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1 **Treatment strategies for enhancing the removal of endocrine-disrupting chemicals in**  
2 **water and wastewater systems**

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15

16 **Abstract**

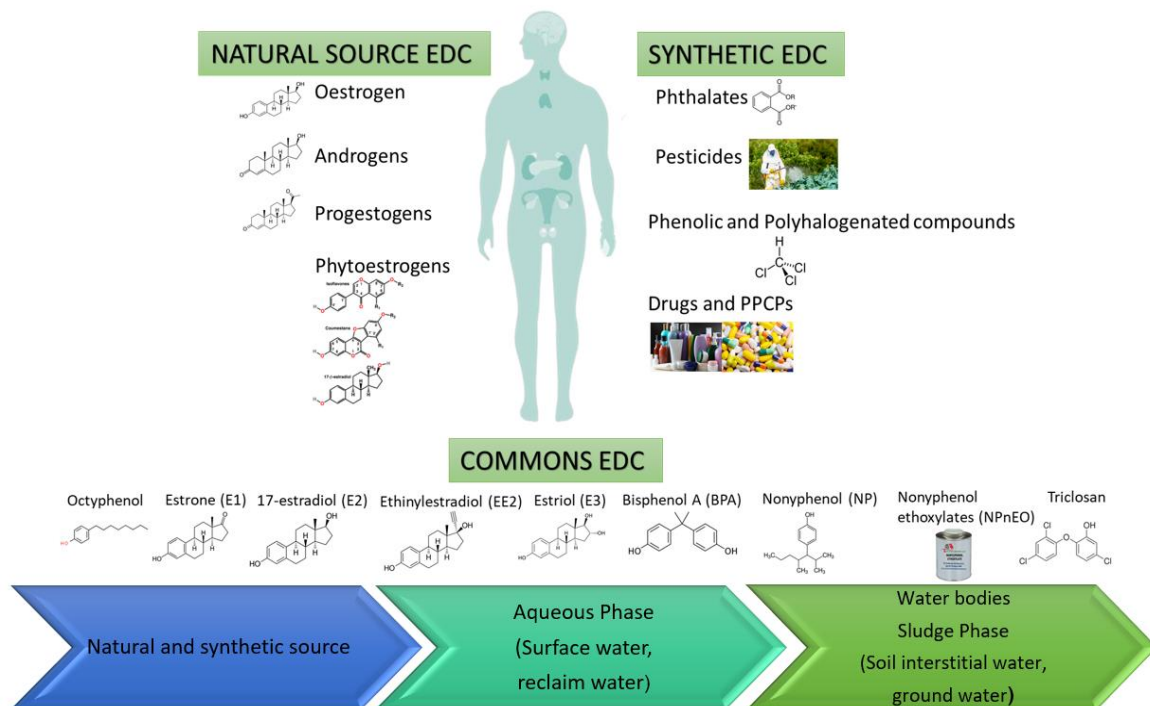
17 The emergence of endocrine-disrupting chemicals (EDC) in water and wastewater  
18 systems has high-risk implications for the environment. This manuscript discusses the  
19 treatment strategies for the removal of EDC in water and wastewater systems. The  
20 reviewed treatment outlines for EDC removal are classified into physical, biological, and  
21 chemical treatments. The application of EDC treatments is discussed based on the  
22 removal and degradation process to eliminate the EDC compounds. Interestingly, the  
23 physical treatment of membrane filtration processes has been an efficient method for EDC  
24 removal without using chemical disinfection in a treatment system. Nevertheless, like other  
25 EDC treatment methods, the membrane filtrations are not able to remove emerging  
26 contaminants completely. Thus, the overall factor of limitations and challenges in EDC  
27 treatment methods such as solubility, hydrophilicity, degradability, and polarity has also  
28 been discussed. Besides, alternative approaches, such as sequential and hybrid treatments  
29 that enhanced the considerable removal of EDC have also been included. Finally, this  
30 article gathered each treatment approach's effectiveness and limitations, providing a  
31 potential outlook of EDC treatment strategies in water and wastewater treatment systems.

32 **Keywords:** Endocrine-disrupting chemicals, emerging contaminants, nano-organic molecules  
33 removal, and treatment persistence.

34 **1. Introduction**

35 During this decade, increased awareness of the risks posed by emerging contaminants  
 36 to human health has raised concerns for water quality improvement. Many researchers have  
 37 focused on exploring treatments for removing emerging contaminants [1, 2]. At present,  
 38 endocrine-disrupting chemicals (EDC) are emerging contaminants that have continuously  
 39 elicited interest in water and wastewater treatment studies [2, 3]. Such interest is primarily due  
 40 to the diverse threats that EDC can pose to the environment and living organisms [4]. As  
 41 reported by the World Health Organization (WHO) and the United Nations Environment  
 42 Program (UNEP) in 2013, EDC can induce endocrine disorders among wildlife and humans  
 43 [5]. Moreover, EDC is believed to cause neurological disorders, cardiovascular diseases,  
 44 various types of cancer, and human reproductive system problems [6]. Li *et al.* [6] asserted that  
 45 strong evidence is available for the impact of EDC exposure on human health.

46 EDC refers to a mixture of chemical agents that interfere with human body systems'  
 47 processes, including the synthesis, secretion, transport, metabolism, and binding action of  
 48 natural blood-borne hormones[7]. They work as agents of functional changes that can disrupt  
 49 the control system and chemical release of human hormones [8]. The disruptor chemicals of  
 50 the endocrine system originate from natural and synthetic sources. Natural EDC sources, which  
 51 occur in living organisms, are classified into groups of estrogens, androgens, progestogens, and  
 52 phytoestrogens, as illustrated in **Figure 1** [9]. Meanwhile, synthetic EDC is divided into six  
 53 groups: phthalates, pesticides, phenolic compounds, polyhalogenated compounds, drugs, and  
 54 pharmaceutical and personal care products (PPCPs)[10]. Estrone (E1), 17 $\beta$ -estradiol (E2),  
 55 ethinylestradiol (EE2), estriol (E3), bisphenol A (BPA), nonylphenol (NP), nonylphenol  
 56 ethoxylates (NPnEO), octylphenol, and triclosan are among the most common EDC that has  
 57 been investigated [11-14]. Most EDC emergence is initiated from various manufacturing,  
 58 usage, disposal, and discharge of chemicals and pharmaceutical products, which finally  
 59 significantly impact the environment and living organism[4, 15].



**Figure 1.** The diagram of EDC sources and path of distributions

60

61 There are diverse potential sources that lead to EDC contaminations in the  
 62 environment. EDC's widespread exposure mainly originates from wastewater discharge  
 63 from household sewerage channel, industrial operation, medical waste system, agricultural  
 64 processing waste, and permanent waste disposal, such as landfill and dumpsite [16]. This  
 65 concentrated EDC is entered different medium and area routes that used to be the discharge  
 66 control system, such as wastewater treatment facilities. In particular, the EDC contaminants  
 67 in wastewater effluent will follow a wastewater treatment system or open flow of runoff  
 68 system where the effluent directly entered the groundwater and surface waterbody. As the  
 69 report by WHO in 2015 [17], the extent of EDC contamination exposure varies  
 70 considerably among the species, individual, and localities, depending on the type of  
 71 medium exposure such as air, soil, water, food, and other types of consumer products. Thus,  
 72 the effects of EDC exposure to the environments have various outcomes to the living  
 73 species and habitats that dependent on sources intake.

74 The effects of EDC have spread diversely and are mostly observed in fish, birds,  
 75 mammals, reptiles, agricultural plants, and humans. Low concentrations (ng/L) of EDC in  
 76 surface water can alter the gender of some fish species and disrupt their reproductive  
 77 system[18, 19]. Meanwhile, the impacts of EDC on wildlife are reproductive dysfunctions,  
 78 egg thinning, and delays of sexual maturation, which affect the growth factors and  
 79 populations of wildlife[20]. In agricultural plants, the exposure of estrogen, 17 $\beta$ -estradiol  
 80 (E2), and androstenedione has caused the removal of atmospheric CO<sub>2</sub>, inhibited the algal  
 81 growth and increasing the rehydration of plants [21]. The human body's intake of EDC  
 82 through consumption, inhalation, and exposure also significantly affects body systems,  
 83 causing major damage in the central nervous system (i.e., nonreproductive neural and  
 84 neurogenesis processes) and the reproductive system [22]. Moreover, the effects of EDC on  
 85 the human reproductive system can include ovulation disorders, endometriosis, breast cancer,  
 86 uterine fibroids, and pregnancy and fertility problems [23, 24]. EDC has also been examined  
 87 to determine if it can cause other health problems, such as cardiovascular diseases, obesity,  
 88 early puberty, and mental retardation [25]. The effects of EDC on living organisms and  
 89 human health are summarized in **Table 1**.

90

**Table 1.** List of EDC impact on living organism and human health.

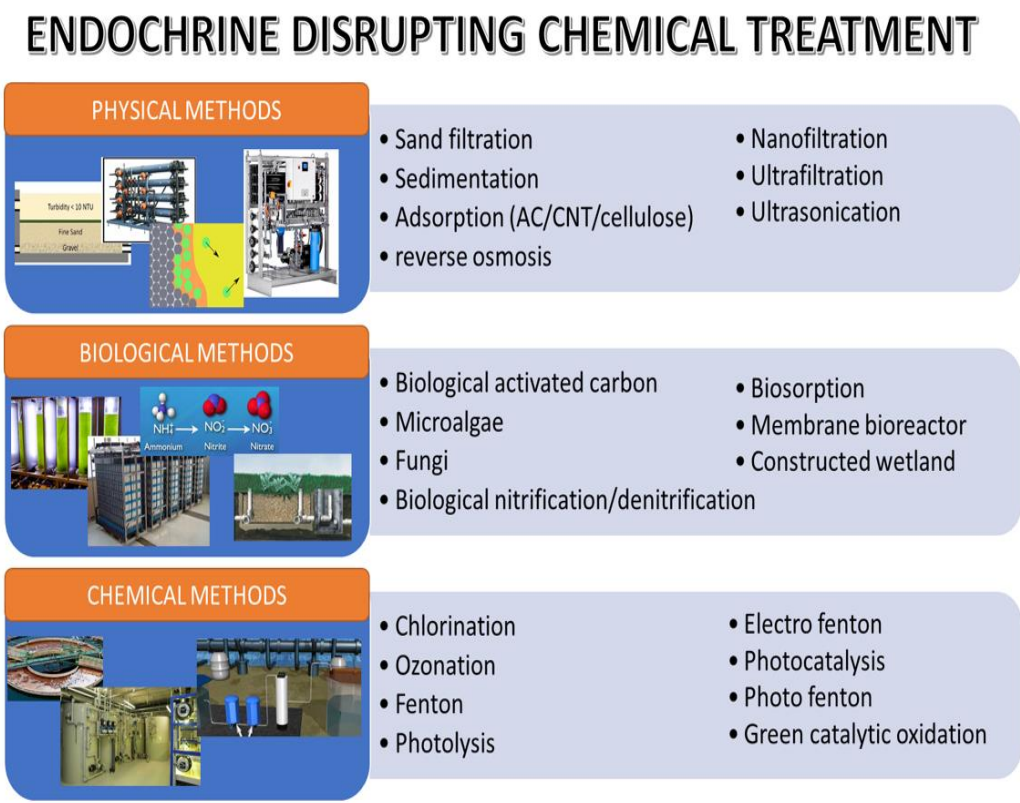
<b>1</b>	<b>Living Organism</b>	<b>Source/Type of EDC</b>	<b>Impacts</b>	<b>Ref.</b>
	Fish	Natural and synthetic EDC; e.g. Estradiol, 17 $\beta$ Estradiol and Bisphenol A (BPA)	Fish Feminism, lower reproductive fitness, lower sperm quantity alter the reproductive characteristics	[26]
	Birds	Natural and synthetic EDC; e.g. Catecholamines, and Gonadotropin	Eggshell thinning, functional alterations that contribute to decreased fitness and populations, reproductive and growth factors, stress axes	[27]

Reptiles	Pesticides; e.g. Dichlorodiphenyldichloroethylene (DDE), Dichlorodiphenyldichloroethane (DDD), Dichlorodiphenyltrichloroethane (DDT)	Reproductive dysfunctions and abnormalities	[28]
Agricultures	Estrogens and Androgens; e.g. E1-Estradiol, E2- 17 $\beta$ -Estradiol; 17 $\alpha$ -Estradiol, E3- Estriol, EE2-Ethinyl Estradiol. and Androstenedione	Reduced root growth and photosynthesis rate, remove atmospheric CO <sub>2</sub> and inhibiting algal growth, rehydration of plants	[21]
<b>2</b>	<b>Human Health</b>	<b>Source/Type of EDC</b>	<b>Impacts</b>
Nervous System	Natural and synthetic EDC	Brain injury, nonreproductive neural effects and neurogenesis effects	[29]
Reproductive System	Natural and synthetic EDC, e.g.; BPA, Phytoestrogens, Triclosan	Reproductive system damage. ovulation disorders, Breast cancer, endometriosis, uterine fibroids, pregnancy and fertility problems	[30]
Metabolic and Cell Disruptors	Natural and synthetic EDC, e.g.; BPA, 17 $\beta$ -Estradiol	Cardiovascular diseases, obesity, affect the sex and growth hormones, abnormal cell proliferation, prostate cancer cells	[31, 32]
Growth and Development System	Natural and synthetic EDC, e.g.: BPA, Pesticides and PPCPs	Growth and mental retardation, early puberty	[25]

91

92           Considering the various harmful effects of EDC, the remediation of water and  
93 wastewater systems involves various treatment methods, such as biological, physical,  
94 and chemical treatments, as illustrated in **Figure 2**. The application of biological  
95 treatments has successfully degraded a large proportion of EDC molecules. However,  
96 the biological degradation process fails to eliminate nonorganic EDC molecules [33].  
97 Comparatively, physical treatment methods can remove recalcitrant nonorganic molecules.  
98 Several membrane filtration treatment methods such as ultrafiltration (UF), nanofiltration  
99 (NF), and reverse osmosis (RO) have been utilized in EDC removal [34, 35]. However,  
100 membrane filtration processes are commonly known to suffer from fouling problems due  
101 to pore blockage[36]. Chemical treatment methods, such as the advanced oxidation process  
102 (AOP), can also be used for EDC removal. However, the AOP treatment method can  
103 potentially form by-product residuals. These limitations are attributed to the challenges  
104 posed by the biological persistence and also physical-chemical characteristics of the targeted  
105 compounds such as hydrophilicity, pH, acid solubility (pKa), water partition coefficient  
(Kow), degradability, and polarity of EDC

106 [37, 38]. Therefore, the goal of this review is to the treatment efficiencies and evaluate  
 107 strategies for EDC removal.



108 **Figure 2.** The lists of EDC treatment method

109 **2. Physical treatments**

110 **2.1 Sedimentation**

111 Sedimentation refers to the process of particle settlement under the effect of  
 112 gravity. This technique is commonly applied during the primary treatment stage of sewage  
 113 treatment plants (STPs) and wastewater treatment plants (WWTPs) prior to the filtration and  
 114 disinfection processes [39]. At present, the sedimentation method is ineffective in eliminating  
 115 EDC. Behera *et al.* [40] reported that the removal efficiency for diclofenac and E3  
 116 (estriol) using the sedimentation method is less than 28%. Moreover, significant removals  
 117 have not been reported for estrone, ibuprofen, and sulfamethoxazole by using the  
 118 sedimentation method[41, 42]. In particular, the ineffectiveness of the sedimentation  
 119 method implies the challenges posed by contaminants in water with high hydrophilicity and  
 120 solubility[43]. The types of EDC, such as hormone (e.g. Estriol), PPCPs (e.g. ibuprofen),  
 121 and pesticides, have different physical-chemical properties. As reported by Kim *et al.*  
 122 [44] mechanistic prediction model for compounds removal is based on the compounds  
 123 molecular weight, acid solubility (pKa) and octanol water partition properties (K<sub>ow</sub>). pKa  
 124 coefficient indicates the compound charge at a given pH. In contrast, K<sub>ow</sub> coefficient is the  
 125 ratio of the concentration of a compound in two phases of a mixture of two immiscible  
 126 solvents. In general, the high K<sub>ow</sub> (>2) value indicates the potential of the EDC compounds  
 127 that could accumulate in sediments. Relatively, moderate and high removal efficiency might  
 128 be observed for the compounds with lower pKa and K<sub>ow</sub>. Nevertheless, due to the diverse  
 129 physical-chemical and molecular properties, none of the treatment methods effectively  
 130 removes all types of EDC. Therefore, EDC treatment methods need to be assessed on each  
 compound basis.

131 Besides, such difficulty requires an advanced secondary treatment to remove the  
132 remaining proportion of EDC entirely in the aqueous phase post sedimentation process. In this  
133 condition, the high EDC solubility compounds require a hydrophobic interaction treatment  
134 medium for removal. Lin *et al.* [45] proposed advanced treatments, such as granular activated  
135 carbon (GAC) adsorption combined with sedimentation and filtration, which were the major  
136 removal mechanisms in advanced water treatment plants (WTPs). PPCPs in raw water are  
137 completely removed through the combination of treatments in advanced WTPs[45].  
138 Therefore, the physical and chemical properties such as the Kow value is a good indicator to  
139 evaluate the suitable EDC removal interaction. Evidently, sedimentation treatment alone is  
140 insufficient for efficiently removing EDC.

## 141 **2.2 Adsorption**

### 142 **2.2.1 Activated carbon (AC) adsorption**

143 AC adsorption processes by using GAC and powder-activated carbon (PAC) have  
144 been extensively used in water and wastewater treatments. This method has elicited  
145 considerable attention due to its simple operation, absorbent regeneration potential, and  
146 suitability for batch and continuous processes [46]. In general, the adsorption processes are  
147 applied at the early filtration stage of the water and wastewater treatment process. The  
148 performance of AC adsorption to remove EDC compounds depend on the adsorbent dose  
149 and contact time and the physical and chemical properties of the target compounds [47]. The  
150 AC removes the water's absorbance through the hydrophobic interactions between the  
151 compound and the absorbent surface. The water system that contains a dissolved organic  
152 compound is required to be removed prior to adsorption. Predominately, the removal of the  
153 compounds before adsorption will provide longer periods between regenerations [48]. The  
154 reduction in dissolved compounds reduces the absorbent loading and probably avoids  
155 interference during the adsorption process[49]. Moreover, as reported by Kennedy *et al.*  
156 [50] in a full and pilot scale of organic micropollutants by AC adsorption, an increase in  
157 background dissolved organic matter resulted in more and earlier micropollutants  
158 breakthrough.

159 In terms of characteristics, the well-developed pore structure and surface chemistry  
160 properties of AC contribute to its specific interactions with EDC-adsorbed compounds [16].  
161 Vidal *et al.*[51] reported that incorporating sulfur into the carbon structure results in a positive  
162 effect on dynamic adsorption capacity by increasing the total amount of adsorbed  
163 trimethoprim from 195 mg/g to 240 mg/g. In addition, the adequate contact time of adsorption  
164 and the dosage of AC affect the performance of EDC removal [52]. As demonstrated by  
165 Noutsopoulos *et al.*[53], high removal of triclosan (84%), naproxen (91%), ibuprofen (95%),  
166 and ketoprofen (93%) compounds was recorded at a high AC dose of 100000  $\mu\text{g L}^{-1}$  at 60 min  
167 contact time.

168 In practice, AC adsorption treatment is highly effective in removing all target  
169 chemicals. As studied by Jiang *et al.* [54], the powdered AC recorded the highest adsorption  
170 capacity (132.73 mg/g) compared to other carbon nanotubes (103.81 mg/g), graphene oxide  
171 (77.86 mg/g) and biochar (9.19 mg/g) adsorbents for estrogen removal. Besides, Fu *et al.*  
172 [55] reported the high hydrophobicity of PPCPs contaminants could be effectively eliminated  
173 (>75%) by incorporation with secondary filtration. In their study, acebutolol, diazepam, and  
174 diltiazem compounds were removed entirely from the treatment process. Moreover, Rao *et al.*  
[56], studied the removal of PPCPs residues from treated effluents and further emphasized the  
capability of AC adsorption treatments. Their results demonstrated that 90%–98% of PPCPs

175 were removed from low-concentration compounds, exhibiting an evident relationship of dose  
176 response between compound concentration and adsorbent dosage. A long contact time can  
177 significantly increase compound removal[56]. Nevertheless, removal efficiency for EDC  
178 varies depending on the compound type. Several compounds, such as carbamazepine  
179 and propranolol, have exhibited relatively low removal. In this regard, understanding the  
180 specific properties of targeted compound conditions should be emphasized to achieve  
181 optimum adsorbent capability.

### 182 **2.2.2 Carbon nanotubes (CNT)**

183 Since their discovery, CNTs have received considerable attention in various research  
184 areas. The unique characteristics of the mechanical and electronic properties of multi-walled  
185 CNTs (MWCNTs) have broadened their practical applications [57]. To date, CNTs  
186 have received extensive research attention as a new type of adsorbents because of their  
187 potential applications in removing various natural and synthetic EDC [58]. In contrast  
188 with AC adsorbents, CNT structures contain rolled graphite sheet layers; they are called  
189 single-walled carbon nanotubes (SWCNTs) when they have a single rolled graphite  
190 sheet layer and MWCNTs when they have double or multiple rolled graphite sheet layers  
191 [59]. Moreover, CNT adsorption properties considerably differ from AC properties.  
192 Regardless of the pore properties and surface areas, the overall adsorption properties of  
193 CNTs depend on the adsorption site, purity, and surface functional groups of nanometer-  
194 thick layered carbon [60]. Moreover, process parameters, which include pH, ionic  
195 strength, initial solute concentration, and temperature, are major factors that affect the  
196 sorption rate of EDC [61].

197 The application of CNTs as adsorbent exhibit effective adsorption capacities in  
198 removing a wide range of EDC, such as BPA (92 mg/g), E2 (27.2 mg/g), diuron (40.37mg/g)  
199 and tetracycline (175 mg/g) [58, 62-65]. The mechanisms of the donor-acceptor  $\pi$ - $\pi$   
200 bond formed between EDC and CNTs have been suggested to be significant forces that affect  
201 the adsorption performance of CNTs [58]. In addition, significant EDC adsorption is  
202 attributed to the larger van der Waals interactions and multilayer adsorption properties of  
203 MWCNTs [66]. Comparatively, the compactness of an SWCNT bundle eliminates groove  
204 areas and interstitial spaces, reducing adsorption capability [54]. In this regard, the  
205 compactness of the bundles requires the rapid dispersion of particles to provide additional  
206 adsorption sites for SWCNTs [60]. The modification of surface functional groups can further  
207 enhance the adsorption capability of SWCNTs [67]. However, although the adsorbents of  
208 MWCNTs and SWCNTs have demonstrated adequate performance, investigations on  
209 synthetic water samples remain limited[68]. In contrast with AC adsorbents, applying CNTs  
210 to real treatment plants has not been well established. In addition, the toxic effects of CNT  
211 adsorbents are still debatable [69]. In this regard, additional research on real water systems  
212 and investigations on the effects of CNTs is required to improve the understanding of CNT  
213 adsorbents' application to EDC removal.

### 214 **2.2.3 Graphene oxide (GO) nanosheets adsorption**

215 GO nanosheets are new promising adsorbents for water contaminants because of their  
216 excellent hydrophilicity properties, high surface area, and abundant surface oxygen-  
217 containing groups [70]. The use of GO nanosheets as adsorbents has demonstrated  
218 outstanding removal performance for various contaminants, including divalent metal  
ions, aromatic organic compounds, and various dyes from aqueous solutions [71]. In  
addition, contaminants are easily



219 and rapidly extracted from water through the magnetic attraction of the hybrid GO nanosheet  
220 adsorbents [71]. Interestingly, Jiang *et al.* [72] reported the strong potential of GO nanosheet  
221 adsorbents with a maximum adsorption capacity ( $Q_m$ ) of 149.4 mg/g to remove EE2  
222 hormones in an aqueous solution. The exothermic and spontaneous adsorption processes  
223 were claimed among the highest EE2 adsorption values compared with other adsorbents[73].  
224 Nevertheless, the investigation of GO nanosheet adsorbents for EDC removal in actual water  
225 and wastewater systems remains limited at present, and performance is unknown.  
226 Therefore, this significant research finding can be the basis for further investigations in the  
227 future.

#### 228 **2.2.4 Cellulose adsorption**

229 Cellulose is considered one of the most promising areas of scientific and  
230 technological development in the field of plant products. Interestingly, cellulose-based  
231 adsorbents have made significant contributions compared with other available synthetic  
232 material adsorbents for water treatment [74]. However, native cellulose is less effective in  
233 eliminating EDC in aqueous solutions and having an undesirable adsorbent capacity for  
234 emerging compounds due to the low reproducibility of the process and the adsorbate's full  
235 capacity [74, 75]. To date, various modified cellulose-based adsorbent methods have been  
236 investigated for water treatment applications. In particular, the chemical modification of  
237 cellulose-based adsorbents has been found to improve the adsorption capacity of cellulose  
238 adsorbents for EDC removal [76]. As reported by Hu *et al.* [77], cellulose grafting  
239 modification that utilizes quaternary ammonium salt has achieved considerable improvement  
240 in removing amoxicillin with a maximum adsorption capacity of 183.14 mg/g. Moreover, the  
241 findings that recorded superior removal performance are the adsorption capacities ( $Q_m$ ) of  
242 1072.86 mg/g and 786.18 mg/g for tetracycline and sulfamethazine respectively, by using a  
243 sustainable  $\alpha$ -cellulose adsorbent activated by KOH [78]. Consequently, the effectiveness of  
244 cellulose-based adsorbents indicates the importance of using natural polymers as low cost,  
245 sustainable, and effective adsorbents for removing EDC in water and wastewater systems.  
246 Nevertheless, although many studies have investigated cellulose-based adsorbents in water  
247 treatment, most of these studies have focused on general water contaminants. Research on the  
248 application of cellulose-based adsorbents to EDC removal is still emerging. Further  
249 exploration and utilization of innovative methods are required to develop efficient cellulose-  
250 based adsorbents for EDC removal.

### 251 **2.3 Membrane filtration**

#### 252 **2.3.1 RO**

253 RO is a membrane filtration method that has been effectively used for the removal of  
254 dissolved micropollutants from drinking water systems [79]. In the process, dissolved  
255 contaminants are mainly rejected through the small molecular weight cut-off (MWCO) and  
256 membrane pore sizes and the electrostatic charge's repulsion between the  
257 dissolved contaminants and the membrane [80]. Besides, the contaminants are effectively  
258 separated at low pKa and Kow value (<2) of compound properties and at low solvent  
259 permeability of RO treatment [81]. Predominately, thin-film composite membrane (TFC) is  
260 the most outstanding membrane that provides significant selectivity, compaction resistance,  
261 and chemical stability in RO treatment compare to other membrane polymers  
262 such as polyamide, polybenzimidazoline, and poly(piperazine-amide)[82]. As reported by  
Kassim *et al.*[83] TFC membrane was fabricated from a thin layer of hybrid membrane  
formulated from a blend of polyvinyl alcohol (PVA)/chitosan and cross linked with  
tetraethylorthosilicate (TEOS), which

263 was layered on the polysulfone (PSF) membrane. Besides, the TFC membrane are being  
264 further chemically modified to improve its rejection capacity for EDC removal  
265 through graft polymerization and crosslinking modification[84]. The significant  
266 characteristic of TFC that shows membrane performance has extensively attracted its  
267 application in RO treatment.

268 In general, RO membrane filtration has been extensively used to separate EDC  
269 compounds in WTPs [85]. In particular, emerging compounds, such as PPCPs, pesticides,  
270 and BPAs, are effectively separated via RO membrane filtration [86]. Wang *et al.* [87]found  
271 that the overall removal efficiency in the final treated water is greater than 95% (at  
272 concentrations lower than 10 µg/L) for most PPCPs compounds. In addition, Katibi *et al.*  
273 [36], reported that nearly complete rejection ( $\geq 98\%$ ) was achieved for BPA separation with  
274 the application of polyamide-based RO membranes. Nevertheless, in contrast with other  
275 membrane filtration approaches (e.g., NF and UF), concentrates (brine) from RO treatment  
276 are primarily discharged to the surface water. These RO concentrates are almost 20 % of the  
277 influent concentration of rejected contaminants [88]. Thus, one challenge in RO is the  
278 management of brine generated from the filtration process that exerts harmful effects on the  
279 environment.

280 Predominately, the brine concentration is vary depending on feed water quality,  
281 effluent quality, type of treatment, and the nature of chemicals used [89]. In current findings,  
282 the effort of providing the environmentally friendly of brine treatment are still limited to be  
283 implemented. Although AOPs have been the most widely investigated method for brine  
284 treatment, the energy-intensive and high cost in a single treatment have limited its  
285 application. Interestingly, Xiang *et al.*[90] has reviewed and proposed treatment options for  
286 concentrates produced by RO membrane processes, and a hybrid treatment approach was  
287 recommended as a solution. The proposed integrated hybrid are comprising FO, pre-  
288 coagulation, AO, and post-biological treatment as a better option for brine treatment at lower  
289 cost and energy.

290 In the first stage, the post-treatment for the RO brine compound is to separate the  
291 dissolved compound from the concentrated brine. The dissolved organic matter except  
292 for hydrophobic brine is removed using different separation processes such as forward  
293 osmosis and coagulation. Then, the oxidation method is used to eliminate the concentrated  
294 hydrophobic compound separated at the early stage. Finally, as a supplementary  
295 approach, the post-biological treatment provides an efficient degradation of the  
296 hydrophilic intermediates produced at the secondary stage, eliminating the brine  
297 contamination from the RO water treatment process. This hybrid approached showing  
298 significant potential in improving the operation cost and usage of energy in the  
299 treatment system. However, this significant approached are very depending on the RO  
brine characteristics in selecting the material and method of the treatment process.

### 300 **2.3.2 Nanofiltration**

301

302 The NF membrane method has been recognized as a promising treatment method  
303 for micropollutants, such as hormones and pharmaceutical contaminants, in water and  
304 wastewater system [50,96]. In principle, NF membranes function with water pressure forced  
305 through nano-sized pores (between 0.2 nm and 0.4 nm), and contaminants are adsorbed on  
306 the membrane via charge and size interactions [97,98]. In addition, NF membranes exhibit  
charge selectivity for dissolved components [99]. Monovalent ions and water can permeate,  
whereas divalent and multivalent ions are retained [100]. In practice, the performance of NF  
membrane treatment is generally known to achieve high quality and produce  
effluents with low organic

307 concentrations; moreover, the removal of microbes and viruses does not require adding  
308 chemical disinfectants [6,41]. However, Liu *et al.* [41] reported that the variety of membrane  
309 adsorbent types (membrane supports, such as polysulfone, ceramic acetate, polyacrylonitrile,  
310 and polyethersulfone) and the different size exclusion and charge repulsion properties of  
311 various EDC compounds can change the removal range (10% to 99.9%). Consequently,  
312 understanding the NF membrane mechanisms involved in rejecting target contaminant  
313 compounds is important. Semiao *et al.* [96] found that the pore radius of the active layer is a  
314 determining factor for the removal of adsorbing contaminants (i.e., estrone and estradiol) in  
315 NF membranes. Semiao *et al.* [96] added that a combination of partitioning effects and internal  
316 surface area access plays a role in the adsorption and retention of hormones (i.e., estrone and  
317 estradiol) by NF membranes. In addition, Semiao *et al.* [101] suggested that convection and  
318 diffusion are adequate transport modes for adsorbing hormones (i.e., estrone and estradiol) of  
319 NF membranes, with convection mechanisms significantly contributing to the transport of  
320 hormones at pressures higher than 11 bar. In this regard, the hormone removal mechanisms  
321 that use NF membranes have been investigated extensively. Nevertheless, many removal  
322 mechanisms for various contaminant types remain unknown. Numerous EDC contaminants in  
323 water are still difficult to remove using single treatment methods. In the actual applications of  
324 NF membranes to WTPs, multiple or hybrid treatments have been proposed to overcome the  
325 weaknesses of NF membranes. Therefore, NF membranes are commonly combined with AOP,  
326 and concentrated residuals require further treatment [50].

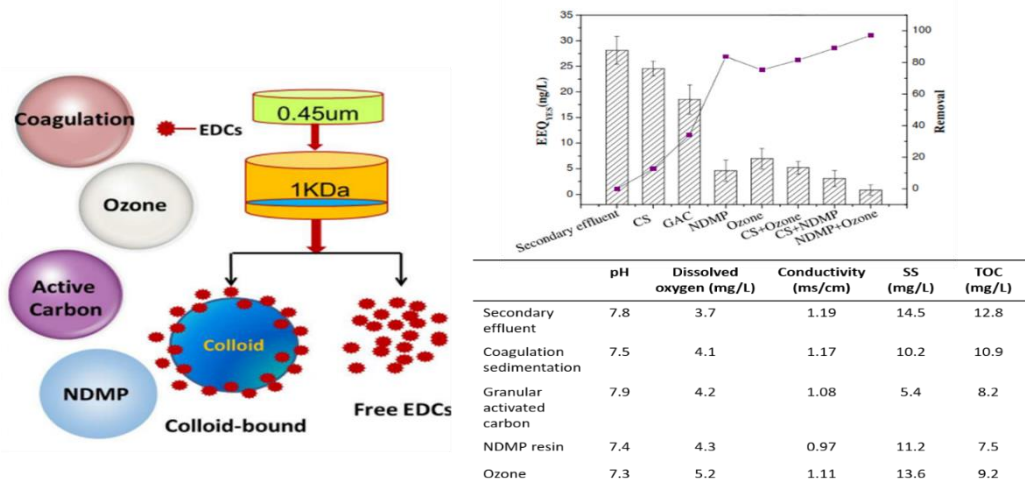
### 327 **2.3.3 Ultrafiltration (UF)**

328 UF is a low-pressure cross-flow membrane separation process with pore sizes ranging from  
329 0.01  $\mu\text{m}$  to 0.1  $\mu\text{m}$  [91]. UF membranes are effective in eliminating macromolecules and  
330 particles, but their effectiveness is highly dependent on the type of material that constitutes the  
331 membrane [92]. UF membranes have elicited considerable attention due to their extensive  
332 applications to advanced secondary effluent treatment. However, the application of UF  
333 membranes to the removal of EDC is less effective. UF membranes have been reported to reject  
334 extremely few target EDC compounds compared with the NF and RO methods [93]. A  
335 comparative review of Patel *et al.* [49] concluded that the removal of selected pharmaceuticals  
336 (e.g., amoxicillin, naproxen, metoprolol, and phenacetin) via UF is moderately successful  
337 compared with NF processes. In addition, Ojajuni *et al.* [94] found that hydrophobic adsorption  
338 and size exclusion are the dominant mechanisms that retain EDC on NF membranes;  
339 meanwhile, UF membranes retain typically hydrophobic EDC. Consequently, UF is rarely used  
340 as a single treatment for the removal of EDC. Its limited use is attributed to the fact that the  
341 MWCO range (10–100 kDa) of UF membranes is higher compared with the molecular weight  
342 (<1 kDa) of most micropollutants[95].

343 Meanwhile, Huang *et al.* [96] studied the ultrafiltration process on effluents through 1kDa  
344 cross-flow into two phases, colloidal phase (0.45  $\mu\text{m}$ -1kDa) and soluble phase (<1 kDa). They  
345 compared the estrogenic activity with the other processes, which are coagulation sedimentation  
346 (CS), GAC adsorption, magnetic ion exchange resin (NDMP), and ozone processes, as shown  
347 in **Figure 3**. The EDC with lower  $K_{ow}$  values has higher removal activity by NDMP while the  
348 ozone process successfully removes both colloidal and soluble phases EDC. Therefore, the  
349 colloid-bound EDC has a good performance which suggested that the combination of NDMP  
350 and ozonation processes achieved a higher reducing estrogenic activity with satisfied the  
351 predicted no-effect concentration [97, 98]. In this regard, although UF allows the passage of

low-molecular-weight organic solutes through its membrane, it can be used as a pre-treatment for RO because it can remove high concentrated effluent from passed RO membrane. Sun *et al.* [99] reported that compounds larger than pore is rejected by membrane surface and remain on the feed or concentrate side. Meanwhile, the smaller compounds than the pore can pass through the membrane to filtrate the compounds with a high fouling tendency (leachate effluents) to RO membranes [99, 100].

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367 **Figure 3.** Estrogenic activity of effluent and removal by advance treatment through an  
368 ultrafiltration process. Huang *et al.* [108]

### 369 2.4 Ultrasonication (US)

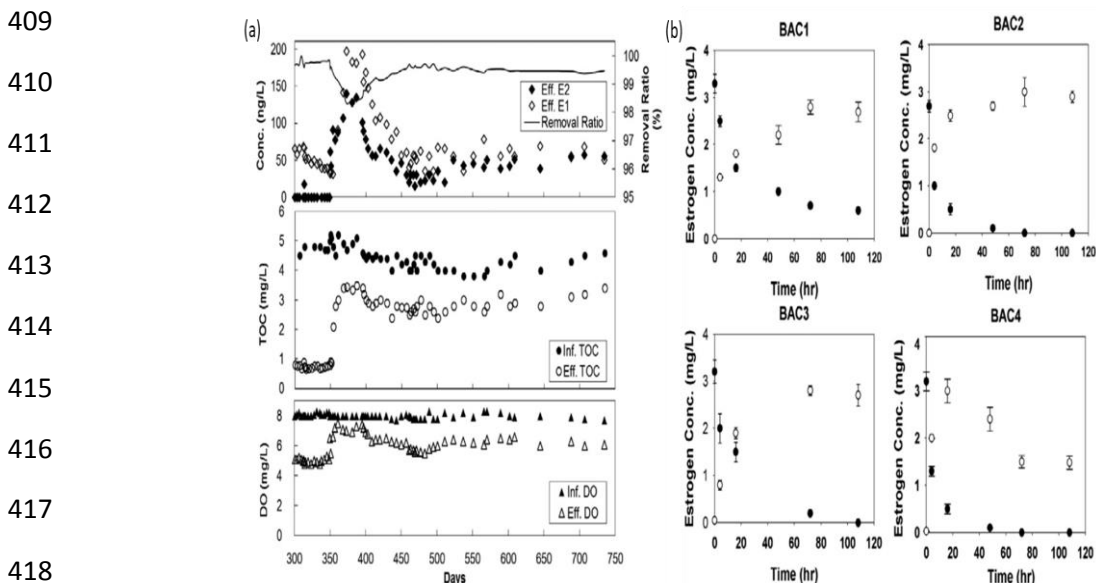
370 US is an advanced treatment process for removing low-concentration (ng/L to µg/L) and  
371 complex contaminants in wastewater systems [101, 102]. It is fast, clean, and related to the  
372 wave degradation process, which does not produce secondary products [101]. In accordance  
373 with Chadi *et al.*[103] the wave degradation process of US treatment operates on the basis of  
374 the nucleation/growth/collapse of cavitation bubbles in water due to the high pressure and  
375 temperature caused by ultrasound waves. Complex contaminants exposed to ultrasound  
376 waves will undergo thermal and chemical reactions that promote the degradation of solutes in  
377 gaseous and aqueous solutions [104]. In general, the removal of EDC via US treatment has  
378 achieved efficient performance. For example, Im *et al.* [105]found that the degradation of  
379 PPCPs compounds (acetaminophen and naproxen) via US treatment demonstrated high  
380 removal efficiency for naproxen (>99%) and acetaminophen (86.1%) at 1000 kHz.  
381 Nevertheless, Naddeo *et al.* [106]indicated that the specific removal rate depends on the  
382 chemical structure of the analyzed compound. At a treatment time of 180 min, triclosan is  
383 nearly completely degraded (95%). However, other pharmaceuticals, such as erythromycin  
384 and iopromide, are only partially removed (50%) using the same ultrasound power at the  
385 same frequency. In particular, the degradation and removal of EDC via US treatment are  
386 influenced by several factors. Chu *et al.* [107]found that the removal efficiency of EDC  
387 varies and is influenced by the following: (i) water quality and sonication conditions (pH,  
388 temperature, background ions, promoters, US frequency, power, and reactor type); (ii)  
389 catalysts (non-carbon-based and carbon-based catalysts), and (iii) compound properties. To  
390 maximize the effectiveness of EDC degradation through US treatment, a comprehensive  
assessment is necessary to establish

391 standard conditions for each environmental matrix. Thus, the evaluation of US treatment for  
 392 various types of water and wastewater sources should be explored.

### 393 3. Biological treatment

#### 394 3.1. Biological active carbon (BAC)

395 BAC filtration is a combination of GAC adsorbents under cover of a biofilm. In principle, BAC  
 396 treatments are dominated by adsorption and microbial degradation mechanisms [108]. Under  
 397 this dual mechanism, contaminants and dissolved oxygen in the treated solution interact with  
 398 granular activated particles and microorganisms [109]. In practice, the combination of this dual  
 399 mechanism process has been found to remove low-level EDC successfully during the treatment  
 400 of drinking water [49]. Li *et al.* [110] determined that the presence of a readily biodegradable  
 401 carbon source is beneficial for E2 removal in a BAC reactor, and an E2 removal ratio higher  
 402 than 99% was maintained regardless of the primary carbon source type, as shown in **Figure 4**.  
 403 In particular, BAC filtration was implemented as a complementary treatment for solutions with  
 404 low-level concentrations. Chuang *et al.* [111] found that treatment via BAC filtration after  
 405 ozonation can reduce the concentrations of most remaining estrogenic compounds by up to  
 406 95%. Consequently, BAC filtration is likely to be used as a tertiary treatment process [112].  
 407 Moreover, the combination of advanced treatments with BAC filtration under recycled carbon  
 408 can provide considerable reductions in the capital costs of operation [113]tras



419 **Figure 4.** (a) Response of BAC reactor performance when additional carbon source was  
 420 switched from acetic acid to humic acid on Day 350. BAC reactor was operated at a constant  
 421 EBCT of 30 minutes from Day 300 to Day 735. (b) Profile of Estrogen degradation for four E2  
 422 degrading isolates (BAC1-BAC4). Solid and open circles represent E2 (o) and E1 (•)  
 423 concentration, respectively [110].

#### 424 3.2. Biological nitrification and denitrification (BND)

425 BND is a biological process of oxidation and reduction that supports the high removal of  
 426 organics through heterotrophic and slow-growing nitrifying microorganisms [114]. At present,  
 427 BND treatments have been applied as secondary treatments after performing other advanced  
 428 biological treatments, such as the application of MBRs or anaerobic/aerobic treatment systems

429 [115]. Under this type of treatment, EDC removal performance is largely effective for  
430 estrogenic and several pharmaceutical compounds. Ting *et al.* [116] reported that secondary  
431 activated sludge treatment, followed by nitrification/denitrification, effectively stopped more  
432 than 95% of estrogenic activities. However, removal performance for other EDC compounds,  
433 such as carbamazepine, diclofenac, clofibracacid, gemfibrozil, erythromycin, and pesticides  
434 (atrazine and fenoprop), exhibited lower efficiency [117]. In this regard, the performance of a  
435 BND treatment alone is less effective compared with dual or hybrid treatment processes.  
436 Wigginton *et al.* [118] indicated that the major differences in ammonia-oxidizing and nitrous  
437 oxide-reducing community composition and structure between centralized and decentralized  
438 BND wastewater treatment systems. Therefore, the challenge posed by the BND process can  
439 be effectively managed by combining it with other advanced biological treatments.

### 440 **3.3.Microalgae**

441 At present, microalgae-based wastewater treatments have received considerable attention for  
442 removing EDC effluents because they provide high quality treated effluents [33, 119, 120].  
443 Moreover, microalgae treatments are considered economical practices due to the multiple uses  
444 of microalgae, such as in pollutant removal and energy resources [119]. Young *et al.* [121]  
445 reported that shallow raceway reactors produce high-rate algal and consume oxygen via  
446 microalgal photosynthesis. Thus, microalgae-based treatment systems do not require external  
447 oxygen aeration in the system [122]. In practice, microalgae-based treatments have been  
448 proven to remove EDCs effectively from effluents through evaporation, photodegradation, and  
449 biodegradation mechanisms [33]. Wang *et al.* [120] evaluated algae-mediated  
450 biotransformation as possible mechanisms for removing 17 $\alpha$ -ethinylestradiol (75.3% removal)  
451 and 17 $\beta$ -estradiol (95% removal). In addition, Ruksrithong *et al.* [119] proved that  
452 biodegradation and adsorption were the predominant mechanisms for removing E1 and E2.  
453 Consequently, the effectiveness of microalgae-based biodegradation has successfully  
454 eliminated most estrogenic and pharmaceutical effluents in wastewater systems. Nevertheless,  
455 the removal performance for pesticide compounds is relatively low (32%–89%) compared with  
456 other EDC compounds [123]. In this regard, the culture and growth of microorganisms can be  
457 further examined to understand the effectiveness of microalgae in removing pesticides. In  
458 particular, the integrated biological treatment process with microalgae is among the potential  
459 options for further improving performance.

### 460 **3.4.Fungi**

461 The fungal treatment method utilizes the enzymatic biodegradation of micropollutants that  
462 have been alternatively used in EDC removal. The capability of fungi to degrade EDCs in  
463 synthetic media and real wastewater has been widely explored. Among conventional methods  
464 used in practice, fungal treatments can be considered efficient biological treatments for  
465 removing pharmaceutical compounds [37]. Naghdi *et al.* [124] reviewed that literature found  
466 the stable fungal reactor requires systematic investigation on the contribution of biosorption  
467 and biodegradation during removal of PhACs and micropollutants [125]. In addition, Mir-  
468 Tutusaus *et al.* [126] found that a fungal operation successfully removed analgesics and anti-  
469 inflammatory and even eliminated the most recalcitrant pharmaceutical families, such as  
470 antibiotics and psychiatric drugs, from wastewater. In practice, the degradation efficiency of  
471 fungal treatments is dependent on several factors, such as sterilization processes, fungal  
472 nutrient additions, and aeration rates [127]. Moreover, the wastewater type can affect the

473 survival of fungi during the treatment process. Highly concentrated wastewater can reduce the  
474 number of surviving fungi due to bacterial competition. Therefore, the application of fungal  
475 biological treatments is reliable for secondary treatment or post-treatment processes. The  
476 pretreated effluents obtained using physical methods (i.e., RO and coagulation–flocculation)  
477 are the most suitable for the fungal treatment process [126].

### 478 **3.5. Biosorption**

479 El–Naggar *et al.* [128] described biosorption as a dual mechanism (i.e., bio-oxidation and  
480 sorption) process that occurs when microorganisms are immobilized onto an adsorbent. In  
481 practice, the removal of EDCs using biosorption treatments is effective for highly  
482 hydrophobic compounds [138]. Dhangar *et al.* [86] reviewed the removal of 17 $\beta$ -estradiol,  
483 17 $\alpha$ -acetate, pentachlorophenol, 4tert-octylphenol, and triclosan achieved using a biosorption  
484 treatment process. Similar observations indicated that the soluble concentrations of target  
485 compounds decreased rapidly for selected microconstituents [129]. In particular, soluble or  
486 hydrophobic EDC compounds are primarily targeted to be removed using biosorption  
487 treatments. Nevertheless, in slow decrement processes, most extremely hydrophobic  
488 compounds are also removed by a biodegradation mechanism. The theory of the biosorption  
489 process in wastewater treatment can be deeply investigated using sufficient isotherm data,  
490 mass transfer coefficients, biological growth, and destruction activity values estimated from  
491 independent measurements [130, 131]. Therefore, the efficiency of biosorption treatments in  
492 removing EDCs should be compared with other biological treatments. In addition, regardless  
493 of hydrophobic properties, the efficiency of removing EDCs using biosorption treatments can  
494 be further enhanced via dual or hybrid treatment processes.

### 495 **3.6. Membrane bioreactors (MBRs)**

496 The use of MBRs is a superior biological treatment method that has elicited substantial  
497 attention due to its technical innovations and high quality treated effluents compared with  
498 other conventional biological treatments (i.e., activated sludge treatment) [132, 133]. In  
499 particular, the efficiency of MBRs is attributed to the retention of sludge on the membrane  
500 surface, which promotes extensive microbial degradation and physical retention of all  
501 molecules [134]. In accordance with Hai *et al.* [133], the effectiveness of MBR treatment is  
502 dependent on sludge age, concentration, the existence of anoxic and anaerobic  
503 compartments, wastewater composition, operating temperature, pH, and conductivity  
504 factors. For example, Park *et al.* [135] reported that considering the slow degradation of  
505 pharmaceuticals, removal by using MBRs is better due to the relatively old ages of sludge,  
506 leading to the development of distinct microbial communities in MBRs compared with that  
507 in activated sludge plants. In addition, Arca-Ramos *et al.* [136] determined that one  
508 stage and two stages enzymatic MBR is performed for the removal of micropollutants  
509 from secondary effluents. In practice, MBR treatments have demonstrated effective  
510 performance for the removal of EDCs. Approximately 81% to 99% of various types of  
511 EDC compounds (e.g., pharmaceuticals, pesticides, and phenolic and estrogenic hormones)  
512 have been removed via MBR treatment [117, 132, 137]. In addition, several PPCPs, such as  
513 salicylic acid and propylparaben, have been eliminated (100% removal) using MBR  
514 treatment. Nevertheless, some pharmaceuticals (ofloxacin, sulfamethoxazole,  
515 lorazepam and propranolol) are poorly degraded via MBR treatment and has been another  
516 approach on membrane fouling and current density [138]. In addition, membrane fouling  
rates decrease the removal efficiencies. In this regard, alternative solutions

517 should be explored to investigate the optimum configuration for high MBR treatment  
518 performance.

### 519 **3.7. Constructed wetlands (CW)**

520 A CW is a natural treatment method that can be operated simply and has a low environmental  
521 impact. CWs are defined as an integrated engineered biological treatment system that can  
522 replicate the natural wetland concept through a combination of biological (biodegradation),  
523 physicochemical (sorption), and chemical (oxidation) interactions among plants, substrates,  
524 and soil [139]. In general, wetland types are classified into two basic systems: vertical flow  
525 CWs (VFCWs) and horizontal subsurface flow CWs (HSSFCWs) [140, 141]. Thalla *et al.*  
526 [142] defined VFCWs as highly aerobic systems that drain wastewater vertically through the  
527 planted matrix, allowing excellent oxygen transfer that favors aerobic microbial processes.  
528 Meanwhile, HFCW systems are considered anoxic systems that favor anoxic (oxidized and  
529 reduced zones) microbial processes, such as traditional denitrification [142]. At present, CW  
530 treatments have demonstrated effective performance in removing EDCs. For example, Chen *et*  
531 *al.* [143] reviewed that a constructed wetland that utilized lightweight expanded clay aggregate  
532 (LECA) substrate and macrophyte species which is *Iris Sibirica*, effectively treated wastewater  
533 contaminated with carbamazepine with higher than 90% removal efficiency. The removal  
534 mechanism is illustrated in **Figure 5**. In addition, the monitoring results of Tatoulis *et al.*  
535 [144] indicated that HSSF is a promising technology design with many innovations such as  
536 reducing area, minimized clogging risk and various plastic media to remove contaminants  
537 as well as suspended solids from municipal sewage due to its high treatment efficiency  
538 [144, 145]. Technically, the efficiency of CW treatment is predominated by the  
539 sorption processes (composting materials) of plant materials (resistant to the biodegradation  
540 of organic materials). The hydrophobic properties of the contaminants further enhance the  
541 sorption process for the support matrix (i.e., plant materials) of the treatment process  
542 [146]. Nevertheless, the effectiveness of CW treatment is highly limited to the availability of  
543 land in a community area; moreover, the treatment requires city communities to find a suitable  
544 location for treatment areas [141, 147]. Constructed wetland microcosms (CWMs) also  
545 another approach on artificially designed ecosystem which utilizes both complex and  
546 ordinary interactions between supporting media, macrophytes, and microorganisms. This  
547 design able to treat almost all types of wastewater, green and sustainable technology  
548 that consists of lower energy input, less operational cost and flood control [148]. In this  
549 regard, further investigations are necessary to extend the benefits of CW treatment.

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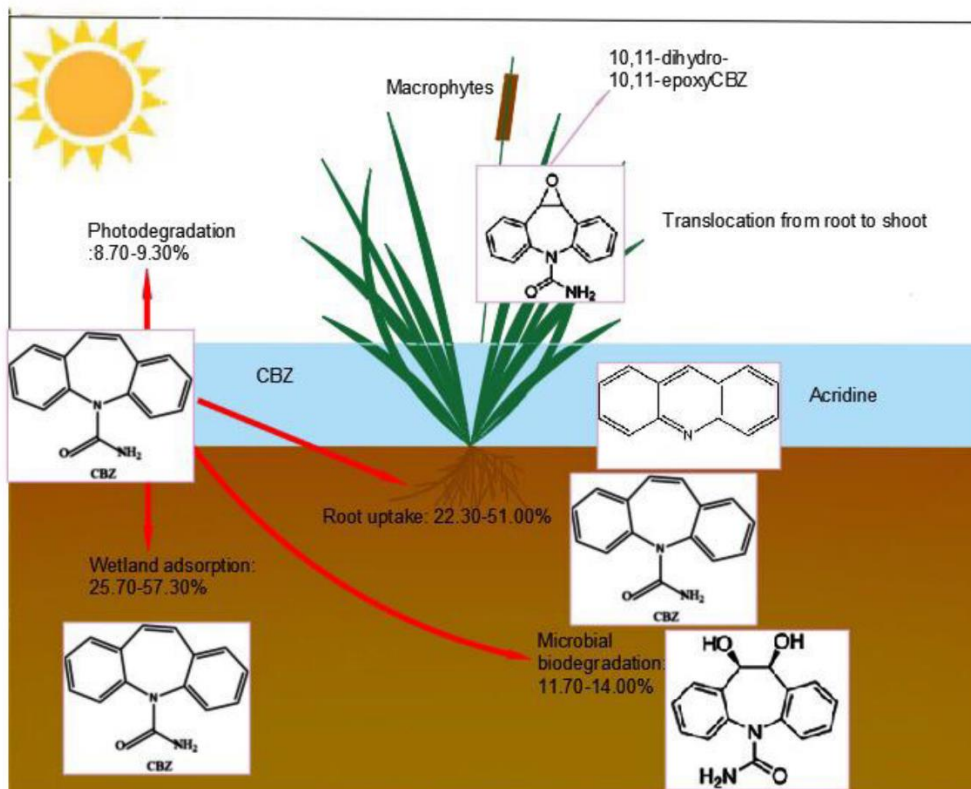
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555  
556 **Figure 5.** The contribution of different degradation pathways to CBZ degradation in  
557 constructed wetlands [143]

558 **4. Chemical treatment**

559 **4.1. Chlorination**

560 Chlorination is the most common conventional method used in drinking water and  
561 wastewater treatment processes [149, 150]. In principle, chlorination is a chemical  
562 disinfection method used to eliminate microorganisms by disrupting the activity of cell  
563 membrane respiration. In water treatment systems, chlorination methods are located in either  
564 the primary or secondary treatment steps. This method is used to control the biological  
565 growth and ensure that the appropriate chlorine residual levels are consistent throughout the  
566 distribution system [151]. In general, the performance of chlorination treatment is less  
567 effective for removing EDCs. Chlorination treatment is most effective for removing  
568 estrogenic compounds (>98%) compared with other synthetic EDCs [152]. Most  
569 pharmaceutical compounds were not completely degraded by chlorination and needed other  
570 process stages to increase removal efficiency [153-155]. In addition, Matsushita *et al.* [156]  
571 reported that pesticides with strong mutagenicity after chlorination could be degraded after  
572 the chlorination process by PAC adsorption through hydrophobic interaction. Du *et al.* [157]  
573 indicated that toxic and harmful by-products had been identified after the treatment process.  
574 In particular, chlorination treatment requires an advanced process for secondary treatment or  
575 post-treatment. A single treatment via chlorination is ineffective in eliminating various types  
576 of EDC compounds. Moreover, chlorine dose, contact time, and pH conditions during the  
577 process can differ for each EDC compound [158]. Therefore, standard effective conditions  
578 for chlorination treatments can be developed to eliminate EDCs. Simultaneously, the  
579 chlorination conditions for removing EDCs can be optimized.

## 580 4.2.Ozonation

581 Ozone (O<sub>3</sub>) treatment is among the methods that have received continuous attention  
582 in wastewater treatment. As part of the oxidation process, ozone is a highly reactive gas that  
583 can oxidize bacteria, organic materials, and micropollutants in water and wastewater systems  
584 [159]. In practice, the efficiency of ozonation mostly depends on the reaction rate of the  
585 process. Leresche *et al.* [160] found that OH radicals in the ozone process create fast  
586 reactions with the compounds that contain electron-rich centres with electron-donating  
587 substituents to degrade the organic and inorganic compounds. In addition, the  
588 optimization of ozone treatments depends on factors such as ozone dosage, energy input  
589 density, catalyst type, temperature, airflow rate and pressure [161, 162]. In general, ozone  
590 has been demonstrated to remove EDCs effectively. The removal efficiency of EDCs in  
591 water and wastewater systems by using the ozonation process ranges from 40% to 100%. Si  
592 *et al.* [163] reported that complete removal of EDC in wastewater is done through  
593 ozonation treatment. Moreover, ozonation treatment recorded good performance in several  
594 pesticide and PPCPs compounds with higher removal efficiency [164, 165]. Moreover, the  
595 treatment of EDCs by using ozonation can also produce additional by-product or  
596 transformation product (TP) residuals. Soltermann *et al.* [166] observed a remarkable  
597 negative effect on the toxic oxidation by-product bromate in bromide-wastewater after  
598 ozonation treatment. Predominately, the transformation products (TP) is a low concentration  
599 by-products that produce through incomplete mineralization of micropollutants in ozonation  
process[109].

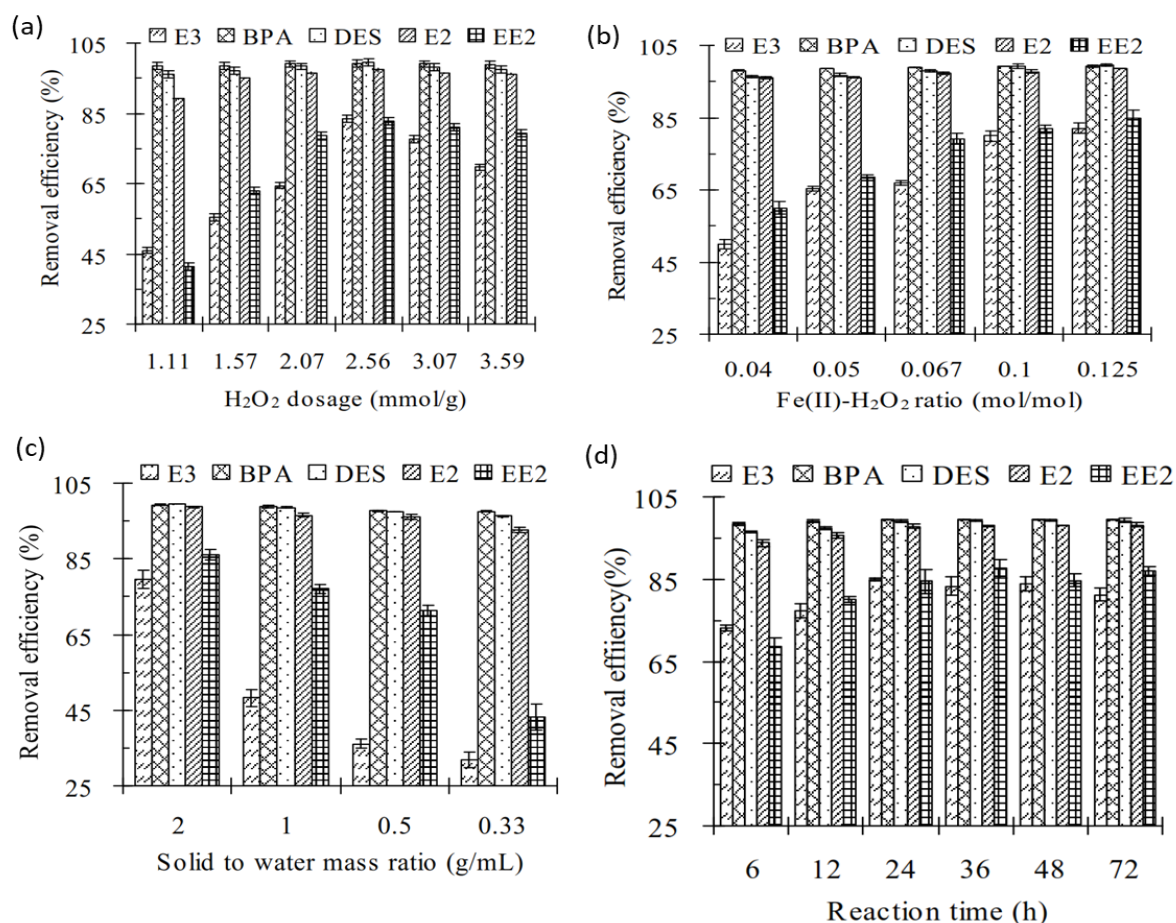
600  
601 As reported by Kharel *et al.*[167] , the maximum yield of TP are occurred at the same  
602 specific ozone dose ( $Z = 0.55 \text{ mg O}_3/\text{mg DOC}$ ) from any individual WWTP. The  
603 concentration of the TP is largely dependent on the ozone dose implemented in the process  
604 and the elements of wastewater matrix as well as the types of EDC. The major constituent  
605 such natural organic matter (NOM) in wastewater matrix influencing the efficiency of the  
606 treatment process that competing with the targeted compounds[168]. In practice prefiltration  
607 could use to remove the non-targeted compound from the wastewater matrix. In current  
608 practice, the biological and physical post treatment methods are introduced in eliminates the  
609 TP residuals that danger the environment. These effluents polishing treatment such as sand  
610 filtration, moving bed, fixed bed and granular GAC filtration, AOP are introduced to  
611 stabilized TP from its parent compounds[169, 170]. Nevertheless, the current  
612 conducted analysis is still limited to the specific targeted compounds, there are many  
613 nontargeted substances that are potentially relevant to be identified. Therefore, further  
614 analysis and optimization studies should be conducted to reduces and eliminates the TP of  
reaction intermediates.

## 615 Fenton processes

### 616 4.2.1. Fenton

617  
618 Fenton processes are economical treatment methods that work through the degradation of  
619 contaminants from the oxidation reaction of hydroxyl radicals. In practice, organic pollutants  
620 are attacked by hydroxyl radicals, resulting in the complete breakdown of contaminants into  
621 CO<sub>2</sub>, water, and inorganic salts as end products [171]. Hydroxyl radicals remove the electrons  
622 from the present contaminants to form hydroxide anions and gain a hydrogen atom to replace  
623 the atom that disappears during the process [172]. In particular, the performances of  
Fenton treatments are primarily controlled by reaction process parameters. Mirzaie *et al.*  
[173] asserted that the parameters of reaction concentration, catalyst type, pH, radiation  
intensity, water

624 matrix, substrate salinity, feeding mode, temperature, and reaction time are significant for the  
 625 performance of Fenton treatment processes. In general, these processes are largely involved in  
 626 the removal of EDCs in water and wastewater treatment systems. In Sun *et al.* [174], Fenton  
 627 oxidation techniques were successfully utilized to remove E3, BPA, diethylstilbestrol (DES),  
 628 E2, and EE2 in cow manure wastewater, achieving a removal efficiency of 84.9%, 99.5%,  
 629 99.1%, 97.8%, and 84.5%, respectively as shown in **Figure 6**. In addition, Amin *et al.* [175]  
 630 achieved the removal of carbamazepine by using Fenton-like oxidation with Fe@Fe<sub>2</sub>O<sub>3</sub>  
 631 nanowires while Dwiwedi *et al.* [176] removed using granulated activated carbon (GAC)  
 632 filtration. Nevertheless, Fenton processes suffer from certain limitations that prevent them from  
 633 being used as effective treatment processes for EDC removal. Mirzaie *et al.* [173] determined  
 634 that the regeneration of iron ions is infeasible, and the final effluent should be treated to meet  
 635 the discharge standards for iron concentrations. In addition, the consumption of greenhouse gas  
 636 emissions is a critical aspect that should be focused on. Therefore, further investigations should  
 637 be conducted to develop a sustainable contaminant removal process.



638  
 639 **Figure 6.** (a) Effect of the H<sub>2</sub>O<sub>2</sub> dosage, (b) Effect of the Fe (II) to H<sub>2</sub>O<sub>2</sub> molar ratio, (c)  
 640 Effect of the solid to water mass ratio, (d) Effect of reaction time on the removal  
 641 efficiency of estrogens from cow manure by the Fenton oxidation process [174].  
 642

#### 643 4.2.2. Photo-Fenton

644 In photo-Fenton treatment, Fe(III) is widely used as a catalytic agent to produce  
 645 hydroxyl radicals through the reaction with H<sub>2</sub>O<sub>2</sub> under ultraviolet (UV) light [177]. In  
 this reaction

646 (preferably under acidic condition), hydroxyl complexes, such as  $\text{Fe}(\text{OH})^{2+}$  and  $\text{Fe}(\text{OH})_2^{4+}$ ,  
647 which absorb light in the UV/visible region, undergo photoreduction to generate hydroxyl  
648 radicals and  $\text{Fe}^{2+}$  [178]. In particular, an acidic condition is preferable to achieve optimum  
649 performance; nevertheless, neutralization processes are required before discharge [179]. At  
650 present, photo-Fenton processes have been effectively used to remove many types of  
651 hormones, phenolic, pesticide, and PPCPs compounds. Pharmaceutical compounds have been  
652 effectively removed via photo-Fenton treatment, with removal efficiency ranging from 95% to  
653 100% [180-182]. For antibiotics removal such as ciprofloxacin, amoxicillin, sulfathiazole, and  
654 sulfamethazine, the efficiency achieved in range of 80- 95%. The photo-Fenton process under  
655 UV and solar radiation reduced total coliforms and *E. coli* after 90 min [183]. An interesting  
656 finding of Silva *et al.* [184] is the complete reduction of estrogenicity (E2) and seven endocrine  
657 disruptors (EDs) through LED irradiation as an alternative to solar photo-Fenton in case solar  
658 radiation is not available, thus reducing hazards associated with WWTP effluents reuse or  
659 discharge. In this regard, photo-Fenton processes seem promising methods for EDC removal.  
660 Under certain conditions of photo-Fenton modification, catalyst design and surface  
661 modification on the catalyst can improve the oxidation efficiency to remove the  
662 micropollutants [179, 185]. Therefore, investigating and extending knowledge on the  
663 formation of highly reactive ions will be beneficial for determining the fate of reactions.

#### 664 4.2.3. Electro-Fenton

665 Electro-Fenton is an approach used to enhance the generation of hydroxyl radicals by  
666 combining Fenton and electrocoagulation processes. Under these conditions, the oxidizing  
667 power of  $\text{H}_2\text{O}_2$  increases with the electrical assistance of the electro-Fenton process [186]. In  
668 general, electro-Fenton treatments operate under two configuration conditions, which are  
669 through (i) the high catalytic activity of inert electrodes used as anode material, with Fenton  
670 reagents added to the reactor from the outside; or (ii) hydrogen peroxide is added from the  
671 outside and  $\text{Fe}^{2+}$  is provided from sacrificial cast iron anodes [187, 188]. During this process,  
672  $\text{H}_2\text{O}_2$  that is electrochemically generated from the process is used to increase the degradation  
673 of high-strength organic pollutants in wastewater systems [189]. In particular, electro-Fenton  
674 is highly effective in eliminating high concentrations of EDC pollutants in wastewater  
675 treatment. Moreira *et al.* [190] reported that electro-Fenton eliminates pharmaceutical and  
676 pesticide compounds at concentrations of  $100000 \mu\text{g L}^{-1}$ . In addition, other types of electro-  
677 Fenton-based treatments, such as bio-electro-Fenton, photo-electro-Fenton, and solar electro-  
678 Fenton, have demonstrated highly effective performance in removing EDCs [191-193].  
679 Nevertheless, this advanced treatment process requires high operation and maintenance costs.  
680 The costs of conventional treatment methods are considerably lower than the costs of the  
681 electro-Fenton process. In this regard, the cost-effectiveness of the proposed treatment plant  
682 should be reviewed and evaluated before wastewater treatment operation is conducted.

#### 683 4.3. Photolysis

684 Photolysis is a photodegradation process that results from the irradiation and adsorption of a  
685 UV light photon that is conditionally processed by either direct absorption of the UV light  
686 photon or indirectly by using a photon sensitizer (i.e.,  $\text{H}_2\text{O}_2$ ) [194]. In practice, photolysis is a  
687 less effective process for the treatment of low EDC concentrations ( $5\text{--}10 \mu\text{g L}^{-1}$ ) under UV  
688 light absorption with slow degradation rates. However, the artificial light treatment process can  
689 successfully eliminate most EDCs at high concentrations ( $0.7$  to  $2.5 \text{ mg L}^{-1}$ ) with a removal

690 efficiency of 80 – 97 % [3]. Nevertheless, under the indirect influence of H<sub>2</sub>O<sub>2</sub>/UV, the  
691 influence of UV is greater than the typical disinfection practice and the standard UV/AOP  
692 applications [195]. Apart from UV light, gamma radiation also exhibits potential in the  
693 degradation of EDCs through photolysis. Rozsa *et al.* [196] found that photolysis through  
694 gamma radiation successfully transformed atrazine at a concentration of  $1 \times 10^{-4}$  mol L<sup>-1</sup> and  
695  $4.6 \times 10^{-7}$  mol L<sup>-1</sup>. However, gamma radiation requires high maintenance and operation costs.  
696 In addition, further investigations are required to evaluate the residual effects on the  
697 environment. In this regard, comparisons of photolysis are necessary to provide a clear  
698 assessment for selecting an efficient treatment.

#### 699 **4.4. Photocatalysis**

700 Photocatalysis is a photoactivation process that transforms chemicals through the irradiation of  
701 semiconductor metal oxides (as catalysts). Photocatalysis is among the most favored treatments  
702 due to its environmental compatibility [197]. Gopinath *et al.* [198] reported that photocatalytic  
703 oxidation had been demonstrated to be a promising technique because of its nontoxicity,  
704 relatively low cost, lack of mass transfer limitations, chemical stability, and possible operation  
705 at ambient temperatures. To date, various types of photocatalysts have been used for this  
706 treatment process. However, TiO<sub>2</sub> and ZnO are the most frequently used catalysts for  
707 photocatalytic processes in water treatment due to their high photochemical stability and  
708 piezoelectric characteristics [198, 199]. In particular, the application of ZnO exhibits higher  
709 EDC removal efficiency compared with the application of TiO<sub>2</sub>. In principle, the efficiency of  
710 the EDC removal process through photocatalyst treatment depends on process parameters, such  
711 as catalyst dosage, substrate concentration, pH, and photocatalyst modifications [200]. TiO<sub>2</sub>  
712 catalyst will give the best performance compared with other catalysts in term of various design  
713 such as carbonaceous composites [197, 201]. In particular, although a modified approach of  
714 photocatalysis and photosensitized oxidation has been widely studied to enhance the use of  
715 commercial photocatalysts (TiO<sub>2</sub>), the application of photocatalytic technology with TiO<sub>2</sub> to  
716 wastewater treatment has been limited within the wavelength range of radiation ( $\lambda < 388$  nm).  
717 Nevertheless, the photocatalysis process of UV/TiO<sub>2</sub> has completely (100%) eliminated  
718 pharmaceutical compounds in wastewater treatment regardless of this limitation [201]. In this  
719 regard, economic aspects and operational costs are major evaluation points in defining a  
720 suitable photocatalyst approach for wastewater treatment.

#### 721 **4.5. Green catalytic oxidation**

722 Since introduced by Collins in 2002 [202], the applications of iron tetra-amido macrocyclic  
723 ligand (Fe-TAML) green catalysts in oxidation processes have received substantial attention  
724 from many researchers. Fe-TAML functions as a peroxide activator and provides a robust,  
725 broad, and green oxidation process [203]. In practice, the catalytic activation of H<sub>2</sub>O<sub>2</sub> through  
726 Fe-TAML catalysts has significantly contributed to enhancing the oxidation process in water  
727 treatment. Collins *et al.* [204] determined that the slow kinetics of the H<sub>2</sub>O<sub>2</sub> oxidation process  
728 is activated by the Fe-TAML catalyst and results in the complete degradation of water  
729 contaminants. In contrast with other catalysts, Fe-TAML can significantly produce an effective  
730 mild oxidizing condition within a shorter period, i.e., low-concentration usage, neutral pH, and  
731 ambient temperature conditions [202]. In addition, no residual toxicity product is produced  
732 from catalytic oxidation treatment. In practice, Fe-TAML green catalysts have exhibited  
733 effective performance in EDC removal. Wang *et al.* [205] reported that the degradation of

734 natural and synthetic estrogens is rapid, with 95% of the original estrogens degraded after 15  
735 min of treatment. Moreover, the total degradation of phosphorothioate pesticides, such as  
736 fenitrothion, parathion, and chlorpyrifos, by using Fe-TAML/H<sub>2</sub>O<sub>2</sub> oxidation has been  
737 observed [206]. In particular, the high degradation rates of Fe-TAML catalysts are attributed  
738 to the head and tail ligand sections that considerably affect the lifetime and rates of hydrolytic  
739 degradation [204]. Such potential makes a remarkable contribution to the removal of emerging  
740 contaminants in wastewater treatment. Nevertheless, data on the performance of Fe-TAML  
741 catalysts in real WTPs remain limited. In this regard, further investigations are necessary to  
742 develop a successful green oxidation treatment for water and wastewater plants.

## 743 **5. Alternative treatment approached**

744 Combinations of EDC treatment methods have been used to overcome the limitations of single  
745 treatment methods. A variety of treatment methods have been proposed through the integration  
746 of treatments into sequential and hybrid approaches. These methods have successfully reduced  
747 the high concentrations of EDCs and have eliminated the low concentrations of emerging  
748 contaminants in water and wastewater systems. At present, EDC hybrid treatment methods  
749 have been mostly developed through the combination of chemical treatment with physical or  
750 biological treatment methods [207, 208]. In addition, EDC hybrid treatment methods have also  
751 been developed using a combination of physical and biological treatment methods [209-211].  
752 Examples of remediation approaches for EDC removal through the integration of sequential  
753 and hybrid treatments are presented in Table 2.

754 Sequential treatment approaches for EDCs integrate treatment in accordance with the  
755 categories, followed by another treatment. As indicated in **Table 2**, two types of physical  
756 treatment methods are integrated to improve EDC removal performance. UF treatments are  
757 mostly considered to combine with other physical treatments, such as adsorption treatment  
758 methods (AC and CNT). Li *et al.* [212] reported that the removal rate of EE2 increased  
759 dramatically from 7.01% to 80.03% by using a PAC/UF hybrid process compared with a  
760 single UF treatment, as shown in **Figure 7**. Constructed wetland models have also been  
761 developed for sequential treatment to increase removal efficiency for EDCs [213, 214]. The  
762 integration of advanced chemical processes through photocatalysis and ozonation [O<sub>3</sub>/TiO<sub>2</sub>/  
763 Fe(III)/UV] has successfully eliminated high BPA concentrations (100 µg/L) in water.  
764 Alternatively, the integration of similar treatment processes is suitable for implementation in  
765 pre-treatment and post-treatment systems.

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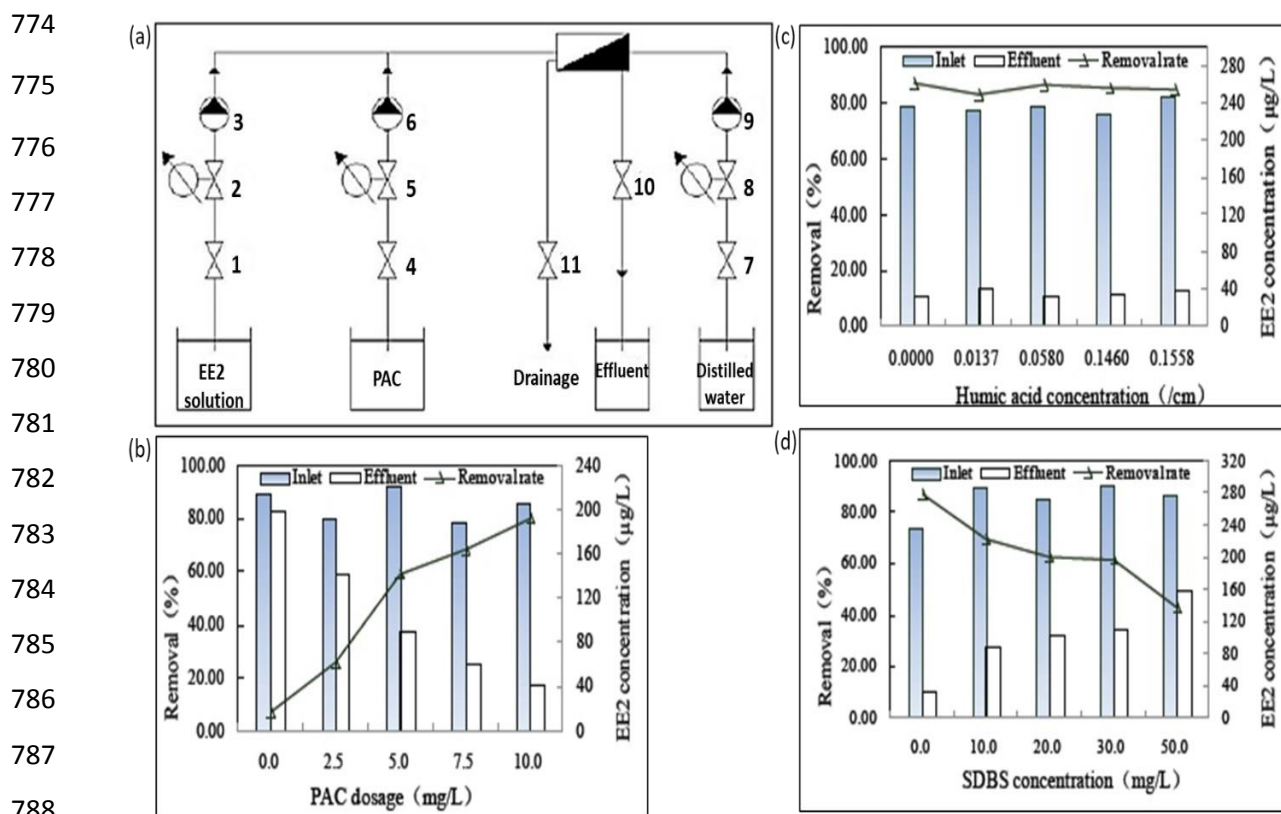
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789 **Figure 7.** (a) Schematic diagram of the PAC/UF system: (1) valve, (2) pressure gauge, (3) pump, (4) valve, (5) pressure gauge, (6) pump, (7) valve, (8) pressure gauge, (9) pump, (10) valve, (11) valve. (b) Effect of PAC dosage, (c) Effect of natural organic matter (NOM), (d) Effect of anionic synthetic detergent on the removal efficiency of EE2 [212].  
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794 Meanwhile, hybrid treatment processes combine two or more treatments and formulate  
795 efficient removal strategies for EDCs. Oxidation chemical-based treatment processes, such as  
796 ozonation, have been combined with other physical and biological treatment processes.  
797 Combinations include ozonation with GAC, BAC, biofiltration, and anaerobic treatment  
798 [112, 215, 216]. In addition, other chemical oxidation-based treatments, such as  
799 photocatalysis, photo-Fenton, and electrochemical oxidation, have also been combined with  
800 physical-based treatment processes [217-219]. These hybrid treatment processes have  
801 successfully eliminated emerging contaminants at high concentrations of up to 200 μg/L.  
802 Eliminations are comparative depending on the types of EDCs removed.

803 Meanwhile, MBR-based hybrid treatments are effective for eliminating large amounts of  
804 EDC compounds in water and wastewater systems. A few studies have applied hybrid MBR  
805 processes, followed by functionalized biochar, GAC, RO, NF, and UF; these processes have  
806 successfully eliminated most EDCs in wastewater samples [220]. For example, 500 μg/L of  
807 EDC compounds (E1, E2, EE2, E3, BPA and 4-tert-butylphenol) are completely eliminated  
808 through the hybrid treatment of MBR with fBC [221]. Nghiem *et al.* [222] also reported the  
809 GAC post-treatment was observed to significantly complement MBR treatments to obtain  
810 high overall removal efficiencies of less hydrophobic and biologically persistent trace  
811 organics. The BPA contaminants found more effectively removed through the hybrid  
812 ozonation-based treatment. The hybrid ozonation treatment with adsorption and  
813 catalytic ozonation has successfully recorded high removal of BPA [223]. Hooper *et al.*  
[224] observed approximately

814 15% blend of advanced treated reclaimed water met potable water quality criteria. They  
 815 conducted the ozonation treatments without the use of RO, where nitrate is below the MCL of  
 816 10 mg nitrogen per liter, and total dissolved solids are below the SMCL of 500 mg per liter.  
 817 Overall, the performance in removing EDC contaminants is improved through the MBR and  
 818 hybrid ozonation-based treatment system. Meanwhile, an AOP exhibits better removal  
 819 performance as a hybrid-based treatment.

820 **Table 2.** EDC removal by integrated sequential and hybrid treatment methods.

Specification	Treatment types	Target compounds	Influent Concentration (% removal)	Ref.
Sequential treatment	Activated Carbon with Ultrafiltration (PAC/ UF)	17 $\alpha$ -ethynylestradiol (EE2)	200 $\mu$ g/L (80 %)	[212]
	Constructed Wetlands (VFCWs / HFCWs / FWCWs)	Triclosan	0.15 $\mu$ g/L (79 %)	[208]
	Oxidation, ozonation-electrodegradation	Nonylphenol	50 ppm (70%)	[208]
Chemical/Physical hybrid treatment	Adsorption and catalytic ozonation (MWCNTs/Fe <sub>3</sub> O <sub>4</sub> )	BPA	25 to 75 ppm (98%)	[207]
	Fenton and Phanerochaete chrysosporium	BPA	1 g/L (58.23%)	[171]
	Constructed wetlands: Effective plant-bacteria	Pharmaceuticals	17.52 $\mu$ M (66%)	[146]
	Fenton and GAC	Carbamazepine	8.5 g/L (49.39 $\pm$ 0.93%)	[176]
	UV/H <sub>2</sub> O <sub>2</sub>	Nonylphenol deca-ethoxylate	100 mg/L (99%)	[218]
Chemical/Biological hybrid treatment	Multi-stage biofiltration	PPCPs	Not mentioned (79%)	[55]
	Biological treatment and photo-fenton	Pharmaceuticals	(80-95%)	[183]



Biological/Physical hybrid treatment	MBR and UF	E2, E3, BPA, Triclosan	5 µg/L (99.5%, 98.3%, 98.6%, 99.2%)	[209]
	MBR and NF	17β-estradiol-17-acetate, 4-tert-butylphenol, Triclosan	5 µg/L (99.3%, 95.7%, 98.7%)	[209]
	MBR and RO	E1, E2, 17β-estradiol-17-acetate, 4-n-nonylphenol, Triclosan	5 µg/L (99.4%, 99.6%, 100%, 100%, 99.2%)	[209]
	MBR and GAC	E1, E2, EE2, E3, BPA, 4-n-nonylphenol, 4-tert-butylphenol, Triclosan, Ibuprofen Diclofenac	5 µg/L (100%)	[209]

821

## 822 6. Challenges and potentials

823 The effects of EDC on health and environmental issues have raised public concern due to  
824 their active capabilities at trace levels. The trace levels of EDC require accurate and sensitive  
825 quantification and detection for the broad determination of EDC in environmental matrices  
826 [225]. Interestingly, various interferences of EDC sources can form new and unknown  
827 emerging contaminants that can continuously expand [226]. The degradation of EDC  
828 compounds can extensively lead to the formation of various matrices of by-products [33]. At  
829 present, more studies should explore the effects of existing contaminants on the formation of  
830 intermediate reactions in water and wastewater treatment systems. In addition, the optimum  
831 process parameters, reaction mechanisms, and removal kinetics of the treated samples should  
832 be studied to ensure performance efficiency.

833 In the biological treatment method, the factor of suitability, capacity, reliability, and safety  
834 of using this biological water treatment technology is commonly raised [227]. Besides, the  
835 uncontrolled growth of microorganisms during the treatment process could also affect the  
836 process stability in term of cleanliness and material durability [228]. As reported by Abu  
837 Hassan *et al.* [227] the selectivity of microorganisms towards specific contaminants could  
838 overcome the inadequacy of the water treatment. To be precise, the biological treatment method  
839 requires full monitoring of the living organism applied. As the process started, the changes in  
840 microbial communities and operating condition will affect the performances of treated water  
841 quality. Therefore, the process sensitivity and stability of biological treatment are highly  
842 requiring a segregation of microbial community that meet the specific treatment condition of  
843 EDC removal.

844 Meanwhile, physical treatment methods have been extensively used in EDC treatment  
845 processes, particularly for drinking water treatment. The applications of adsorption treatments

846 in the removal of EDC are expanding with a variety of adsorbent materials. The effectiveness  
847 of AC and CNT are comparable with the effectiveness of other adsorbent materials, such as  
848 cellulose and graphite. However, the current study is mainly focused on the batch system  
849 adsorption approached. The evaluation for continuous scale implementation is still limited.  
850 Besides, the membrane filtration that shows the effectiveness is limited to a few membranes  
851 such as RO, NF, or UF[44]. The study of membrane filtration is still limited under the  
852 selected number of compounds and process condition.

853 In addition, Hybrid MBR treatments have resulted in the considerable removal of EDC in  
854 water and wastewater samples. AOP of chemical treatments are found to be the effective  
855 method for EDC removal. The application of chemical oxidation methods, such as ozonation,  
856 UV photocatalysis, and photo-Fenton processes, has been found to be the best EDC removal  
857 process for most PPCPs compounds. However, the potentials of AOP and chemical  
858 treatments remain open to be studied. A substantial consideration should be taken in  
859 identifying an effective treatment process that contributes efficiently. Besides, a more  
860 advanced oxidation approached should be extensively studied in real industrial-scale  
861 applications.

862 As a matter of fact, optimum and standard EDC treatment methods have not been well  
863 established in providing the solutions for the clean and safe conditions of water and  
864 wastewater systems. The formidable challenge begins with the identification of  
865 reliable analytical techniques and EDC treatment that cover complex environmental  
866 samples. In addition, the different conditions of various WWTPs, STPs, and drinking water  
867 treatment plants (DWTPs) require specific operational protocols. Therefore, the  
868 tremendous challenges when moving toward EDC remediation initiatives have resulted in  
869 the exploration of a wide potential scope to identify the improvements for EDC removal.

870 In principle, an actual treatment solution for the removal of specific EDC should  
871 be explored by integrating and optimizing advanced physical, chemical, and biological  
872 treatment methods. The exploration and investigation of each advanced treatment process are  
873 necessary to determine unknown potential limitations. The route of EDC treatment is  
874 potentially exploring the importance of reproducibility efficiency toward a green  
875 environment. In addition, the most important aspect that potential to be focused on is the  
876 effectiveness of reducing the effects of treated EDC samples on humans and other living  
877 organisms. The establishment of specific treatment mechanisms is highly valuable in  
878 relation to human health and living organisms' importance.

## 879 **7. Conclusions**

880 EDC has been proven to pose various potential threats to the environment and to living  
881 organisms. Given the various concentrations and complexity of EDC compounds, the  
882 treatment of EDC contaminants requires accurate and appropriate sampling, determination,  
883 extraction, quantification, storage, and preservation procedures. In some cases, each EDC  
884 contaminant has different treatment procedures. The appropriate selectivity of the  
885 treatment method that matched with EDC characteristics is essential to ensure the  
886 accuracy and efficiency of the treatment process. In practice, the hybrid treatment method  
887 through treatments combination is the most viable approach in eliminating various types  
888 of EDC. Besides, the AOP show promising performance for application in the water  
treatment plant. Nevertheless, the

889 disadvantages of other available treatment are not limiting the application for water and  
890 wastewater treatment. A continuous improvement of the limitations could extend the EDC  
891 treatment and removal implementation's performance and applicability.

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893 No data, models, or code were generated or used during the study.

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