properties and reduced weight. Composite materials are usually
82 obtained from combining two or more components to achieve the aforementioned
83 enhanced engineering properties.

84 Existing damage in a composite can adversely affect its performance and, if not
85 identified and fixed in time, can lead to catastrophic consequences, such as total destruc-

tion of the structure. There is a variety of failure mechanisms in composite structures, which usually develop either during the manufacturing process, such as design errors and overheating, or while in service, such as static overload, shock, and fatigue [1–3]. These mechanisms include fiber failure, buckling, matrix cracking, and delamination. Fiber failure is known to be the simplest failure mechanism to detect and quantify in composite structures and usually appears when the excitation loads, applied to the composite structure, cause fractures in the fibers. Matrix damage, on the other hand, usually appears in several forms, including voids, cracks between fibers within lamina, or even as a single composite layer that is an intralaminar form of defect [4,5]. Another possible form of failure is buckling, which commonly appears as shear or compression [6,7]. A main failure mechanism is delamination, known to be one of the greatest “weakness” of laminated composites [1,8]. Delamination can spread through a composite laminate, resulting in catastrophic consequences if not discovered and fixed swiftly. The stiffness of composite structures can be vastly compromised by damage, where in some cases, it might result in total destruction of the structure. Therefore, it is important to monitor these structures for damage while lowering the maintenance costs. This prompts further development of structural damage detection systems to obtain efficient and reliable damage detection methods. One strategy is to develop advanced Non-Destructive Testing (NDT) technologies that can detect such local abnormalities in composite structures. There are different types of NDT techniques used for the structural damage identification of composite structures, some of which include: visual testing (VT) or visual inspection (VI), ultrasonic testing, thermographic testing, infrared thermography testing, radiographic testing, acoustic emission testing (AE), acousto-ultrasonic, shearography testing, optical testing, liquid penetrant testing, magnetic particle testing, and electromagnetic testing.

Advancements of SHM techniques for composite structures widely favor the methods developed for other structures. Some examples of such methods can be found in [9–13]. Some of these methods are also listed in Table 1.

This study presents a comprehensive review of some key aspects of damage detection in composite structures, including:

1. laminated composite structures,
2. types of failure modes in such structures,
3. various damage detection techniques that are suitable for such structures as well as their key properties, and
4. advantages and disadvantages of such techniques. At the end of this study, some updated guidelines for undertaking smart monitoring systems for composite laminate structure are outlined.

Table 1: Some recent advancements in SHM of composite structures.

Refs	Method	Description	Model
[14]	Enhanced wave-field imaging	- A new damage index, termed first-to-residual energy ratio (FRER), was developed based on the first arrived Lamb waves amplitude signatures and the residual wave components	A composite plate (CFRP, T300/3231)
[15]	Fiber Bragg Grating (FBG) sensors	- A damage identification method of CFRP laminated plates based on strain information	CFRP laminated plates
[16]	Edge-reflected Lamb waves	- Structural prognosis is made possible using the proposed method leveraging the multipath reflected Lamb waves	A composite plate (CFRP, T300)
[17]	Frequency domain-based correlation	- The complex frequency domain assurance criterion (CF-DAC) was leveraged to develop a domain-based correlation approach	A CFRP laminated plate
[18]	Low frequency guided waves	- Low excitation frequencies of guided waves (GW) propagation in different types of FE modelling of composite laminates are used for delamination detection - Two new convergence criteria are employed to obtain accurate results	A laminated composite plate
[19]	Correlation function amplitude Vector (CorV)	- The delamination area can be determined through calculation of the relative changes between the CorVs of the intact and damaged composite laminate plates - Combining the method with a statistic evaluation formula resulted in localising damage precisely	A composite sandwich beam
[20]	Continuous wavelet transform and mode shapes	- Higher order mode shapes or operational deformation shapes (ODSs) were employed for damage detection	A composite plate
[21]	A Lamb wave-based nonlinear method	- An artificial delamination is created in a composite laminate using a thin Teflon sheet to be detected with the proposed lamb wave-based nonlinear method	A woven fiber composite (WFC) laminate
[22]	Ultrasonic guided waves	- The effective linear and nonlinear guided wave parameters were extracted through Hilbert transform (HT), Fourier transform (FFT) and wavelet transform (CWT) analysis to characterize the delamination length	A composite double cantilever beam (DCBs)

123 2. Composite structures

124 Common types of engineering materials include metals, polymers, ceramics, and
125 composites. Among these, composite materials are often a better alternative for tra-
126 ditional materials, such as metals, ceramics, and polymers due to their light weight,
127 corrosion resistance, high strength and stiffness, ability to withstand high temperatures,
128 and simple manufacturing process [23,24]. Composite structures are used in a range
129 of different industries from aerospace, marine, aviation, transport, and sports/leisure
130 to civil engineering. For example, advanced composite materials have been used in
131 different structures regarding the above industries, such as rotor blades, aircraft main
132 body, and wing skins.

133 Laminated composites usually consists of a couple of ply termed as lamina. Each
134 lamina generally consists of two substances: (1) the matrix, and (2) the reinforcement
135 material or fiber, which is immersed in the matrix. Generally, composite materials are
136 made of a base material (matrix) and a reinforcement material (fiber) [24–26]. Fiber-
137 reinforced composite (FRC) materials are composed of high-strength fibers that are
138 embedded in a matrix for two main reasons: (1) to hold the fibers in place, and (2)
139 to prevent the fibers from exposure to destructive environmental conditions, such as
140 humidity. The different types of composite textures pertain to fibrous composites,
141 laminated composites, particulate composites, symmetric laminates, unsymmetrical
142 laminates.

143 Figure 1 shows the contributions of the matrix and fiber to different properties of a
144 ply in composite laminates.

- 145 • **Fibrous Composites:**

146 Fibrous composite is a type of composite materials that includes fibers integrated
147 with a matrix, owing its remarkable stiffness and strength to the fibers. Fibers can
148 be classified based on their length into long and short fibers. While long fibers
149 are usually produced in straight form or woven form, short fibers, also known
150 as whiskers, possess better strength and stiffness properties. The geometrical
151 properties of a fiber are usually characterised by a high length-to-diameter ratio
152 as well as its near crystal-sized diameter. The effectiveness of a fiber is, however,
153 determined by its strength-to-density and stiffness-to-density ratios. Fibers can
154 effectively improve the fracture resistance of the matrix [27], and the long-dimension
155 reinforcement made by fibers stalls the growth of the cracks initiating normal to the
156 direction of reinforcement.

- 157 • **Laminated Composites:**

158 Laminated composites consist of several layers of different materials (at least two)
159 bonded together. Since layers are usually very thin individually, they are combined
160 through lamination to achieve a material with better mechanical properties. Various
161 orientations of the layers are typically used to form a multiply laminated composite
162 suitable for engineering applications. Some examples of laminated composites
163 include bimetals, clad metals, laminated glass, plastic-based laminates, and fibrous
164 composite laminates [28].

165 A hybrid class of composites, called laminated fiber-reinforced composites, involves
166 both fibrous composites and lamination techniques. The fiber direction of each
167 layer of fiber-reinforced composites is typically oriented in a direction different than
168 the direction of other layers in order to achieve strength and stiffness in different
169 directions. Thus, the layering of such composites can be tailored based on specific
170 design requirements [29].

- 171 • **Particulate Composites:**

172 Particulate composites, such as concrete, consist of particles of different materials
173 with different shapes, sizes or configuration that are randomly suspended in a
174 matrix. However, unlike fibers, particulate composites are not usually of long
175 dimension (with the exception of platelets), but instead are regarded as isotropic
176 materials. Similar to a matrix, particles can be composed of different types of

177 materials, including metallic and nonmetallic. As such, there are four possible
178 combinations of fibers and matrices in terms of the type of material used in each
179 one: (1) metallic particles in nonmetallic matrix, (2) nonmetallic particles in metallic
180 matrix (metal matrix composites), (3) nonmetallic particles in nonmetallic matrix,
181 and (4) metallic particles in metallic fibers. Particulate composites are meant to
182 reduce the cost of integrating composites with fibers [30]. Notwithstanding, they
183 typically do not exhibit the strong load-bearing capability of fibrous composites
184 and are not typically resistant to fracture.

185 • **Symmetric Laminates:**

186 Symmetric laminates are a laminated composite that is symmetric in geometry and
187 material with respect to the geometrical middle surface. Therefore, the layers that
188 make up a symmetric pair possess the same properties. Symmetric laminates are
189 more common compared with unsymmetrical laminates [31].

190 • **Unsymmetrical Laminates:**

191 Unsymmetrical laminates are not symmetric with respect to their middle surface.
192 They are used in many applications, depending on the design requirements [32].

193 Often times, various types of composite textures can be mixed to obtain six different
194 kinds of composite materials as follows:

- 195 • **Symmetric-Fibrous composites**
- 196 • **Symmetric-Laminated composites**
- 197 • **Symmetric-Particulate composites**
- 198 • **Unsymmetrical-Fibrous composites**
- 199 • **Unsymmetrical-Laminated composites**
- 200 • **Unsymmetrical-Particulate composites**

201 The load is mainly carried by the fibers that act as reinforcement, while the roles
202 of the matrix are: (1) to hold the fibers in place, and (2) to transmit the load to the
203 fibers. Typically, fibers are composed of carbon, glass, aramid, boron, and silicon carbide,
204 whereas the matrices are usually made from polymers like epoxies and polyimides [32].
205 Fig. 2 shows the classification of composite materials based on the type of reinforcement
206 and matrix. Therefore, the properties of a composite are generally determined by the
207 following factors:

- 208 1. fiber properties,
- 209 2. matrix properties,
- 210 3. fiber Volume Fraction (FVF), which is defined as the ratio of fiber to matrix, and
- 211 4. arrangement of fibers in the composite, such as geometry and orientation.

212 The density, stiffness, and strength of the matrix is lower than those of the fibers.
213 The combination of the matrix and fibers usually offers very high strength and stiffness
214 while maintaining low density [26].

215 For further details about the classification of composite structures, the readers are
216 referred to [33–36].

217 2.1. Failure Mechanisms of Composite Structures

218 Various types of defects can occur in composite structures, which can be classified
219 based on the size and component of the effected composite structure, as illustrated in
220 Figure 3. Some of the most critical types of damage are those caused by cyclic loading
221 (fatigue damage) or impact loading. Such damage can significantly reduce the residual
222 strength in a part of a composite structure, depending on their type and size [36]. Damage
223 can occur in a composite structure in different forms, ranging from defects in the matrix
224 or fiber to other forms of damage like breakage of elements or failure of attachments
225 that are either bonded or bolted to the body of the structure [5]. The extent of damage
226 determines the remaining service life of a composite component and is thus considered a
227 factor to identify the damage tolerance of the component. While some types of damage
228 can have very little effect on the residual strength, they can become more severe over

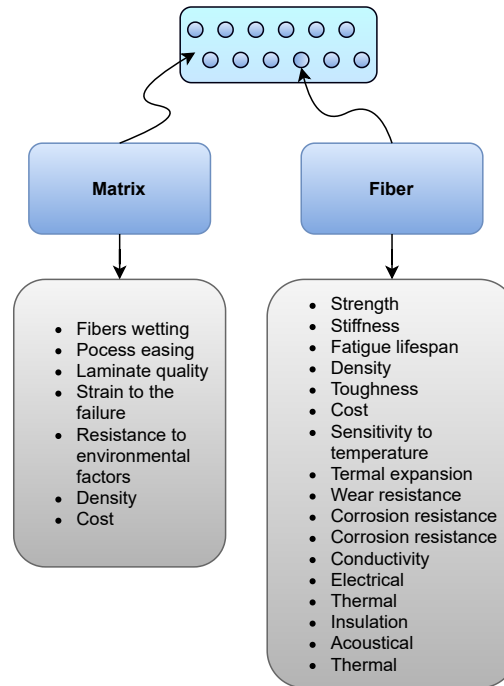


Figure 1. The contributions of matrix and fibers to different properties of a ply.

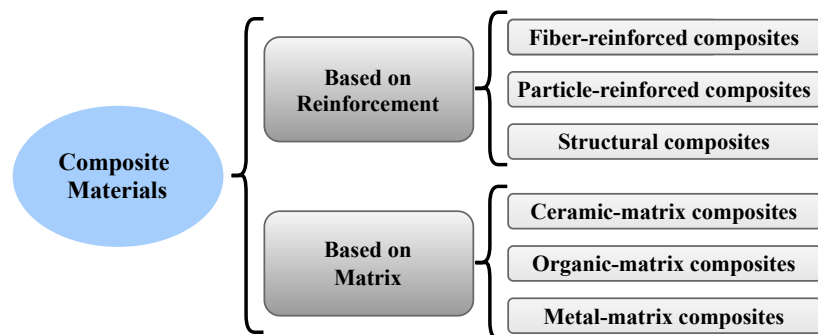


Figure 2. The classification of composite material.

229 time when combined with other factors, such as environmental and operational effects
 230 [37,38].

231 Impact damage can reduce the compression, shear, and tensile strength of composite
 232 materials. As such, compressive residual strength of the laminated composite material
 233 is dependent on the extent of delamination and fiber failure produced by transverse
 234 impacts. Fiber failure can subsequently affect the tensile residual strength of the mate-
 235 rial. However, the effect of impact damage can vary based on the specific design and
 236 application of the composite member. For example, in aircraft systems, impact damage
 237 can decline the resistance and integrity of composite components to the environmental
 238 factors, such as moisture. As such, the core of sandwich panels with thin face sheets
 239 may be subjected to moisture after the impact, or the impact can bring about fuel leaks
 240 in stiffened wing panels. Therefore, a good understanding of these effects can guarantee
 241 a safe and economic application of composite materials.

242 Some more details about failure mechanisms in composite materials can be found
 243 in [10,42–44]. Table 2 lists some studies that investigate common failure mechanisms in
 244 composite structures.

Table 2: Some common failure mechanisms along with recommended damage detection methods in composite structures.

Refs	Failure	Description	Method
[39]	Matrix cracking	An NDE method based on propagation of ultrasonic Lamb wave in polymeric composites was developed which is capable of detecting and classifying matrix cracking in the material using artificial intelligence	Method based on guided wave propagation and artificial neural networks
[40]	fiber cracking	A mixed-mode I/II crack detection criterion was developed for fracture detection of orthotropic materials with arbitrary crack-fiber angle	Augmented Strain Energy Release Rate (ASER)
[41]	Delamination	An image processing methodology, based on digital radiography, was developed to characterize the drilling-induced delamination damage	Image processing

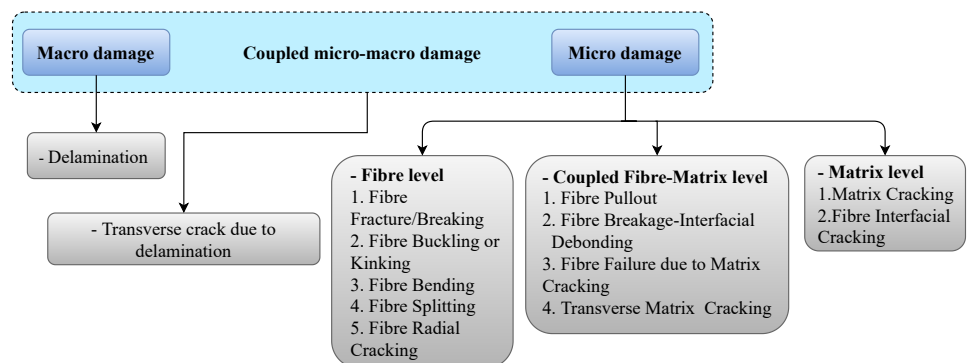


Figure 3. Types of damage in Composite structures.

245 2.2. Environmental Variations Effects

246 One pertinent factor to be considered when designing a composite component is
 247 the environment that the component is exposed to during service time. This is mainly
 248 due to the fact that the performance of composite members is significantly affected by
 249 environmental factors. There are several environmental factors that can have such effects
 250 - temperature and moisture being the most important of which for polymer composites.
 251 For example, the modulus and strength of the polymer matrix are highly affected by
 252 temperature variations, which can further affect the mechanical properties of the lamina
 253 and laminate. While the modulus and strength of the matrix can be reduced by elevated
 254 temperature, extreme cold conditions can trigger brittle behavior in some resin systems
 255 [45–48]. However, the extent of this event highly depends on the type of resin and,
 256 more generally, all other materials used in the design of the composite component. For
 257 example, the effect of temperature on glass or carbon fibers is less than that on some
 258 organic fibers, such as aramid. Likewise, increased moisture content can decrease some

Table 3: Influence of environmental conditions on local properties of composite structures. (+) strong, (o) average, and (−) weak influence. (DI) Delamination, (T) Temperature, (Dt) Dirt, (M) Moisture, (ER) Electromagnetic Radiation, and (ML) Mechanical Load.

Condition Influence	Notch	Matrix crack	Fiber crack	DI	T	Dt	M	ER	ML
Material Stiffness	o	o	+	o	+	−	+	−	−
Mass	−	−	−	−	−	+	+	−	−
Damping	−	o	o	o	o	+	o	−	−
Material Conductivity	+	o	+	o	o	−	o	o	o
Boundary Formation	+	−	−	+	−	o	−	−	−

259 mechanical properties of materials, such as the resin's modulus and strength. Moreover,
 260 matrix swelling is another effect caused by moisture uptake, resulting in increased
 261 residual stresses within the laminate. Except for most spacecrafts, moisture swelling
 262 effects are not as severe as those pertaining to temperature and, therefore, are usually
 263 neglected at the design stage.

264 Table 3 outlines the effect of different environmental, operational, and damage
 265 mechanisms on the mechanical properties of composite structures based on reviewing
 266 references [33,34,49–51]. For instance, the composite material stiffness is highly sensitive
 267 to the temperature and moisture variations as well as the presence of fiber cracks.
 268 Another factor that is highly sensitive to moisture, as an environmental effect, is the mass
 269 of composite components. As such, the boundary formation is the item least influenced
 270 by the environmental variations, i.e. temperature and humidity. The mechanical load
 271 and electromagnetic radiation have relatively moderate effects on composite material
 272 conductivity. However, their impact on other mechanical properties of the composite
 273 structure is negligible.

274 Table 4 indicates the review of several studies on the environmental and operational
 275 effects on different types of structures. Some further references on this topic include
 276 [52–55].

Table 4: Some references studying the environmental and operational effects.

Effect	Refs	Description
Temperature effects	[56]	Vibration test conducted on five bridges in the UK indicated that bridge responses are sensitive to the structural temperature
	[57]	The movement of a point in the experimental model with respect to its expected location in the analytical model confirmed a significant expansion of the bridge deck due to the elevated temperature.
	[58]	5% variation in the first mode frequency of the bridge, during the 24 h cycle, was detected
	[59]	The frequency–temperature and displacement–temperature correlations using long-term monitoring data were investigated
	[60]	Dempster–Shafer data fusion technique was employed to investigate the correlation between modal data and temperature
	[61]	The regression analysis in conjunction with Principal Component Analysis (PCA) was employed to purify natural frequency from the environmental and operational variations effects
	[62]	The back-propagation neural network (BPNN)-based approach was employed to clean the identified natural frequencies from temperature effects
Boundary condition effects	[63]	The effect of crack and beam’s length on the natural frequencies was investigated
	[64]	The changes in the natural frequencies caused by the freezing bridge supports were investigated
Mass loading effects	[65]	It was noted that a heavy traffic on a 46 m long simply supported plate girder bridge decreased the natural frequencies of the bridge by 5.4%
	[66]	The effect of the traffic mass on the damping ratios becomes evident when the vibration of the deck due to the traffic exceeds a certain level
Wind-induced variation effect	[67]	The alleviated wind velocity can reduce the natural frequency and decrease the modal damping of a suspension bridge
	[68]	A quadratic function can be established to map the vertical amplitude of the bridge response to the wind speed. It was also noted that the damping ratio is dependant on the vibration amplitude

277 3. SHM of Composite Structures

278 Structural health monitoring (SHM), as a well-established tool, is currently used
279 extensively for damage diagnosis in different types of composite structures, such as
280 bridges. SHM methods can be categorised into two groups in terms of the extent of the
281 area they are applied to on a structure: local and global techniques. Global techniques
282 are of more interest when it comes to monitor a large area on structures, whereas local
283 methods, also termed non-destructive evaluation (NDE) techniques, have been widely
284 used for damage identification of different structures such as composite materials.

285 Non-destructive testing (NDT) refers to a family of damage identification methods
286 that do not pose damage onto the structure under investigation. As such, they are valu-
287 able techniques in terms of saving money and time in system evaluation. Alternatively,
288 these techniques may be termed nondestructive examination (NDE), nondestructive in-
289 spection (NDI), or nondestructive evaluation (NDE) [69–73]. The advantages, limitations,
290 and range of applications of different NDT methods are listed in Table 5. Accordingly,
291 thermography and ultrasonic testing are the most suitable NDT methods for damage
292 identification in composite materials. NDT aims to detect the presence of and charac-
293 terise damage in the interior or on the surface of materials without cutting or piercing
294 through the materials that can otherwise lead to changing the material properties. NDT
295 techniques can be categorised in several ways based on the type of the composite to be
296 tested and testing conditions.

297 According to Table 5, NDT is widely employed in forensic engineering of different
298 systems, including mechanical engineering, petroleum engineering, electrical engineer-
299 ing, civil engineering, systems engineering, aeronautical engineering, medicine, and art
300 [86,86]. For instance, medical imaging techniques, such as echocardiography, medical
301 ultrasonography, and digital radiography, are NDT techniques that have had a profound
302 impact on medicine.

303 Ultrasonic testing (UT) techniques belong to another family of NDT techniques,
304 which are used to investigate materials by studying the propagation of ultrasonic waves.
305 Typically, UT devices transmit very short ultrasonic impulses with center frequencies
306 ranging from 0.1 to 15 MHz and, in some cases, up to 50 MHz. The recorded signals
307 at the receiver side are studied for internal flaws or in order to characterize materials
308 [5,87–89]. For example, UT is used to measure thickness of the test object to determine
309 the extent of corrosion in a piping system.

310 Shearography or Speckle pattern shearing interferometry is an NDT technique that
311 uses coherent light or coherent sound waves for the quality assessment of materials in
312 different problems, such as nondestructive testing, strain measurement, and vibration
313 analysis. It has a wide range of applications in the aerospace and wind turbine industries,
314 among other areas [5,29,90,91]. The shearography techniques present several advantages
315 over traditional NDT techniques, including: (1) capable of testing large area on the
316 structure (up to 1 m² per minute [92]), (2) contact-less techniques, (3) relatively insensitive
317 to environmental variations effects, and (4) perform well on honeycomb materials [93].

318 Eddy-current testing (ECT) is an electromagnetic NDT method that exploits electro-
319 magnetic induction in conductive materials for the detection/characterisation of surface
320 and sub-surface defects [94].

321 Thermographic inspection is a technique to monitor the thermal changes in the
322 surface of an object. It can be also used to provide images from thermal patterns on
323 the surface of an object. The infrared thermography technique is non-intrusive and
324 contact-less that is used to provide mapping from thermal patterns (thermograms) on
325 an object's surface through an infrared detector [95].

326 Radiographic Testing (RT), on the other hand, is an NDT technique to inspect
327 the interior of a material for hidden flaws. In order to penetrate into the material, RT
328 applies short wavelength electromagnetic radiation [96], which can be produced by
329 some equipment, like X-ray machines. To provide high-energy photons, the machine is
330 equipped with a source of radioactive material, such as Ir-192, Co-60, or in some rare

Table 5: The advantages, limitations and ranges of applications of different NDT techniques.

NDTE technique	Advantages	Limitations	Ranges of application
Neutron imager (NI) [74]	<ul style="list-style-type: none"> - Simple - Quick - Economically viable - Easy to handle - Flexible 	<ul style="list-style-type: none"> - Good method for detection of surface imperfections, only - Effective when used to detect macroscopic flaws. Not a good method for micro-damage detection. - Highly subjective and suffers from low repeatability of results and high reproducibility of errors - Requires multiple engineering approaches for subsurface defect detection 	<ul style="list-style-type: none"> - Civil Engineering - Aerospace industries - Health Monitoring of composite structures
Acoustic emission (AE) [75]	<ul style="list-style-type: none"> - Good for real-time Structural health monitoring - Applies highly sensitive sensors to detect stress waves - Applicable in situ - Supports large volumes of measurement - Effective for micro-scale damage detection - It is simple, fast and cost-effective 	<ul style="list-style-type: none"> - Sample must be stressed. - Sensitive to surrounding noise - Not effective for thick sample - Hard to explain and characterise damage modes - High-cost in terms of consumables and equipment - Limited in terms of off-shore application - High acquisition rates, and measurements on test sample are critical - Provides a qualitative damage detection only 	<ul style="list-style-type: none"> - Civil Engineering - Automobile industries - Machining - Aerospace industries - Health Monitoring of composite structures

Table 5, to be continued.

<p>Ultrasonic testing (UT) [76]</p>	<ul style="list-style-type: none"> - Applicable to different material systems - Enables the identification, quantification, and localisation of internal defects - Permits one-sided inspection - Fast scanning - Long-range inspection capability - Suitable for assembly lines - Good for in situ inspection due to portable and compact equipment - Often affordable - Non-ionizing radiation - Minimal preparation requirement - Sensitive to both surface and subsurface discontinuities 	<ul style="list-style-type: none"> - Complex setup and transducer design - Requires skills to interpret multi-modes and complex features - Sensitive to operational and environmental variations - Difficult to identify damage in the close vicinity of probe - Restricted resolution imposed by the limitation of algorithms and computing power - Requires accessible surface to transmit ultrasound 	<ul style="list-style-type: none"> - Material research - Weld inspection - Quality assurance - Bridges - Aerospace industries - Gas trailer tubes - Health Monitoring of composite structures
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Table 5, to be continued.

Nonlinear acoustics (NLA) [77]	<ul style="list-style-type: none"> - A robust method to detect microscopic damage - Capable of fatigue monitoring prior to crack initiation 	<ul style="list-style-type: none"> - Difficult implementation 	<ul style="list-style-type: none"> - Civil Engineering - Automobile industries - Medicine - Machining - Aerospace industries - Health Monitoring of composite structures
Digital image correlation (DIC) [78]	<ul style="list-style-type: none"> - Affordable - Easy to implement - Adjustable temporal and spatial resolution - Insensitive to ambient changes 	<ul style="list-style-type: none"> - Requires high quality speckle patterns - Resolution is limited by speckle pattern - Can be applied for identification of subsurface defects 	<ul style="list-style-type: none"> - Civil Engineering - Automobile industries - Medicine - Machining - Aerospace industries - Health Monitoring of composite structures
X-ray radiography and X-ray tomography (XRI) [79]	<ul style="list-style-type: none"> - Good for different materials - Can identify both surface and bulk damage - Detailed shape of damage can be revealed through 2D and 3D images - Specific resolution at sub-micron level - High efficiency - Great image processing ability 	<ul style="list-style-type: none"> - Not good for large size structure - Not good for in situ tests - Requires access to both sides of the test specimen - Dangerous ionizing radiation and, therefore, needs protection - Limit access to facilities - Can endanger human health 	<ul style="list-style-type: none"> - Civil Engineering - Health Monitoring of composite structures

Table 5, to be continued.

Resistivity [80]	<ul style="list-style-type: none"> - Self-sensing capability - Real-time monitoring 	<ul style="list-style-type: none"> - Requires electrodes - Can be applied to electrically conductive materials 	<ul style="list-style-type: none"> - Civil Engineering - Health Monitoring of composite structures
Infrared thermography (IRT) [81]	<ul style="list-style-type: none"> - Can be implemented real-time - Can visualise damage - Applicable to wide range of materials - One-sided inspection is possible - Easy and safe operation (Non-ionizing radiation) - Fast and cost effective 	<ul style="list-style-type: none"> - Vulnerable and sensitive equipment, not suitable for in situ tests - Restricted by the cost and availability of excitation sources in the field - The accuracy depends on the complexity of the specimen geometries - Data processing time depends on the computing power and algorithms - Implementation is limited for offshore structure - More automation from footage is needed for crack identification 	<ul style="list-style-type: none"> - Civil Engineering - Medicine - Optimising processes - Surveillance - Aerospace industries - Health Monitoring of composite structures
Shearography (ST) [82]	<ul style="list-style-type: none"> - Surface strain measurement via non-contact full-field tests - Flexible to environmental disturbance - Applicable to large composite structures - High-speed capability - Automated inspection capability 	<ul style="list-style-type: none"> - Requires external excitation sources - Sensitive to rigid-body motion - Not ideal for subsurface defect identification - Not resilient to uncertainties 	<ul style="list-style-type: none"> - Civil engineering - Machining - Aerospace industries - Health Monitoring of composite structures
Terahertz (THz) [83]	<ul style="list-style-type: none"> - Robust and repeatable - Great scan rate with imaging - Great accuracy, sensitivity and resolution - Great penetration depths - Non-ionizing radiation 	<ul style="list-style-type: none"> - Low speed examination - Limited to nonconductive materials - Costly 	<ul style="list-style-type: none"> - Civil Engineering - Aerospace industries - Health Monitoring of composite structures

Table 5, to be continued.

Eddy current testing (ET) [84]	<ul style="list-style-type: none"> - Fast - Contact-less 	<ul style="list-style-type: none"> - Can be applied to only electrically conductive materials - Applicable for surface analysis 	<ul style="list-style-type: none"> - Civil Engineering - Aerospace industries - Health Monitoring of composite structures
Neutron imaging (NI) [85]	<ul style="list-style-type: none"> - Applicable to different materials - Applicable for in situ tests - Good for both surface and bulk damage detection - Detailed shape of damage can be revealed in 2D and 3D images - High resolution of sub-millimeter level - High image processing ability - Provides greater penetration depth than X-rays - High sensitivity to light elements 	<ul style="list-style-type: none"> - Not good for in situ tests - Requires access to both sides - Requires protection against dangerous ionizing radiation - Acquisition efficiency lower than XRI - Access to facilities is limited - More expensive than XRI 	<ul style="list-style-type: none"> - Civil Engineering - Automobile industries - Aerospace industries - Health Monitoring of composite structures

331 cases Cs-137. Neutron imaging is a variant of radiographic testing that produces an
 332 image with neutrons, while neutron radiography is a technique that applies neutrons,
 333 instead of photons, to penetrate through materials. The neutron attenuation determines
 334 the properties of the obtained image. Despite some similarities, it might not be possible to
 335 see some details in the resulting images of neutron radiography that could be otherwise
 336 detected through X-ray imaging techniques, and vice versa. For instance, neutrons can
 337 pass through lead and steel easily, but not through plastics, water, and oils [97]. The
 338 thickness or composition of a material is determined by measuring the variations of
 339 the radiation detected in an opposite side of the material as waves penetrate and pass
 340 through.

341 Electromagnetic testing (ET) is a family of NDT techniques that monitors the elec-
 342 tromagnetic response of a test object by applying electric currents and/or magnetic fields
 343 inside the object. Figure 4 lists different types of non-destructive testing and evaluation
 344 techniques (NDTE) along with their subcategories. Each of these techniques can be
 345 applied to a specific range of damage in composite structures, as shown in Figure 5.

346 As a main disadvantage of these techniques, the evaluation process cannot be
 347 carried out without any prior knowledge about the approximate location of the damage.
 348 The SHM system should ideally fulfil the following requirements:

- 349 • Cheap
- 350 • Enables continuous assessment
- 351 • Can detect low level damage
- 352 • Can detect different damage types

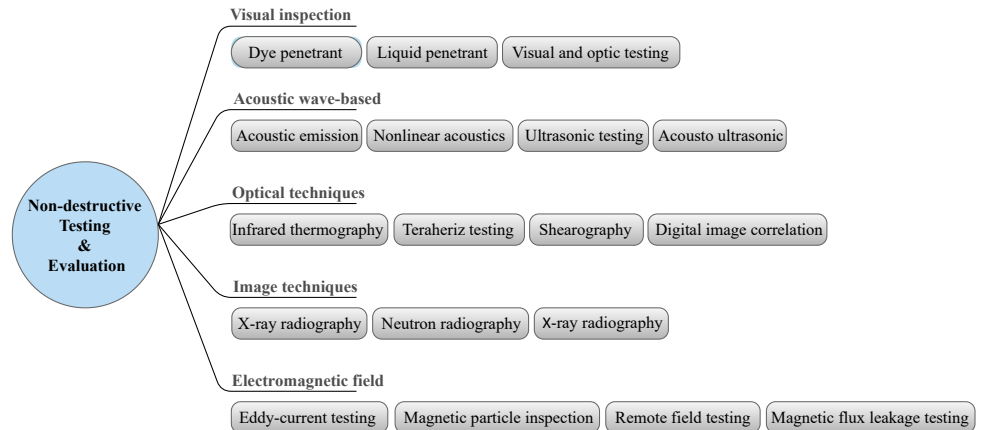


Figure 4. Categories of different non-destructive testing and evaluation techniques (NDTE).

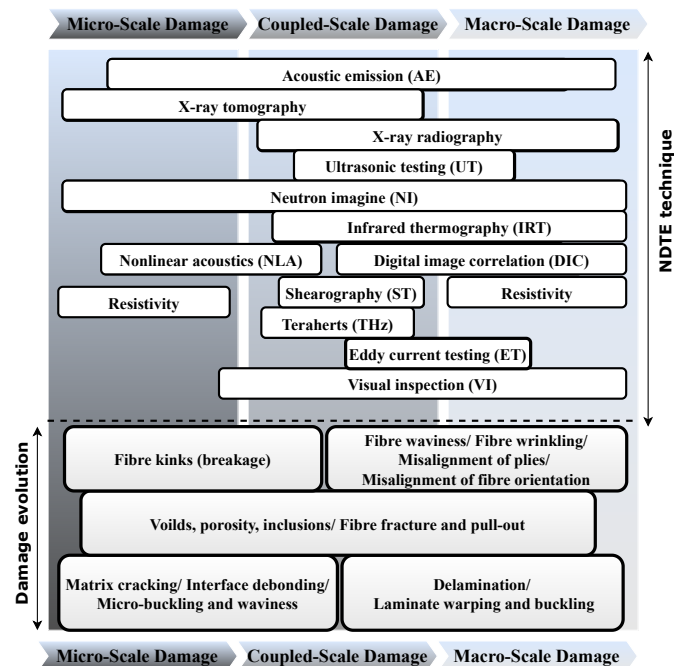


Figure 5. The range of damage to which different types of NDTE techniques can be applied.

- 353 • Resilient to ambient loading conditions
- 354 • Resilient to measurement noise
- 355 • Resilient to environmental variations

356 3.1. Characteristics of Sensors for SHM

357 Any SHM system requires a data collection mechanism, for which different types
 358 of sensors can be selected depending on the type of data required for damage detection.
 359 Some commonly-used sensors include strain gauges [98], accelerometers [99], tempera-
 360 ture gauges [100], acoustic emission sensors [101], and fiber optic-based sensor systems
 361 [102]. Several factors to be considered prior to select sensors for an SHM system are
 362 described as follows:

- 363 • type of sensors,
- 364 • sensor cost(s),
- 365 • number of sensors and their installation procedure,
- 366 • damage protection against mechanical and chemical factors,
- 367 • reducing the effect of noise,
- 368 • data collection procedure, and

Table 6: Fundamental characteristics of sensors used for damage detection of composite materials.

Specifications	Description
Range	The variation of measurements is limited between a minimum and maximum value, termed the range of a sensor
Sensitivity	The sensors should be sensitive enough to the response of a system to the applied load
Accuracy	The value shown by a sensor might be slightly off by a factor, whereby the accuracy of the sensor can be characterised
Stability	The durability of sensors for long-term condition monitoring of structure
Repeatability	The measurement made by the sensor on the structure subjected to the same load should not vary much from the previous measurements
Energy Harvesting	Energy harvesting capability of sensors is essential for sensors used for long-term condition of structures
Compensation due to change of temperature and other environmental parameters	The signal conditioning feature of the sensors should be capable of reducing the environmental variations effects

- 369 • sensitivity of sensors to long-term environmental effects, such as moisture and
370 humidity.

371 Therefore, sensors need to be protected against harsh environmental effects for
372 obtaining decent measurements. Sometimes, powerless sensors may be desired [103–
373 106], especially for long-term condition monitoring of structures. These sensors do not
374 require a source of power to operate and are usually equipped with an energy harvesting
375 mechanism. Some of the main characteristics of sensors are listed in Table 6.

376 The type of sensor to be employed for damage detection is determined based on
377 the type of data to be measured. Table 7 presents different types of sensors that could be
378 used for monitoring different mechanical properties of a component. Also, some criteria
379 to be considered prior to sensor selection are listed in Table 8 based on the authors’
380 extensive review of the literature.

381 Optimum sensor placement is an important task that needs to be addressed prop-
382 erly for any successful SHM system. As such, the extraction of sufficient and useful
383 information, from the structural response to some applied forces, can be guaranteed
384 through the deployment of the sensor network on the identified optimal locations on the
385 structure [127].

386 3.2. Damage Detection using Ambient Vibration Data

387 Ambient vibration data provide information on the functions of a structure’s phys-
388 ical properties and, thus, are widely used for damage identification in different types
389 of structures. Damage can reduce the mass and stiffness of a structure while increasing

Table 7: Types of different sensors for damage detection of composite materials.

Measurement	Type	Refs
Displacement	Magnetic Optical	[107]
	Ultrasonic	[108]
	Acoustic emission	[109]
	Inductive	[110]
	Capacitive	[111]
	Gyroscope	[112]
Velocity	Magnetic induction	[113]
	Optical	[114]
	Piezoelectric	[115]
Acceleration	Capacitive	[116]
	MEMS	[117]
	Piezoelectric	[118]
	Piezoresistive	[119]
Strain	Piezoresistive	[120]
	Optical	[121]
Force	Piezoresistive	[122]
	Optical	[102]
Temperature	Acoustic	[1]
	Optical	[123]
	Thermoresistive	[124]
	Thermoelectric	[125]
Pressure	Piezoresistive	[126]

its damping ratio locally. Hence, any information about damage can be retrieved from studying structural modal data. Usually, information about all modal parameters, such as natural frequencies, mode shapes, and modal damping ratio or some combinations of them, are employed for damage detection. Among all structural properties, damping and mass are respectively the most and the least sensitive parameters to damage [128–132]. Since damping cannot be easily modelled like mass and stiffness, proportional damping is a preferred alternative often used for damage detection [133–135]. Surface measurements of a vibrating structure can carry information about the health condition of internal members. Hence, the majority of such methods exploit lower-frequency modal data to characterise the global behaviour of structures. Also, measurement points can be customized in these techniques due to their global nature. These methods also favor cheap-to-obtain and easy-to-extract properties of the modal information.

However, these methods present some limitations, such as:

1. sensitivity only to some particular forms of damage,
2. usually require baseline data extracted from a healthy model of the structure to be compared against data obtained from a damaged state for damage characterisation,
3. succumb to some structural conditions, such as closely-situated eigenvalues—a phenomenon occurred in composite structures [136],
4. require large data storage capacity derived from complex structures, such as composite structures, and
5. not capable of extracting information about small defects from global features.

Table 9 summarises different modal features used for damage detection of composite structures along with the type of damage that can be detected and the advantages and disadvantages of each based on the authors' extensive review of the literature.

3.2.1. Natural Frequency

It is known that damage can reduce the stiffness of a structure, causing its natural frequencies to decline. Therefore, such natural frequencies provide good parameters to

Table 8: The criteria based on which the type of sensors need to be decided.

Characteristic	Description	Influence
Amplitude range	- Response levels are sensitive to excitations levels	<ul style="list-style-type: none"> - Sensors can be overloaded or burst by high levels of response - Low levels of response can produce poor data - Certain response levels may not contain damage information - Response level in one frequency range can prevail the response in other ranges
Frequency range	- Excitations in different frequency ranges trigger different response frequencies and deflection patterns in a structural component	<ul style="list-style-type: none"> - Narrowband data contains short frequency bandwidths - Lower frequency excitations are less capable of revealing small damage - Certain frequencies excitation are more sensitive to damage - Traveling waves combined with vibrations can reveal damage in specific locations
Nature of data	- Constant excitation amplitude produce stationary frequency and phase responses, whereas time-varying excitation amplitude results in nonstationary frequency and phase	<ul style="list-style-type: none"> - Stationary response data require less data for diagnostics as they are more repeatable - Stationary data also exhibit cyclic nature that sometimes does not reveal damage in data - Nonstationary response requires averaging as it is not as repeatable - Nonstationary data can expose more types of damage due to it's transient nature causing to excite a broader frequency range
Temperature range	- Temperature fluctuation can affect operating components	<ul style="list-style-type: none"> - Temperature shifts change sensor calibration - Can limit sensors positioning - Sensors and attachment mechanisms can fail due to high/low temperatures
Acoustic excitation	- Air pressure fluctuations can trigger vibration and wave responses	- Acoustic excitations can directly excite sensor housings
Electromagnetic interference	- Converting a measured signal to an electrical signal can produce electric and magnetic fields	<ul style="list-style-type: none"> - Shielding, such as coaxial cables, is needed to prevent electromagnetic interference - Minimizing the noise effect through preamplification of signals is a common practice

Table 9: Characteristics of different modal data employed for damage detection of composite structures.

Features	Types of Damages	Advantages	Disadvantages
Natural frequency	<ul style="list-style-type: none"> - Delamination - Cracks - Stiffness reduction - Circular holes - Debonding - Impact damage 	<ul style="list-style-type: none"> - Cost effective - Can be conveniently measured from just a few accessible points on the structure - Less sensitive to measurement noise 	<ul style="list-style-type: none"> - Can not be used alone for damage localisation - Sensitive to environmental and operational variations
Mode shapes and curvature	<ul style="list-style-type: none"> - Delamination - Cracks - Stiffness Reduction Cutout - Impact damage 	<ul style="list-style-type: none"> - More sensitive to local damage - Less sensitive to environmental effects 	<ul style="list-style-type: none"> - Requires a series of sensors for measurement - They are more prone to measurement noise, compared to the natural frequencies
Modal strain energy	<ul style="list-style-type: none"> - Delamination - Surface cracks - Stiffness Reduction 	<ul style="list-style-type: none"> - Suitable for damage localisation - Effective and practical for detection and quantification of single or multiple damage - Less sensitive to environmental effects 	<ul style="list-style-type: none"> - More sensitive to local damage and small cracks - Not much suitable for damage quantification
Damping	<ul style="list-style-type: none"> - Delamination - Micro buckling - Debonding - Fiber fracture - Kink bands - Cracks 	<ul style="list-style-type: none"> - Sensitive to even small cracks - Not very sensitive to noise 	<ul style="list-style-type: none"> - Very sensitive to environmental conditions such as temperature
Frequency Response Function and Curvature	<ul style="list-style-type: none"> - Delamination - Debonding - Impact damage - Cracks 	<ul style="list-style-type: none"> - Suitable for structure with many closely-situated eigenvalues - Does not require matching and pairing of the mode shapes - Less sensitive to measurement noise and the accumulation of computation errors 	<ul style="list-style-type: none"> - Measurement of the Frequency Response Function requires a series of sensors

417 be studied for damage detection and classification. Classical vibrational measurement
418 data are usually employed for the identification of structural natural frequencies, thus
419 allowing the procedure to be a very cheap experimental practice. Therefore, being cheap
420 and easy to measure, natural frequencies are an easy choice for conducting damage detec-
421 tion. Another advantage comes from the level of confidence in the accurate measurement
422 of frequencies, where uncertainties in the measured frequencies can be considerably
423 reduced by a perfect control of the experimental conditions. Moreover, selection of
424 adequate measurement points for efficient detection of the changes in frequencies can be
425 performed by studying numerical models, such as finite element models, which further
426 enhance the simplicity of identifying the damage location and severity. According to
427 Doebling et al. [137], the first attempt to identify damage through studying the shift
428 in structural natural frequencies was made by Lifshitz and Rotem [138]. Specifically,
429 the latter authors analyzed the shifts in the natural frequencies made by changes in the
430 dynamic moduli for damage detection of elastomers. Notwithstanding, it is known that
431 natural frequencies are highly sensitive to environmental effects, such as temperature
432 fluctuations.

433 For more information about damage detection in composite structures via natural
434 frequencies, the readers are referred to [139–142].

435 3.2.2. Mode Shapes

436 Mode shapes are relatively less influenced by environmental effects than frequen-
437 cies, making them a better choice for damage assessment of structures [143]. Moreover,
438 this type of spatial information has been proved to enable damage localisation (Level 2
439 as per [144]). Modal Assurance Criterion (MAC) is a statistical technique developed on
440 the basis of structural mode shape data and has been widely used for damage detection
441 [145]. This method favors the orthogonality property of eigenvectors. Coordinate Modal
442 Assurance Criterion (COMAC) is an advanced version of MAC that uses modal node
443 displacement for damage detection and localisation [145]. It has been demonstrated that
444 MAC and COMAC can be successfully used to detect and localise different types of
445 damage Salawu and Williams [146]. COMAC, either alone or in conjunction with other
446 methodologies, seems to be a popular damage detection method across different disci-
447 plines of engineering. Table 10 presents some recent developments in the application of
448 mode shapes for damage detection of composite structures.

449 More information about damage detection in composite structures via modal shapes
450 refer to [151,152].

451 3.2.3. Modal Curvature

452 The Modal Curvature Method (MCM) is a technique based on the expanded mode
453 shape monitoring theory, which concerns the second derivative of mode shapes. The
454 method was first developed by Pandey et al. [153] based on the relationship between
455 curvature and flexural stiffness (EI). As such, the loss of stiffness due to damage can
456 be sought through monitoring increased modal curvature values. The high level of
457 sensitivity of MCM to damage was demonstrated by [154]. Ho and Ewins [155] improved
458 MCM by amplifying the curvature variations in the Modal Curvature Squared Method
459 (MCSM), which can be employed to more easily discern abnormal changes compared to
460 MCM. However, MCM introduces some drawbacks, such as requiring many sensors to
461 identify higher modes and limited performance due to the number of modes considered
462 in analysis [156]. The central difference approximation used in MCM can magnify the
463 effect of errors in displacement mode shapes. This effect can also amplify high-frequency
464 noise, resulting in an increase in the variance of the extracted damage features [157].
465 On the other hand, using larger sampling frequency to avoid noise can bring about
466 truncation error [158]. Additionally, calculating the curvatures from measured strain
467 values has shown to be less informative [159]. Given the above drawbacks and to

Table 10: Some methods developed for damage detection in composite structures using mode shapes.

Ref	Description	Model
[147]	The coefficients of the continuous wavelet transform extracted from difference between mode shapes of undamaged and a damaged structures was used for damage detection Mathematical techniques were employed to mitigate the edge effect of wavelet transform, reduce experimental noise in mode shapes, and identification of virtual measuring points. The method was validated through studying steel beams with different cracks sizes and locations experimentally.	Composite beam-type structures.
[148]	Experimentally identified modal parameters were used for damage detection. New damage indicators based on the change of natural frequencies and mode shapes were developed.	A composite cantilever beam
[149]	The mode shape difference curvature (MSDC) analysis method was proposed for estimating damage location and severity in wind turbine blades. The method make the use of an FEM for dynamics analysis. The mode shape difference curvature (MSDC) information was used for damage detection/diagnosis.	Multi-layer composite material of wind turbine blades
[150]	The proposed method implements on-line structural health monitoring using modal data used in technologies such as Machine Learning, Artificial Intelligence The commercial FE code Ansys was employed to develop a novel technique, termed node-releasing technique, through FE analysis (FEA) of perpendicular and slant cracks, of various depths and lengths, in different Unidirectional Laminate (UDL) composite layered configurations.	laminated composite plates

468 enhance the credentials of MCM, it is usually coupled with other sub-optimal modal
469 parameters, such as natural frequencies [160].

470 Table 11 presents some of the recent developments in the application of MCM for
471 damage detection in composite structures.

472 For more information about using MCM for damage detection in composite struc-
473 tures, the readers are referred to [150].

Table 11: Some recent developments in application of MCM in damage detection of composite structures.

Ref	Description	Model
[161]	The method exploits two-dimensional Chebyshev pseudo spectral of modal curvature to address undesirable properties of the two-dimensional Fourier spectral modal curvature in damage detection. As such, the proposed method is analogous to the two-dimensional Fourier spectral modal curvature. Therefore, it extends the wavenumber domain filtering to the pseudo wavenumber domain.	Composite plates
[162]	A modal frequency curve method combined with wavelet analysis has been proposed for damage detection. It was shown both numerically and experimentally more robust and unambiguous results can be obtained through using the proposed damage indicator compared to when the wavelet coefficients of the studied modes are solely used. Moreover, the size of defect was identified satisfactorily.	A beam-like structure
[163]	A flexible printed circuit board (FPCB) sensor membrane with polyvinylidene fluoride (PVDF) arrays was developed for accurate extraction of modal curvature to be used for damage detection of in-situ aerospace structure. The proposed structure was proved to offer a strong self-sensing performance, where the modal curvature information can be extracted without any calculation of differential equation numerically.	Composite beam structure

474 3.2.4. Modal Strain Energy

475 Modal strain energy is the energy stored in a structure when it undergoes a defor-
476 mation in its mode shape patterns [156]. Referring to the Euler-Bernoulli beam theory,
477 damage compromises the ability of the structure to store as much energy, due to a
478 loss of stiffness, as it would in its healthy state. An assessment of the application of
479 the method to Finite Element (FE) modelled beams demonstrates its superior perfor-
480 mance in damage localisation compared to frequency-based damage indicators [164].
481 According to the same study, modal strains were proposed to be reasonably capable of
482 estimating crack size and, thus, exhibit potential for damage quantification. In another
483 study, Yam et al. [165] indicated the higher sensitivity of strain modes to local structural
484 changes compared with the displacement modes in a tested plate structure. However,
485 the identified strain response of higher modes was not as strong as in lower modes,
486 which limits the use of higher modes strain energy for damage detection. Similar to
487 MCM, the modal strain energy relies on the central difference approximation method

Table 12: Some recent developments in application of modal strain energy in damage detection of composite structures.

Ref	Description	Model
[168]	A damage index is proposed based on the ratio of pre- and post-damage modal strain energies The ratio of modal strain energies of different modes before and after damage was introduced as a damage index. Accordingly, the local areas of the structure was scanned through moving the developed damage indices.	Cylinder
[169]	The mathematical fundamentals of a modal strain energy method was developed and then numerically tested when data were contaminated by 5% noise. The proposed method was proved more accurate, convergent and efficient when compared with its predecessors.	A beam structure
[170]	A damage detection method based on genetic algorithm and finite element model updating was developed. The proposed objective function was developed based on weighted strain energy. It was shown that the proposed objective function is more sensitive to damage when compared with other methods.	Laminated composite plates

488 that can magnify the effect of noise. Moreover, in order to obtain continuous strain
489 values between sensors, curve fitting techniques must be employed to smooth out the
490 curve resulting in concealed local damage [156].

491 Application of the modal strain energy method was extended to 2-dimensional
492 bending structures by Cornwell *et al.* [166]. Subsequently, Duffey *et al.* [167] advanced
493 the method for structures featuring axial and torsional responses. However, both of these
494 methods require numerous sensors and defy from the original relationship between
495 curvature and flexural stiffness. Table 12 presents some of the recent developments of
496 modal strain energy use for the damage detection of composite structures.

497 For more information about damage detection in composite structures via modal
498 strain energy, the readers are referred to [171].

499 3.2.5. Modal Damping

500 Although damping is one structural parameter that can be influenced by damage, it
501 is less commonly considered for damage detection due to its complex nature that does not
502 simply allow its simulation and study for damage. In a study conducted by Franchetti
503 *et al.* [172], the nonlinear damping of a concrete structure was identified from ambient
504 vibration responses and further used for damage localisation in the structures without
505 requiring any baseline information available from the undamaged structure. In another
506 study, Mustafa *et al.* [173] developed an energy-based damping evaluation method for
507 identifying the location of damage in structures. Ay *et al.* [174] studied the statistical
508 framework of free-vibration of a dynamic system to estimate the damage-induced
509 changes in the overall damping behaviour of the system. Conclusively, damping-based
510 methods are dependent on the specified damping model. For more information about

511 using modal damping for damage detection in composite structures, the readers are
512 referred to [175,176].

513 3.2.6. Modal Flexibility

514 Another popular modal parameter for structural damage detection is modal flexibil-
515 ity, which was first proposed by Pandey and Biswas [177] and further applied to bridge
516 structures by Toksoy and Aktan [178]. The modal flexibility method (MFM) is based
517 on the flexibility matrix obtained as the inverse of the structural stiffness matrix. The
518 MFM method can be reconstructed out of fewer modes compared to the stiffness matrix
519 and, thus, has a greater sensitivity to damage, as guaranteed by the reconstruction of the
520 flexibility matrix out of more easily extracted lower modes. Also in light of higher sensi-
521 tivity, MFM characterises damage based on a single feature extracted from information
522 embedded in many frequency modes. This has been confirmed in a study conducted by
523 Wang et al. [179], which demonstrated that the advanced damage sensitivity of MFM is
524 superior to other modal-based damage indicators. Moreover, the damage localisation
525 capabilities of MFM were demonstrated in beam and plate structures through a dynamic
526 computer simulation [180]. The good performance of MFM can be attributed to the
527 usage of mass-normalised mode shapes. The displacement pattern of the structure,
528 therefore, can be portrayed per unit applied force by the flexibility matrix. This will
529 enhance damage localisation results, as damage events can be uniformly assessed across
530 different parts of the structure. However, since mass-normalised mode shapes require
531 knowledge about the load effect, MFM's performance can be compromised by the ambi-
532 ent or unknown conditions effects. Zhang and Aktan [181] employed a hybrid method
533 of MFM and MCM to monitor changes in structural flexibility. The authors devised this
534 method considering that damage increases flexibility and local curvature concurrently at
535 the same location and, therefore, combining these two effects will increase the sensitivity
536 of damage indices. Lu et al. [182] also applied the hybrid MFM-MCM method to a
537 beam and demonstrated the decent sensitivity of the modal flexibility to local damage.
538 However, in the presence of multiple damages, localisation was made difficult, as the
539 flexibility peaks merged together. The results of this study also indicated that, in the
540 case of multiple damage events with varying magnitudes, changes in the flexibility
541 occurred in locations other than the damage sites. Notwithstanding, the results showed
542 that the hybrid MFM-MCM method obtained superior results in localising closely dis-
543 tributed damage and differentiating between damage events with different magnitudes.
544 Table 13 lists some recent developments of modal flexibility use for damage detection of
545 composite structures.

546 Additional information about the application of MFM in damage detection of
547 structures can be found in [186].

548 3.3. Frequency Response Function

549 Unlike modal data, Frequency Response Functions (FRFs) are obtained over a wide
550 range of frequencies, providing more information about damage, and have been widely
551 used as input in optimisation-based model-updating problems [187,188]. Nevertheless,
552 FRFs have also been utilised to obtain damage sensitive features in damage detection
553 problems. For example, in a study conducted by Limongelli [189], a damage sensi-
554 tive feature based on the difference between the FRF and its spline interpolation was
555 proposed.

556 The major challenge, however, lies in the choice of a proper frequency range for
557 excitation. Furthermore, the FRF requires knowledge about the excitation force and the
558 corresponding structural response. Transmissibility is a substitute for the FRF, which is
559 defined based on the relationship between two sets of responses, and thus is independent
560 of input excitations. Since transmissibility is a local quantity, it is highly sensitive to
561 damage.

Table 13: Some recent development of using modal flexibility in damage detection of composite structures.

Ref	Description	Model
[183]	Two vertical and lateral damage indices based on the MFM was proposed for damage detection and localisation in the main cables and hangers of a suspension bridge. The proposed vertical damage index requires only the first few modes to accurately detect damage in real suspension bridges.	A suspension bridge
[184]	The MFM was employed to evaluate its performance using the displacement of nodes for damage detection According to the obtained results, the modal flexibility method was capable of damage detection through the displacement of nodes.	A honeycomb composite beam structure
[185]	The MFM was employed for damage detection of cantilever beam-type structures through estimation of the damage-induced inter-storey deflection (DIID). The proposed approach can directly identifies damage location(s) as it relies on a clear theoretical base and does not require an FEM.	Cantilever beam-type structures

562 Table 14 presents some recent developments of the FRF applications for damage
563 detection in composite structures. For more information about damage detection using
564 FRFs, the readers are referred to [194,195].

565 3.4. Model Updating

566 Model updating methods aim to synchronise the responses from a finite element
567 (FE) model of a structure with measured responses by updating the physical parameters
568 of the FE model on an elemental or sub-structural level. Different static and dynamic
569 responses, or a combination of both, have been used in model-updating problems
570 [188,196]. There are generally two types of model-updating methods: (1) sensitivity-
571 based methods, and (2) optimisation-based methods.

572 Table 15 lists some recent advances of model-updating techniques for damage
573 detection of composite structures.

574 3.4.1. Sensitivity-based model updating methods

575 Sensitivity-based model updating methods are set to minimise a penalty function
576 of errors constructed based on the difference between the measured and simulated
577 data [207]. These methods characterise the sensitivity of the FE model parameters by
578 measuring changes in the FE model response caused by a unit change in the model input
579 via iterations. On the other hand, sensitivity-based methods are capable of updating
580 the FE model and reproducing the measured responses robustly [201]. However, these
581 methods also suffer from modifying the most sensitive element and overlook the element
582 with error. To tackle this problem, it is recommended to localise the errors first and then
583 changes in the corresponding elements to be sought [207].

Table 14: Some recent development in applications of FRFs for damage detection in composite structures.

Ref	Description	Model
[190]	A method based on the modelling of nonlinear Auto-Regressive Moving Average with eXogenous Inputs (NAR-MAX) and the Nonlinear Output Frequency Response Functions (NOFRFs)-based analyses was proposed for damage detection	Plate structures
[191]	Artificial neural networks were employed to develop a damage detection method using FRFs. The proposed method is capable of nonlinear damage detection effectively when the excitation is set at a specific level	A three-story structure
[192]	A Frequency Response Function (FRF)-based damage detection strategy based on the usage of measured FRF was proposed. Graphical diagrams were used to identify the exact location of defective element(s)	Cantilever beam-type structures
[193]	Three Fractal Dimension (FD)-based damage indices, i.e. Higuchi, Katz, and Sevcik, based on the FD analysis of FRF data in frequency domain were proposed	Beam-type structures
[188]	A modified sensitivity equation was proposed to solve the problem of damage detection structures with closely-situated eigenvalues. The capability of the proposed method in damage detection of structures with closely-situated eigenvalues was demonstrated when incomplete noisy measurements were used.	Three-layered laminated composite plate

584 3.4.2. Optimisation-based Model Updating Methods

585 Traditional gradient-based optimisation methods are limited in a sense that they
586 require a good initial value. Modern optimisation-based model updating methods favor
587 the development of computational intelligence techniques, such as the Genetic Algo-
588 rithm (GA), Artificial Neural Network (ANN), particle Swarm Optimization (PSO), and
589 Artificial Bee Colony (ABC). Since these algorithms do not rely on a fixed mathematical
590 structure for optimisation, they can overcome the aforementioned shortcomings of tradi-
591 tional methods. Moreover, these algorithms are capable of dealing with the uncertainties
592 and insufficient information of structural damage detection problems. The three main
593 categories of population-based metaheuristic algorithms include: evolutionary-based,
594 swarm-based, and bio-inspired algorithms [208].

595 Table 16 indicates some recently developed optimisation-based methods for damage
596 detection of composite structures.

Table 15: Different types of features employed in some recent model-updating techniques for damage detection of composite structures.

Methods	Features	Refs
Conventional model updating	- FRFs - Frequencies and mode shape - Dynamic strain - Accelerations - Static strains, displacements	[197] [198] [199] [200] [201]
Substructuring techniques	- Frequencies and mode shapes - Accelerations	[202] [203]
Regularisation techniques	- Accelerations - Frequencies and mode shapes - Frequencies	[204] [205] [206]

Table 16: Different types of features employed in some recent optimisation-based methods for damage detection of composite structures.

Algorithms	Features	Refs
GA	- Mode shapes and Stiffness matrix - Natural frequencies - Natural frequencies and accelerations	[209] [210,211] [212]
DE	- Mode shapes - Natural frequencies and mode shape	[213] [214]
PSO	- Natural frequencies and mode shapes - Frequency response function	[215] [215]
ABC	- Natural frequencies and mode shapes - Natural frequencies	[216] [217]

597 4. Advanced Hybrid Vibration Methods

598 The low-frequency structural vibration-based methods present several advantages,
599 such as: (1) the structural responses are relatively easy to interpret; (2) they can be easily
600 applied to complex and larger structures; and (3) they do not necessarily require full
601 access to the structure [11]. Nevertheless, these methods face some limitations. For
602 instance, they have a lower sensitivity to local defects compared to higher frequency-
603 based approaches and require the installation of numerous sensors in order to be able
604 to describe standing wave patterns [218]. Some researchers have employed nonlinear
605 dynamic analysis to feature local defects [219]. Although classical linear methods have
606 been successfully used in various applications [220], they succumb to various properties
607 of nonlinear features, such as high sensitivity to local damage [221] and robustness
608 to environmental effects [222]. Some frequently-used nonlinear features for damage
609 identification include the sub-/higher harmonics modulation in the structural response,
610 waveform distortions, correlation between frequency shifts and the excitation amplitude,
611 coherence functions, vibro-acoustic modulation, and so on [222].

612 4.1. *Vibro-Acoustic Modulation Techniques*

613 Thanks to the advancement of various NDT methods, the damage detection of
614 composite structures has immensely progressed over the past decades. Some of these
615 methods, which include visual inspection, ultrasonic testing, acoustic emission, X-rays,
616 and vibro-thermography [223], use a web of integrated sensors with the structure under
617 study. Among all methods, guided ultrasonic waves [224] are of particular interest as
618 they require a smaller number of transducers to inspect large structures. Nonlinear dam-
619 age features have been sought through concurrent application of mechanical vibrations
620 and acoustic waves [225]. A review on such non-linear interactions can be found in
621 [226].

622 Vibro-acoustic modulation (VAM) is a nonlinear NDT method that is widely used
623 for structural damage evaluation in different materials, such as composites. The method
624 is based on the application of two types of signals: (1) a more intense low-frequency
625 vibration (pumping signal), and (2) a high-frequency acoustic wave (probing signal).
626 First, the composite component is excited via a low-frequency mechanical signal, then
627 concurrently, a high-frequency acoustic signal is transmitted through the material. The
628 low-frequency vibration signal causes cyclic opening and closing of microscopic defects,
629 producing modulations in transmitted acoustic signals - a phenomenon termed Contact-
630 Acoustic Nonlinearity [227]. The recorded vibration signal carries information about
631 damage in the form of Higher Harmonics (HH) modulations and Side-Bands (SB).
632 Demodulation techniques are used to isolate the high-frequency content of the recorded
633 signal that has information about damage. VAM is shown to be sensitive to damage
634 severity in complex structures [77].

635 Numerous studies in the literature have been conducted on the application of VAM
636 in featuring different types of damage in composite materials, such as impact damage
637 [228], delamination [229,230], and debonding [231].

638 The existing theories of VAM are developed based on one-dimensional spring-mass
639 models [226]. As such, the nonlinear signal of VAM is caused by the nonlinearity of
640 the spring constant, which can stem either from the inherent material nonlinearity or
641 the bilinear behaviour due to the opening and closing of the crack [226]. A generic
642 three-dimensional (3D) body theory of VAM has yet to be developed [232].

643 4.2. *Data Analysis Techniques*

644 Traditional signal processing techniques are generally based on the bold assumption
645 that the signals are generated through a stationary and linear process. Table 17 lists
646 some of the advantages and disadvantages of some methods. These methods can result
647 in false information once they are employed for fault detection in signals. The main
648 reason is that the effect of the damage on mechanical responses may be non-stationary,
649 generating a transient effect in the response signals [233]. To deal with non-stationary
650 signals, several advanced time-frequency analysis techniques have been developed and
651 further employed for fault diagnosis of rotating machinery [234]. Time-frequency (TF)
652 methods can provide an improved representation of energy variation in a signal caused
653 by damage and, thus, have attracted much research in the SHM community over the
654 past decades.

655 The raw data obtained from the deployment of sensors on a structure cannot be
656 used for damage detection on its own and, instead, must be treated to extract meaningful
657 information about the structural health condition. Hence, it is vital to employ some
658 analysis techniques to process the recorded data. One method is to transform the data
659 into various domains whereby hidden information, which is not usually accessible in
660 the raw data, can be extracted. To this end, various frequency-domain analysis (FDA)
661 and time-frequency analysis (TFA) signal processing techniques have been employed.
662 While FDA methods are more suitable for stationary signal analysis, TFA are typically
663 employed to tackle the problem of information extraction out of nonstationary signals.
664 Examples include Short Time Fourier Transformation (STFT), Wavelet Transformation

Table 17: The advantages and disadvantages of frequency domain versus time domain damage detection methods.

Methods	Advantages	Disadvantages	Feature
Frequency Domain (FD)	<ul style="list-style-type: none"> - Simple and rapid identification - Can be coupled with a half power bandwidth approach for damping ratio extraction - They are an accurate, while simple, method for system identification and is widely used in structural modal analysis - Can be used in output-only methods for identifying system parameters - They are appropriate technique for information extraction from closely spaced modes 	<ul style="list-style-type: none"> - Are limited in terms of frequency resolution of the estimated spectral data - They are inaccurate and unreliable for the analysis of non-linear/non-stationary signals - They can provide resolution in low-frequency ranges and, therefore, fewer numbers of modes can be incorporated - Can not be used to detect the modal parameters in cable-stayed bridges 	<ul style="list-style-type: none"> - Peak picking (PP) - Complex mode indication function (CMIF) - Least squares complex frequency-domain (LSCF)
Time Domain (TD)	<ul style="list-style-type: none"> - They are more appropriate for continuous monitoring - Extracted information are more complete compared to FD methods - They can provide resolution in larger frequency ranges, and therefore, a large number of modes can be incorporated - Higher computational complexity than FD methods - They are direct methods and, therefore, are not reliant on any data pre-processing stage to work out correlation functions 	<ul style="list-style-type: none"> - The results can be unreliable for a pair of closely-spaced natural frequencies - Generated data from output-only modal analysis can be more scattered - Can not detect damage for earthquake induced excitation - Require human judgment 	<ul style="list-style-type: none"> - Natural excitation technique (NEXT) - Auto-Regressive moving average (ARMA) - Subspace system identification (SSI) - Canonical variate analysis (CVA) - Numerical algorithms for state space/subspace system identification (N4SID) - Multivariable output error state-space (MOESP) - Data-driven subspace system identification (SSI-DATA) - Covariance-driven subspace system identification (SSI-COV)

665 (WT), Empirical Mode Decomposition (EMD), Variational Mode Decomposition (VMD),
666 and so on. Some of the most common types of TFA methods employed in composite
667 structures are reviewed in the following sections.

668 4.2.1. Wavelet Transformation

669 Wavelet transformation (WT) has been of great interest for SHM due to its high
670 sensitivity to anomalous observations in measured vibration signals. The first studies on
671 the application of wavelet analysis in the damage detection of structures were conducted
672 in the early 1990's during the initial stages of its development. As the first attempt,
673 Surace and Ruotolo [235] employed WT to analyze vibration signals for damage detec-
674 tion. Spatial WT, based on Continuous WT (CWT) with a Haar wavelet, was initially
675 used for crack detection and localisation in beams [236]. Additionally, Sung et al. [237]
676 first employed Discrete WT (DWT) for the damage detection of composite laminates,
677 using Daubechies wavelets for impact damage detection through studying acoustic
678 emission waves. Chang and Chen [238] expanded the work by Wang and Deng [239] on
679 the use of spatial CWT for detection and localisation of damage in Timoshenko beams
680 using Gabor wavelets. The proposed method was further generalised by the authors for
681 spatial damage detection of plate structures [240]. Chang and Chen [241] proposed a
682 CWT-based approach for estimation of crack position and depth in beam-type structures.
683 Rucka and Wilde [242] presented a comparative study on the application of various
684 WT techniques for damage detection of beams and plates through experimental study.
685 To this end, several parameters of WT, including number of the vanishing moments,
686 symmetry and width of the effective support, were considered. The results indicated
687 that Gaussian and reversed bi-orthogonal wavelets were most effective for CWT-based
688 damage identification. Zhong and Oyadiji [243] demonstrated the superiority of Stationary
689 WT (SWT) over Continuous WT (CWT) in terms of computational efficiency by
690 employing symlet wavelets of order 4 for damage detection of simply supported beams,
691 following the same approach taken by [244]. Gökdağ and Kopmaz [245] developed a
692 method based on the calculation of modal assurance criterion through combining CWT
693 and DWT for damage detection of beam-type structures. In all such methods, a metric
694 was sought through sensitivity analysis of wavelet-based methods in damage identifica-
695 tion problems in a bid to estimate the presence and location of damage. Bayissa et al.
696 [246] proposed energetic zeroth-order moment approach based on Daubechies wavelets
697 of order 8 for damage identification of a concrete plate and steel plate girder in a bridge
698 structure. Katunin et al. further developed DWT-based algorithms for damage detection
699 of composite beams [247,248] and plates [249,250] through making the use of B-spline
700 wavelets. As such, the application of B-spline wavelets provides higher sensitivity to
701 damage compared with all other compactly supported orthogonal wavelets such, as
702 DWT [249].

703 Using WT methods in conjunction with other supporting methods has proven to
704 provide better solutions to damage detection problems. For instance, Rucka and Wilde
705 [251] presented a CWT-based algorithm supported by the ANN. Hein and Feklistova
706 [252] used wavelet transform along with ANN for delamination detection in composite
707 beams. Xiang and Liang [253] proposed a two-step 2D DWT-based algorithm along with
708 particle swarm optimisation for damage detection of plate structures. XU et al. [254]
709 introduced a new damage detection method using CNN and WT for damage detection
710 of composite structures and verified the results of the proposed method via experimental
711 studies. Sha et al. [255] employed the Teager Energy operator (TEO) in conjunction with
712 WT to process mode shapes of laminated composite beams, termed TEO-WT mode
713 shapes. The results showed that, since each TEO-WT mode shape exhibited a specific
714 sensitivity to damage location, simultaneous detection of multiple damage from a single
715 TEO-WT mode shape is not possible. Wu et al. [256] proposed a novel method for
716 internal delamination detection in carbon fiber-reinforced plastics by combining deep
717 CNN and CWT. The proposed data-driven method can effectively make use of big data

718 without being reliant on complex feature extraction. [257] presented a technique for
719 damage localisation and quantification in composites under strong noise background
720 based on synchro-squeezing WT and the stack autoencoder algorithm. Some useful
721 information about feature extraction and selection in dealing with data can be found in
722 [258].

723 4.2.2. Empirical Mode Decomposition

724 Empirical Mode Decomposition (EMD) is another time-frequency signal process-
725 ing technique that can be used to decompose a complex signal into a set of ampli-
726 tude/frequency modulated and almost orthogonal components, termed intrinsic mode
727 functions (IMFs) [259]. IMFs represent natural oscillation modes that can be deemed as
728 the basis functions extracted from the original signal [260]. Therefore, it is a self-adaptive
729 signal processing algorithm that can be applied to a nonlinear/non-stationary signal to
730 decompose it into its constructive IMFs. It is known that EMD suffers from the mode
731 mixing phenomenon, which can compromise the accuracy of damage detection meth-
732 ods. Hence, Wu and Huang [261] proposed a new ensemble EMD (EEMD) method to
733 tackle the mode mixing problem of EMD. Looney et al. [262] introduced a multivariate
734 empirical mode decomposition (MEMD) framework, which is robust to noise, and used
735 to produce localised instantaneous frequencies. Leo et al. [263] developed a bi-variate
736 EMD and further applied it for damage detection in composite materials.

737 Wang et al. [264] proved the equivalence of the computational complexity of EMD
738 and fast Fourier transform (FFT). The researchers further optimised the computational
739 efficiency of EEMD by 1000 times by proposing a fast Hilbert-Huang Transformation
740 (HHT) with an optimized EEMD algorithm. Accordingly, the optimized EEMD method
741 can be considered for real-time impact localisation of composite structures. Other than
742 its mode-mixing problem, EMD also is limited by its ability to only decompose a sin-
743 gle measurement data at a time. As such, a multivariate version of the EMD, termed
744 Multivariate EMD (MEMD), was recently proposed, which facilitates the decomposition
745 of multi-channel vibration signals [265–267]. Cao et al. [268] developed an ultrasonic
746 signal processing method for non-destructive testing of composite structures through
747 improving the depth evaluation of phased array ultrasonic waves. The developed al-
748 gorithm is based on a combination of EMD, correlation coefficient analysis, a fuzzy
749 entropy algorithm, and Hilbert transform and, as such, can be regarded as an improved
750 adaptive time-frequency analysis algorithm. Barile et al. [269] used both Wavelet Packet
751 Transform (WPT) and EMD to develop a model for decomposing recorded waveforms.
752 The proposed model reconstructs the decomposed waveforms after excluding the resid-
753 ual signal from the parent waveform and further calculates the energy content of each
754 frequency band of the reconstructed signal. Han et al. [270] extracted damage modes of
755 composite laminates from acoustic emission (AE) signals utilising EEMD and a decorre-
756 lation algorithm.

757 4.2.3. Time-frequency Signal Analysis and Processing (TFSAP)

758 It is generally desirable to have a time-frequency algorithm that enables the decom-
759 position of non-stationary/nonlinear signals contaminated by a high level of noise. This
760 is critical for modal parameter identification from highly noisy vibration data. Varia-
761 tional Mode Decomposition (VMD) is an adaptive signal decomposition algorithm that
762 can be used for the effective decomposition of a non-stationary/nonlinear signal, con-
763 taminated by a high level of noise, into a set of mutually independent oscillatory modes
764 (IMFs) [271]. The VMD method has been widely used for fault diagnosis of mechanical
765 systems, and its superiority over other algorithms, such as EMD and EWT, has been
766 proven in several studies [272–274]. However, its application in damage detection of
767 composite laminates has yet to be explored.

768 A recently proposed accurate adaptive signal decomposition method, termed Em-
769 pirical Fourier decomposition (EFD), can overcome several shortcomings of its preceding

770 algorithms [275]. Yet, future work needs to be dedicated to exploring the application of
771 this method in damage detection of different structures, such as composite laminates.

772 5. Artificial Intelligence

773 Artificial Intelligence (AI) aims at mimicking human intelligence through develop-
774 ing computer programs for solving complex problems. In early applications, AI was
775 particularly developed to solve rule-based problems. These sorts of problems, which
776 are intellectually difficult for human, were proven straightforward for developed AI-
777 based computer programs that are hand-coded by a human expert [276]. Although
778 AI-developed programs are based on human knowledge, they have surpassed human
779 ability in many cases, such as playing chess [277]. Notwithstanding, knowledge-based AI
780 still succumbs to a human capabilities in many “everyday” tasks, such as face recognition,
781 object detection, and speech understanding. Since such tasks are naturally performed by
782 humans based on informal awareness obtained through several experiences about the
783 world, they cannot be explicitly translated to a set of formal rules in a computer program.
784 This is regarded as the most confronting challenge experienced by most AI systems thus
785 far [278], for which the concept of machine learning (ML) was developed to remedy
786 this challenge. An ML algorithm is designed in a way that the program can acquire
787 the required information from data to learn how to fulfill a specific task systematically
788 [279]. To this end, data are required to be pre-processed for extracting and characterising
789 some features in terms of the quality they represent through a procedure termed “feature
790 extraction” [280]. The extracted features are then used to train the ML system to learn
791 how they discriminate different patterns in the data.

792 5.1. Machine Learning

793 The primarily two classes of ML algorithms include supervised and unsupervised
794 algorithms [281]. Supervised algorithms rely on a human-labeled data for training [282]
795 and aim to establish an optimal mapping of the feature space and the space correspond-
796 ing to the target values (labels) [283]. Unlike supervised ML algorithms, unsupervised
797 algorithms do not require labeled data, instead their objective is to label data based on
798 the algorithm’s underlying structure [284]. Figure 6 illustrates the procedure of training
799 an ML algorithm. Regression and classification problems are the two types of problems
800 solved by ML algorithms. Some of the recent studies on the application of supervised
801 and unsupervised ML algorithms for different damage detection problems are listed in
802 Table 18.

803 5.2. Deep Learning

804 As previously discussed, the performance of ML algorithms is mostly reliant on
805 the strengths of the extracted features in representing data. It is, however, critical to
806 extract optimal features that can properly characterise properties of the input data in
807 order to simplify the process of establishing the map between the feature and target
808 spaces for ML algorithms [299]. Yet, it is not always practical to manually identify the
809 optimal features extracted from the raw data, nor is it very easy to select a proper group
810 of features manually for training [300].

811 Therefore, Deep learning (DL) methods, such as Deep Neural Networks, have
812 been developed to mitigate the reliance of complex ML applications on hand-crafted
813 features. DL techniques are, thus, a special type of ML algorithm that can extract optimal
814 features directly from raw data without incorporating user intervention. DL systems are
815 hardwired to establish a direct map from raw data to targets without requiring extraction
816 of features *a priori* [301]. Therefore, by learning how to extract high-level and abstract
817 features hierarchically out of simple and low-level learned features [276], DL is able to
818 handle complex problems [302–304].

819 Table 19 lists some reviewed recent studies on the application of DL and ML in
820 SHM of composite structures.

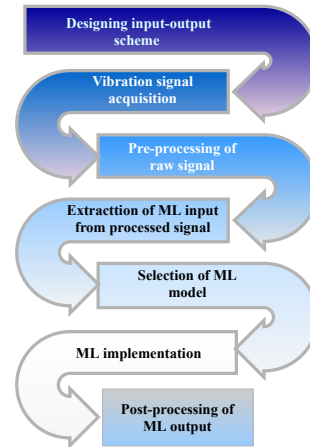


Figure 6. Procedures of training an ML algorithm.

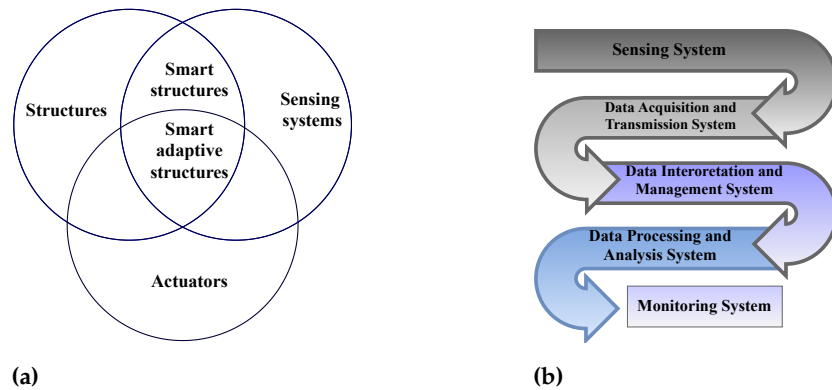


Figure 7. (a) Smart structures and smart adaptive structures, and (b) implementation of structural health monitoring.

821 6. Smart Structures

822 One promising technological advancement of the twentieth century in the realm
 823 of SHM is the possibility of integrating sensors and actuation systems with structures
 824 (Figure 7a). Similar to the human body, a smart structure is designed to react to exter-
 825 nal conditions and change its responses accordingly. The structural system is aimed
 826 to perform damage identification and characterisation (recognition, localization, and
 827 quantification) as well as to report damage to a control centre for facilitating proper
 828 response by the system manager (Figure 7b). To this end, smart structural systems are
 829 comprised of several factors, including a host structural material, actuators, a network of
 830 sensors, real-time control facilities, and computational appliances. As such, the structure
 831 can autonomously monitor the health conditions of the host material in an automatic
 832 and continuous fashion, through the following steps:

- 833 1. The actuator creates vibration in the structure by inducing strain or displacement.
- 834 2. The sensors record the resultant vibration response of the structure.
- 835 3. The data recorded by the sensors are transmitted to the control/processor unit.
- 836 4. The transmitted data are studied via some computational instrument for damage.

837 The development of smart structures for damage detection is projected to meet the
 838 following goals [313]:

- 839 1. Enable the structure to detect damage as soon as it is incurred by the structure,
- 840 2. Determine the location and severity of the damage,
- 841 3. Predict the remaining service-life of the structure, and
- 842 4. Alert the operator about the extent to which the performance of the structure was
 843 compromised, so that necessary steps can be followed to handle the situation.

844 Some examples of smart materials include composites with surface-attached or
 845 embedded sensors, electrorheological (ER) materials, and magnetorheological (MR)
 846 materials [314,315]. Smart structural systems are also common in a range of industries,
 847 from aerospace, IT, automobile, and space to the military [316]. As a case in point,
 848 one of the most well-known smart system technologies includes composite materials
 849 embedded with fiber-optic sensors (FOS) [317], which is utilized in several applications,
 850 such as safety-related areas in aircrafts.

851 6.1. Self-sensing Composites

852 The property of a material to sense different factors pertaining to its own conditions,
 853 like stress, strain, damage, and temperature, is termed a self-diagnosing or self-sensing
 854 capability. As such, self-sensing composites are capable of sensing their own health
 855 condition, which makes this sort of material an excellent choice for conducting con-
 856 tinuous SHM of civil engineering structures. Electrical resistivity enables self-sensing
 857 composite materials to sense the strain and damage based on the piezoresistivity prin-
 858 ciple in self-sensing composite materials. To establish piezo-resistivity in composite

859 materials, some conducting elements have to be integrated with the materials. Examples
860 of such conducting elements include short and continuous carbon fibers (CFs), carbon
861 particles as well as carbon nanomaterials, such as carbon nanofibers (CNFs) and nan-
862 otubes (CNTs) [318–320]. Moreover, the electrical resistivity of such elements undergoes
863 disruption as soon as the material is subjected to deformation or damage. The results
864 are, however, highly dependent on the amount, type, and distribution of the conducting
865 component. The design flexibility of self-sensing composites is considered one of their
866 main advantages, whereby the type of response can be tailored. Since composites are
867 widely used in civil infrastructures as strengthening materials, integrating self-sensing
868 capability with such materials can strengthen the health monitoring functions of these
869 structures. This will further eliminate the required externally-deployed sensors on such
870 structures [320].

871 The following list describes different types of self-sensing composite materials that
872 are used for the SHM of civil infrastructures:

- 873 • Polymeric composites [321]
 - 874 – Short CF Composites
 - 875 – Continuous CF Composites
 - 876 – CNT/CNF Composites
- 877 • Cementitious composites [322]
 - 878 – Short CF Composites
 - 879 – Continuous CF Composites
 - 880 – CNT/CNF Composites

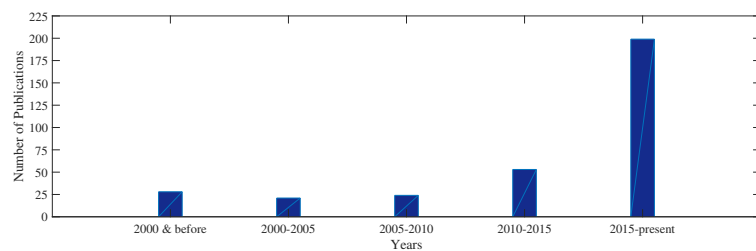


Figure 8. Reviewed number of publications per time period.

881 7. Final Remarks

882 In this study, several aspects of composite structures were reviewed, including
883 the types of composite structures, damage mechanisms that can affect such structures,
884 and methods employed for damage detection of composite structures. To this end, 322
885 papers have been reviewed, with 203 papers were published from 2015 to present, as
886 shown in Figure 8.

887 Different aspects of the methods for damage detection of composite structures were
888 investigated and include the types of sensing technologies used to this end, the types of
889 recorded data, and various data analysis techniques that can be utilised to interpret the
890 recorded data for extracting information about the health state of the structure under
891 study. This study, thus, provides a comprehensive reference for any researcher who
892 wants to begin his academic career in the realm of the SHM of composite structures.

893 8. Conclusion and Future Work

894 This review provides a comprehensive research on the different aspects of SHM of
895 composite structures. First, different types of composite structures were studied, and
896 composite materials were classified based on their compositions. Next, the contribution
897 of each component to different properties of such structures was described. Importantly,
898 this information helps to provide background knowledge about how damage in such
899 structures can progress as these components become defective. Next, different types of
900 damage in such structures were studied and classified based on the component in which
901 they may occur. Since composite materials are highly sensitive to environmental and
902 operational variations (EOV) effects, several environmental effects and their impact on
903 composite materials were fully investigated. Understanding the types of damage and
904 impact of EOV on composite structures can guide an engineer to select a proper damage
905 detection strategy for SHM of the structure. We demonstrated that different SHM
906 methodologies are effective to unfold a limited range of damage in composites, though
907 some methods, such as AE and NI, are more promising and can reveal a wide range of
908 defects from micro-scale to macro-scale damage. Next, the properties of different sensors
909 employed for the SHM of composite structures were reviewed. As such, it was argued
910 that the proper selection of the sensors depends on the type of data to be recorded for
911 damage detection and is also a function of various other factors that must be considered
912 prior to selecting the type of sensors. Next, different features that can be extracted from
913 vibration signals were reviewed. Such features that are mostly in frequency domains
914 were fully studied along with their advantages and disadvantages. Subsequently, it was
915 demonstrated that advanced damage detection algorithms developed for composite
916 structures seek nonlinear interaction between a transmitted acoustic signals and mechanical
917 vibration of the structure. As a following argument, these techniques benefit vastly
918 from the development of time-frequency signal processing algorithms. Accordingly,
919 more advanced time frequency features can be extracted for damage detection using
920 these techniques. With the development of ML and DP algorithms, more advanced
921 damage detection methods have been proposed for composite structures. Therefore, some
922 recent developments made in this area of research were reviewed in this study. Overall,
923 this study provides a comprehensive review on the various aspects of SHM of composite
924 structures and can be referred by any researcher who wants to start his research in this
925 exciting area.

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Table 18: Some studies on the application of supervised/unsupervised ML algorithms in structural damage detection problems.

Methods	Advantage	Disadvantage	Input-Output
Supervised learning	<ul style="list-style-type: none"> - Commonly ML algorithms - Identify Level 1 to 3 	<ul style="list-style-type: none"> - Needs features obtained from both undamaged and damaged states of the structure - The performance depends on the model accuracy 	<ul style="list-style-type: none"> - Frequencies and mode shapes–Stiffness reduction [285] - FRF–Structural condition monitoring [286] - Dynamic displacement–Joint connection damage [287] - Frequencies–damage in a steel-girder bridge model [288] - Acceleration under random excitation–Damage in a steel girder-bridge model [289] - Fourier amplitude spectrum of wind-induced acceleration–Damage as loosening its connection bolts [290] - Image vectors converted from acceleration–Damage detection in hanger cables [291] - Wavelet energy spectrum–Multi-pattern anomalies [292] - AR coefficients and residual errors of the statistical parameters–Structural condition monitoring [293]
Unsupervised learning	<ul style="list-style-type: none"> - Needs features of the intact state of a structure - Employed for generating class-information about different modes of failures 	<ul style="list-style-type: none"> - Limited to Level 1 damage identification 	<ul style="list-style-type: none"> - Time-series displacements and rotations–Structural condition monitoring [294] - Accelerations from passing vehicle–Detecting small stiffness reductions[295] - Frequency domain of ambient vibration–Condition monitoring of a railway bridge [296] - Crest factor and T-continues WT extracted–Structural condition monitoring [297] - Random acceleration responses–Novelty detection [298]

Table 19: Some reviewed papers on the application of DL and ML in SHM of composite structures.

Refs	Method	Description	Model
[305]	Deep Learning	<ul style="list-style-type: none"> - A basalt fiber-reinforced polymer (BFRP) pipeline system was analysed. - Long-gauge distributed fiber Bragg grating (FBG) sensors were used to collect data 	Fiber-reinforced polymer (FRP) composite pipeline
[306]	Deep Learning	<ul style="list-style-type: none"> - A damage-assessment algorithm for composite sandwich structures was developed - The full-field vibration mode shapes and deep learning were employed to this end 	Composite Sandwich Structures
[307]	Deep Learning	<ul style="list-style-type: none"> - Deep learning was exploited for quantitative assessment of visual detectability of different types of damage in in-service laminated composite structures 	Laminated composite structures such as aircraft and wind turbine blades
[308]	Deep Learning	<ul style="list-style-type: none"> - Labeled damaged data was generated through FE models for a pin-joint composite truss structure - A model-based approach for the data acquisition problem was employed 	A pin-joint composite truss structure
[309]	Artificial Neural Network (ANN)	<ul style="list-style-type: none"> - The fast convergence speed of gradient descent (GD) techniques of ANN and the global search capacity of evolutionary algorithms (EAs) were exploited for network training 	Laminated composite structures
[310]	Artificial Neural Network (ANN)	<ul style="list-style-type: none"> - A new modified damage indicator combined with ANN was proposed - Local Frequency Response Ratio (LFCR) was improved through a transmissibility technique 	Laminated composite structures
[311]	Machine learning	<ul style="list-style-type: none"> - The possibility of damage detection through monitoring acoustic emission (AE) signals generated in minicomposites with elastically similar constituents was demonstrated 	Unidirectional SiC/SiC composites
[312]	Deep autoencoder	<ul style="list-style-type: none"> - Ultrasonic Lamb waves data were used to develop a robust fatigue damage detection method via deep autoencoder (DAE) 	Composite structures