

Elsevier required licence: © <2023>. This manuscript version is made available under the CC-BY-NC-ND 4.0 license <http://creativecommons.org/licenses/by-nc-nd/4.0/>
The definitive publisher version is available online at <https://doi.org/10.1016/j.compgeo.2022.105105>

DEM study on the dynamic responses of a ballasted track under moving loading

Jing Chen^{a,b}, Jayan S. Vinod^{b,*}, Buddhima Indraratna^c, Trung Ngo^c, Yangzeping Liu^a

^a*School of Civil Engineering, Wuhan University, Wuhan 430072, China*

^b*Faculty of Engineering and Information Sciences, University of Wollongong, Wollongong City, NSW 2522, Australia*

^c*Transport Research Centre, Faculty of Engineering and Information Technology, University of Technology Sydney, Sydney, NSW 2007, Australia*

ABSTRACT: This paper presents the discrete element modeling of the dynamic response of a ballasted track under moving loads. The DEM model, consisting of sleepers, ballast, and sub-ballast, has been calibrated using field and laboratory data. This model was further used to examine the dynamic responses of the ballasted track subjected to a series of moving traffic loading representing various train axle loads and speeds. The results show that the permanent settlement of the sleeper, the breakage of ballast, and the dynamic stresses in the track substructure increase with an increase in train axle load and speed. As the train moves, the magnitudes of dynamic stresses and the orientations of principal stress axes in the track change continuously, and a more pronounced principal stress rotation is observed at sleeper edges than those underneath sleepers. The capping layer is found to play a critical role in reducing train-induced stress and further alleviating the disturbance from the trains to the subgrade. The interparticle contacts and the vibration of ballast during the movement of the train including the influences of train axle load and speed on the dynamic responses of ballasted railway tracks are captured and analyzed from a micromechanical perspective.

Keywords: Ballast breakage; Sleeper settlement; Moving loading; Discrete element method; Principal stress rotation

1. Introduction

The ballasted track is a traditional form of railway structure commonly used worldwide due to its low construction cost and high adaptability to the environment. As the main substructure components of the track, ballast and sub-ballast provide a stable platform for the superstructure (sleepers, fasteners,

*Corresponding author

Email address: vinod@uow.edu.au (Jayan S. Vinod)

26 and rails) and help distribute the induced high-level trainload to the underlying soil subgrade
27 (Indraratna et al., 2011; Selig and Waters, 1994). With the increasing use of faster and heavier trains in
28 recent decades, track-related problems such as differential settlements or ballast fouling have become
29 increasingly prominent. Consequently, these issues not only increase high maintenance costs for
30 ballasted railways but also pose significant threats to the stability and operation safety of railway tracks.
31 Understanding the dynamic responses of ballasted tracks under actual train loading conditions is vital
32 for securing the long-term viability of the tracks and ensuring the sustainability of the railway system.

33 There have been numerous laboratory studies to investigate the mechanical behavior of ballast
34 using direct shear tests (Huang et al., 2009; Indraratna et al., 2014; Jing et al., 2020), cyclic triaxial
35 tests (Bian et al., 2016; Qian et al., 2015), and cubical box tests (Indraratna et al., 2013; McDowell et
36 al., 2005). Through these experimental approaches, the mechanical properties and responses of ballast
37 aggregates (i.e., shear stress-strain behavior) under predetermined loading conditions can be
38 fundamentally understood. However, most of the applied loads in laboratory tests were simplified to
39 either monotonic loads or sinusoidal cyclic loads, which are somehow different from the actual moving
40 loads encountered in the typical ballasted bed. Field studies (Zhang et al., 2017; Zhao et al., 2021) have
41 indicated that the dynamic stress generated by one single bogie at the sleeper-ballast interface is usually
42 in the complex ‘M’ shape, and this ‘M’ shaped stress pulse has been reported to significantly affect the
43 responses of rail tracks. In addition, ballast aggregates in most of the existing studies were statically
44 loaded, which runs counter to the successively moving traffic loads in actual railways. The moving
45 load would continuously rotate the principal stress axes and change the stress states in track layers. It
46 has been proven that the principal stress rotation (PSR) could significantly affect the responses of
47 aggregates, such as their permanent deformation, shear stiffness, non-coaxiality (Cai et al., 2008a,
48 2008b; Gräbe and Clayton, 2009; Qian et al., 2019).

49 There have been various studies to investigate the detrimental effect of the moving load on the
50 deformation of the ballasted track using full-scale railway model testing facilities (Aursudkij et al.,
51 2009; Momoya et al., 2005). Numerical studies were also carried out using the traditional Finite
52 Element Method (FEM) to investigate the impact of various influencing factors including the modulus
53 and thicknesses of track substructure layers, the amplitude of train moving loads, and the train speed
54 on the dynamic response of ballasted railway track-ground systems (Sayeed and Shahin, 2022). (Zhao
55 et al., 2021) performed a series of FEM analyses and numerically explored the moving load effect on
56 subgrade soil in railway tracks. (Malisetty et al., 2020; Punetha and Nimbalkar, 2022) have adopted
57 mathematical approaches to study the effect of PSR on the track response. However, most of the
58 existing laboratory testing and numerical analysis are restrained to the exploration of the macroscopic
59 performance of subgrade soils, whereas the dynamic response of ballast aggregates under moving train
60 loading needs to be investigated from the particulate scale.

61 Over the past decades, various analytical methods within the framework of non-continuum
62 mechanics have been proposed and developed to examine the behavior of discontinuous ballast
63 aggregates, among which the discrete element modeling (DEM) pioneered by (Cundall and Strack,
64 1979) has been widely adopted by railway researchers (Chen et al., 2022; Liu et al., 2019; McDowell
65 and Li, 2016; Ngo and Indraratna, 2020). By using the DEM, (Bian et al., 2020) presented a ballasted
66 track model to study the effect of principal stress rotation (PSR) on track settlement. (Feng et al., 2019)
67 created a full-scale DEM model equipped with ballast aggregates and eight crossties, and investigated
68 the transient particle moving tendencies in ballast layer during train moving. In conventional DEM
69 applications, physical objects are normally simulated as rigid elements that cannot be able to produce
70 any elastic deformation or degradation.

71 To overcome the abovementioned problems, some coupled numerical methods that combine the

72 advantages of continuum-based methods such as the finite element method (FEM) with the DEM have
73 been developed. (Munjiza, 2004) proposed the combined finite-discrete element method (FDEM), and
74 it has been successfully applied to study the fracture and fragmentation of rockfill materials. However,
75 owing to the large computational resources required for solving the global matrices and parallel
76 computing, the FDEM is mostly used for the quasi-static analysis of individual particles or assemblies
77 containing a limited number of grains. (Sakaguchi, 2004) developed the quadruple discrete element
78 method (QDEM) as an alternative approach to the FDEM with its superiority in high-efficient
79 parallelization to capture the long-term analysis of multi-body structures. (Nishiura et al., 2017, 2018)
80 investigated the characteristics of frequency vibration for ballasted tracks under cyclic loading using
81 QDEM. Although these FEM-based analytical methods can be used to evaluate the dynamic
82 phenomena for elastic/viscoelastic geomaterials, such as elastic deformation, natural vibration, and
83 wave propagation, their application in the long-term dynamic response analysis of ballasted track is
84 still limited due to the high requirements in parallel computing. Hence, there still exist some
85 insufficiencies in studies on the related topics. First and foremost, the degradation (breakage) of ballast
86 aggregate and its influence on the settlement of superstructures (sleepers) are not investigated. Besides,
87 the degradation and deformation of the ballast layer under moving loading conditions (varied train
88 speeds and axle loads) are not explored. Moreover, the fundamental mechanism of dynamic aggregate-
89 superstructure interaction for railway infrastructure remains unknown and requires to be understood
90 from a microscopic perspective.

91 Considering the abovementioned inadequacies in these approaches, a series of numerical
92 simulations are carried out using the DEM to examine the dynamic responses of ballasted tracks under
93 moving traffic loading. The sleeper settlement, the ballast degradation, and the dynamic stress
94 distribution of ballast beds subjected to various traffic loading with different axle loads and speeds are

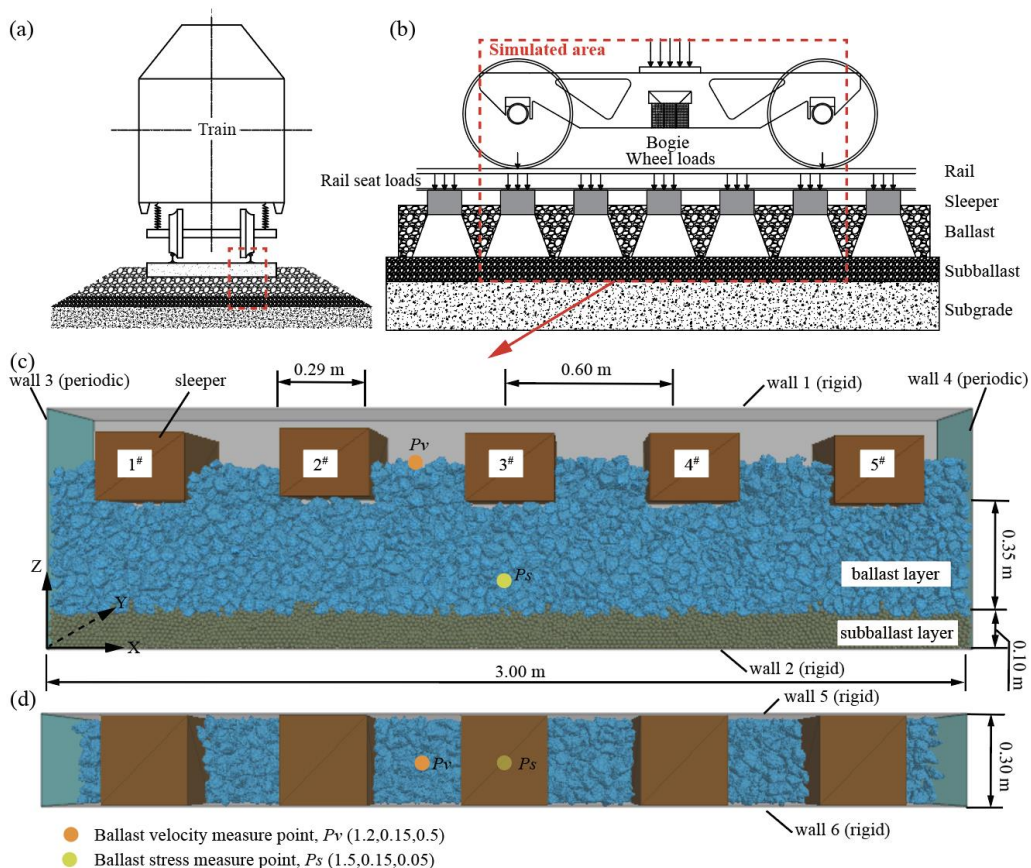
95 captured and analyzed. In-depth microscopic analysis is also provided from a particulate scale in terms
 96 of interparticle contact and ballast vibration velocity of ballasted tracks during train passage.

97

98 2. Discrete Element Modeling of Ballast Track

99 2.1 Modeling of ballasted track beds

100 A traditional ballasted track system typically consists of the following components: (a) steel rail
 101 and fastening system, (b) sleepers or ties, (c) ballast aggregates, (d) capping layer (sub-ballast), and (e)
 102 subgrade, as shown in Fig. 1(a) and Fig. 1(b).



103

104 Fig. 1. Track structure: (a) transverse direction; (b) longitudinal direction; and images of the current

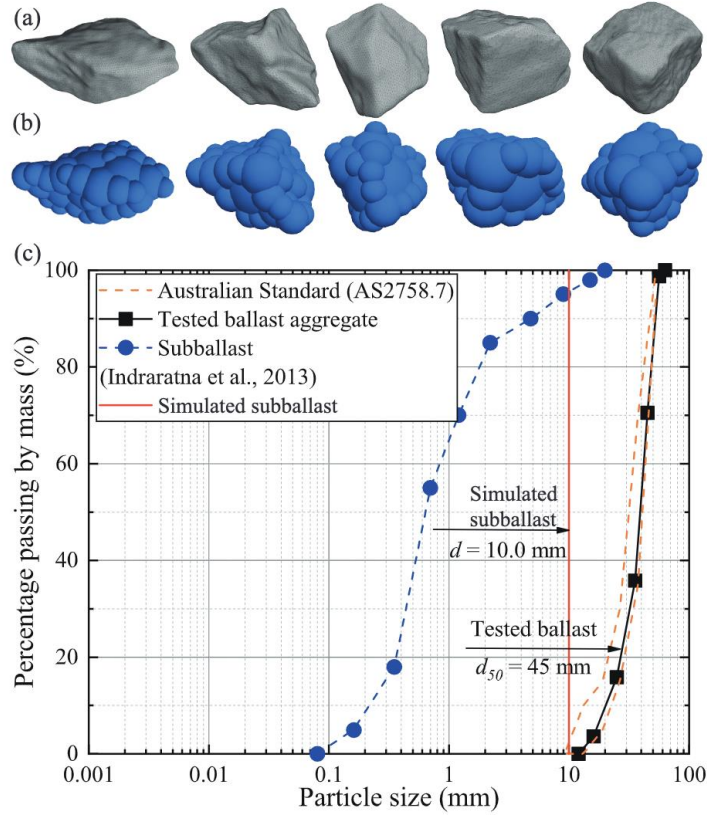
105 DEM model: (c) front view; and (d) top view

106 The wheel load is transferred from rails to sleepers and then distributed to ballast and underlying

107 substructure layers. Normally, one single axle load is supported by about five sleepers as reported by
108 (Liu et al., 2017) in their field measurements. To represent the minimum representative volume element
109 (RVE) for typical ballasted track beds, a DEM model containing five sleepers, ballast, and a sub-ballast
110 layer is simulated in this study, as shown in Fig. 1(c) and Fig. 1(d). The model dimensions are 3.0 m in
111 length and 0.3 m in width. It should be noted that the typical length of sleepers for a standard gauge
112 track in Australia is about 2.4 m – 2.6 m. By exploiting double symmetry (Indraratna et al., 2011)
113 suggested that the model transverse dimension along sleeper length is expected to be at least 0.80 m to
114 avoid the track boundary effect. However, only 0.30 m in the transverse direction is simulated in the
115 current DEM model considering computational efficiency. Owing to the simplification of the transverse
116 configuration of the track bed, the influence of side slope and shoulder ballast on the dynamic response
117 of ballasted track shown in Fig. 1(a) is not considered in this study, and the associated impacts will be
118 discussed in later sections. Five sleepers with a cross-section of 0.29 m (wide) \times 0.22 m (high) are
119 placed at a spacing of 0.60 m and modeled by rigid wall elements in Particle Flow Code 3D (PFC3D).
120 Underlying sleepers lie a 0.35 m-thick ballast layer and a 0.10 m-thick sub-ballast layer, which are
121 identical to that in most ballasted tracks worldwide. To simulate the angularity and irregular
122 morphologies of ballast aggregates, an image-aided process (Chen et al., 2019) was adopted to recreate
123 rigid ballast clumps in the PFC3D. Fig. 2(a) and Fig. 2(b) show the polygonal meshes and the
124 corresponding clumps of five typical ballast particles used in the current DEM analysis. The irregular
125 shapes and angularities of ballast particles are well captured and simulated by clumps having different
126 sizes and shapes. The particle size distribution (PSD) of ballast aggregates follows the Australian
127 Standard AS 2758.7 (2015), as shown in Fig. 2(c). The particle size of the sub-ballast is normally in
128 the range of 0.1 mm to 10 mm in real tracks as shown in Fig. 2(c). However, the computational
129 resources required will be significant if there are excessively small-sized particles in the model, leading

130 to an unacceptable simulation time. Therefore, in the current DEM analysis, the sub-ballast is scaled
131 up and simulated by simple spheres with diameters of 10 mm. The model boundaries are simulated by
132 rigid walls, while the two walls perpendicular to the train moving (i.e., walls 3 and 4) are periodic to
133 represent the plane strain condition of the track.

134 The linear contact model is adopted for contact among particles and the required micromechanical
135 parameters are listed in Table 1. The contact stiffnesses for particles and sleepers were determined by
136 trial and error based on the published research (Bian et al., 2020; Indraratna et al., 2014; Li et al., 2021).
137 For any DEM modeling, the parameter calibration of the contact model is always a complex process.
138 When selecting the parameters for the contact model, it is necessary to balance all aspects, from
139 macroscopic (deformation) to microscopic (stress or interparticle contact forces) responses, as well as
140 the computational costs. Therefore, the contact model parameters were set by trial and error by referring
141 to the study carried out on ballast at the REV level by (Chen et al., 2022). It should also be noted that
142 wave propagation and energy accumulation are critical and inevitable problems for any FEM-based or
143 DEM-based dynamic analysis. In the current DEM analysis, the energy dissipation is achieved by the
144 manner of interparticle friction and global damping. The friction coefficients for ballast, subballast,
145 and walls are 0.7, 0.5, and 0.1, respectively, and a damping coefficient with a value of 0.7 is adopted
146 to avoid the non-physical oscillation of small-sized ballast grains and for system stability.



147

148 Fig. 2. Library of ballast particles: (a) polygonal meshes of ballast particles; (b) simulated rigid ballast

149 clumps; and (c) particle size distributions in the DEM model

150

Table 1: Micromechanical parameters adopted for DEM simulation

| Parameters | Values |
|--|---|
| Particle density (kg/m^3) | 2700 (ballast/sub-ballast) |
| Contact stiffness for ballast, k_{nb} , k_{sb} (N/m) | 1.3×10^7 |
| Contact stiffness for sub-ballast, k_{nsb} , k_{ssb} (N/m) | 5.0×10^6 |
| Contact stiffness for walls, k_{nw} , k_{sw} (N/m) | 1.7×10^7 |
| Contact stiffness for sleepers, k_{ns} , k_{ss} (N/m) | 2.1×10^7 |
| Friction coefficient μ_b , μ_{sb} and μ_w | 0.7 (ballast)/ 0.5 (sub-ballast)/ 0.1 (walls) |
| Local damping | 0.7 |
| Critical characteristic strength, σ_c (MPa) | 10.0 |
| Critical characteristic diameter, d_c (mm) | 18.0 |
| Pebble size scaling factor, α | 0.5 |
| Weibull modulus, m | 3.4 |

151

2.2 Modeling of ballast breakage using the DEM

Upon repeated loading, it is inevitable for ballast to degrade or even split into smaller pieces, which has been investigated as primary causes of many associated problems in railways, including the differential settlement, ballast fouling, and impeded track drainage. It is reported that the predominant degradation pattern of ballast is corner breakage, although the bulk fracture of particles could be observed under high-frequency loading conditions (Sun et al., 2014). In this study, a DEM-based particle degradation subroutine developed by (Chen et al., 2022) is adopted and incorporated into the current DEM model to capture the breakage of ballast particles during train moving. Fig. 3 shows the schematic diagram of the particle degradation subroutine and algorithm that are consisted of three main modules. The degradation subroutine has been successfully implemented and validated earlier by (Chen et al., 2022; Liu et al., 2021), and the fundamental algorithm of the developed modules is briefly presented here.

- **Module 1: Potential abrasion pebble detection**

The developed particle degradation subroutine begins with detecting potential pebbles in the model that are vulnerable to abrasion and breakage during loading. All pebbles that locate on the outer contours of ballast clumps are searched and pebbles whose radii (R_p) are smaller than a radius threshold (R_c^i) are labeled as potential pebbles. The radius threshold is introduced to control the sizes of selected potential pebbles so that ballast breakage is in the pattern of corner abrasion rather than bulk fracture. It is assumed that once a particle is broken, the chance to get further breakage is significantly reduced, as the particle becomes less angular or more rounded. In this regard, the adoption of a radius threshold could prevent ballast particles from abrading limitlessly. In the current DEM study, the radius threshold (R_c^i) of a clump i is proportional to the size of the largest pebble (R_{max}^i) in the clump, as given by:

174
$$R_c^i = f_p \times R_{max}^i \quad (1)$$

175 where, f_p is the potential pebble radius threshold coefficient and is selected as 0.5.

176 ● **Module 2: Contact force assessment**

177 **Module 2** is developed for assessing particle breakage for which the maximum contact force
 178 failure criterion considering the Weibull strength law and particle size effect is adopted using:

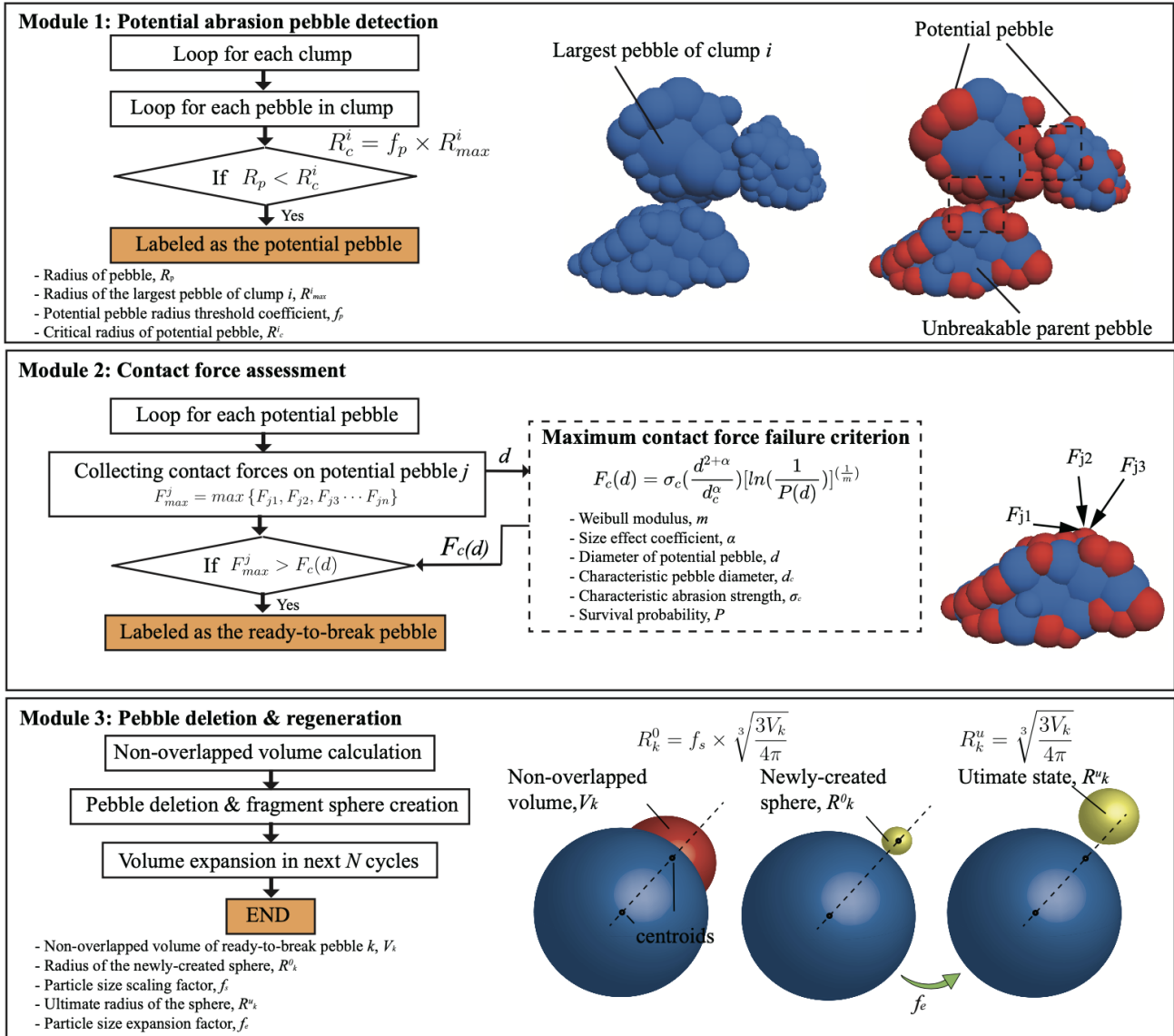
179
$$F_c(d) = \sigma_c \left(\frac{d^{2+\alpha}}{d_c^\alpha} \right) \left[\ln \left(\frac{1}{P(d)} \right) \right]^{\left(\frac{1}{m} \right)} \quad (2)$$

180 where, $F_c(d)$ and $P(d)$ are the critical strength and the 37% survival probability for a potential
 181 pebble with a diameter of d ; m is the Weibull modulus; d_c and σ_c are the characteristic diameter
 182 and the characteristic strength, which are determined via parameter calibrations. The $P(d)$ is
 183 randomly generated by ‘math.random’ command (written in FISH language) with the value uniformly
 184 ranging from 0 to 1. The contact forces acting on the potential pebble are captured and compared with
 185 its critical strength $F_c(d)$, and the pebble is further labeled as ready-to-break if the $F_c(d)$ is exceeded
 186 by the maximum contact forces (F_{max}^j) acting on it.

187 ● **Module 3: Pebble deletion & regeneration**

188 All the ready-to-break pebbles detected by **Module 2** will be automatically removed from their
 189 parent clumps to denote the corner abrasion (breakage), and newly created spheres (R_k^0) are then
 190 generated to simulate the broken fragments. To avoid applying extra forces on neighboring particles,
 191 the size of the newly created fragment sphere is scaled down by a factor of f_s with its position tangent
 192 to the parent clump as shown in Fig. 3. Subsequently, the sphere is linearly expanded by a factor of f_e
 193 to retain the mass conservation of the DEM model within a given expansion cycle (N). In the current
 194 DEM analysis, the value of N is selected as $N = 50$ to avoid the instability of the model while
 195 maintaining the mass conservation. More details on the modeling of ballast breakage using the DEM

196 can be found by (Liu et al., 2021; Chen et al., 2022).



197

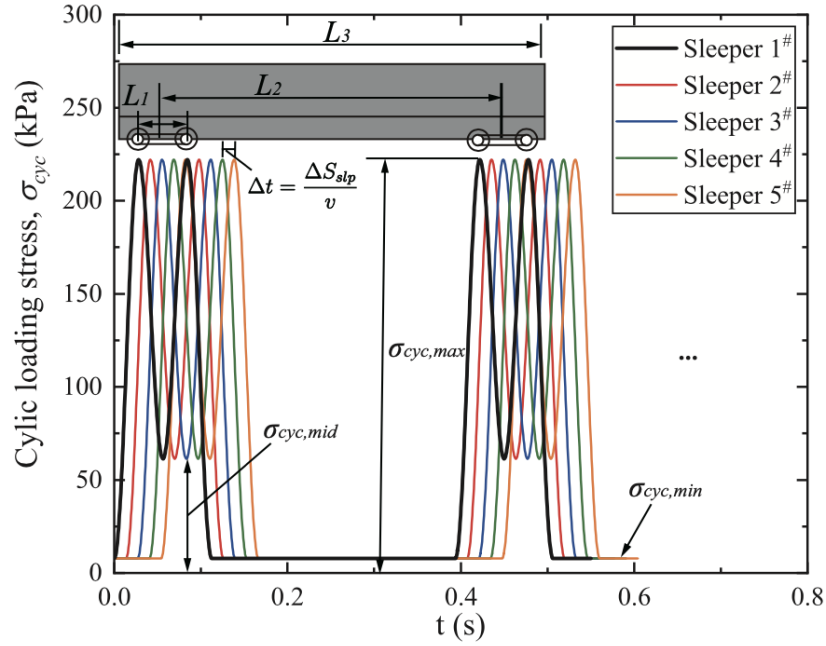
198 Fig. 3. Schematic diagram of ballast degradation model adopted in the DEM analysis

199

200 **2.3 Modeling of moving traffic loading**

201 To accurately capture the dynamic responses of the ballasted track under moving train loading, an
 202 ‘M-shaped’ stress loading pulse (Fig. 4) is simulated based on the existing vehicle-track coupled
 203 dynamic theory (Zhai, 2019). It is well known that the dynamic pressure exerted by sleepers on the
 204 underlying ballast depends on various factors, such as train speed, wheel load, wheel diameter, vehicle
 205 geometry, and overall track alignments (Esveld, 2001; Indraratna and Ngo, 2018). Nevertheless, the

206 influence of the conditions of superstructures (i.e., wheel imperfection or rail abnormalities) and the
 207 properties of underlying ballast (i.e., the degradation of ballast) is not considered in this study, and the
 208 spectrum of the applied ‘M-shaped’ load for each loading scenario stayed constant during the entire
 209 simulation process. Within the scope of this DEM study, a set of properties for determining the moving
 210 train loading are selected and summarized in Table 2.



211
 212 Fig. 4. Patterns of the ‘M-shaped’ traffic loadings applied onto different sleepers

213 Table 2: Properties of trains and track structures used in DEM simulation

| Parameters | Values | Units |
|------------------------------------|--------|-------|
| Rail mass per meter, M_R | 60 | kg/m |
| Sleeper spacing, d_s | 0.6 | m |
| Sleeper width, B_s | 0.29 | m |
| Sleeper length, L_s | 2.5 | m |
| Wheel diameter, D_w | 0.97 | m |
| Wheel distance of one bogie, L_1 | 2.5 | m |
| Bogie distance of one wagon, L_2 | 17.5 | m |
| Wagon length, L_3 | 25.5 | m |

214 Before calculating the sleeper/ballast contact pressure, the dynamic wheel load (P_d) as well the
 215 rail seat load (q_r) needs to be determined. The minimum rail seat load ($q_{r,min}$) is obtained when the
 216 track is not loaded, at which the rail seat load is mainly induced by the self-weight of fasteners and
 217 rails. Considering that the fasteners and rails on one side of the track with total masses (M_r) of 60 kg
 218 per meter are supported by concrete sleepers with base dimensions of 2.5 m (long)× 0.29 m (wide) at
 219 spacing distances (d_s) of 0.6 m, the equivalent minimum rail seat load is calculated as given by:

$$220 \quad q_{r,min} = \frac{2M_r d_s g}{B_s \times L_s} \quad (3)$$

221 where, B_s and L_s are the width and the length of sleepers, respectively; g is the gravity unit.
 222 According to the AREA (1974), the maximum rail seat load ($q_{r,max}$) is related to the dynamic wheel
 223 load (P_d) as given by:

$$224 \quad q_{r,max} = D_f \times P_d \quad (4)$$

225 where, D_f is the distribution factor depending on the sleeper spacings and the type of sleeper.
 226 Assuming that a wheel is acting above sleeper 3[#] (Fig. 1(c)), this wheel load will be supported by its
 227 neighboring five sleepers according to AREA (1974), distributing 10% on sleeper 1[#] and 5[#],
 228 respectively; 20% on sleeper 2[#] and 4[#], respectively; and 40% on sleeper 3[#]. Therefore, the distribution
 229 factor D_f for calculating the maximum rail seat load is set to be $D_f = 0.4$. The dynamic wheel load
 230 (P_d) is a function of the static wheel load (P_s) and the impact factor IF and it is calculated by:

$$231 \quad P_d = IF \times P_s \quad (5)$$

$$232 \quad IF = 1 + 5.21 \times 10^{-3} \frac{v}{D_w} \quad (6)$$

233 where, v is the train speed (km/h), D_w is the wheel diameter ($D_w = 0.97$ m). By using Eq. 4~Eq. 6,
 234 the maximum rail seat load generated by wagons of different axle loads can be determined by
 235 considering the effect of train speed. Based on the field observations by (Liu et al., 2017), the rail seat
 236 load imparted on sleepers is not completely removed after the first wheel of the bogie leaves and before

237 the second wheel approaches, and it is about 0.25 times the maximum rail seat load that the sleeper
238 ever experiences. Therefore, the medium rail seat load ($q_{r,mid}$) when the bogie center moves above the
239 sleeper is determined as:

$$240 \quad q_{r,mid} = 0.25q_{r,max} \quad (7)$$

241 The rail seat load is then used to determine the contact pressure at the sleeper and ballast interface
242 (σ_{cyc}), which is considered as the loading stresses applied onto ballast in the current DEM simulation.
243 It is noted that the contribution of sleeper weight to contact pressure is neglected. A common approach
244 for calculating the σ_{cyc} is to assume a uniform distribution of the q_r over an effective contact area
245 of the sleeper, as given by:

$$246 \quad \sigma_{cyc} = \left(\frac{q_r}{B_s L_e} \right) F_2 \quad (8)$$

247 where, L_e is the effective length of the sleeper and is assumed to be one-third of the total sleeper
248 length by exploiting the double symmetry theory; F_2 is a safe factor depending on the sleeper type
249 and track maintenance (Esveld, 1989; Indraratna and Ngo, 2018), and it is given as $F_2 = 2.0$ in this
250 study. The distances between two wheels of one bogie (L_1), the distances between centers of two bogies
251 of one wagon (L_2), and the total length of the wagon (L_3) used in the current DEM simulation are
252 presented in Table 2. Based on these parameters, frequencies of the applied moving train loading can
253 be determined accordingly for various train speeds. In this study, the dynamic responses of the ballasted
254 bed are analyzed under different magnitudes of train axle loads (i.e., 17, 20, and 25 tonnes) and train
255 speeds (i.e., 60, 90, 120, and 150 km/h) to represent various loading conditions in real tracks. It is noted
256 that violent vibration of superstructures (rails and sleepers) and underlying ballast can occur in actual
257 tracks under high-speeding loading scenarios. Therefore, the train speeds in the current study are
258 limited to low and medium levels, with the maximum speed not exceeding 150 km/h. Only five train
259 carriages are applied in each loading scenario owing to the large computing expense.

260 In the existing research on the dynamic responses of ballasted tracks, there are two mainstream
261 methods to simulate the moving wheel load generated by the passing carriages. The first one is to move
262 an actual loading wheel back and forth directly in the test equipment, with the traveling speed of the
263 wheel being controlled by a servo motor (Momoya et al., 2005; Ishikawa and Miura, 2015). An
264 alternative way is to load the adjacent sleepers at a fixed phase difference via a series of hydraulic
265 actuators attached to each sleeper (Aursudkij et al., 2009; Bian et al., 2020; Li et al., 2021). Although
266 the former method is more direct and can consider the impact of the wheel rolling more explicitly, the
267 speed of the loading wheel was restrained (e.g., 600 mm/min and 84 mm/min adopted by (Momoya et
268 al., 2005, Ishikawa and Miura, 2015), respectively) owing to the limited capacity of the servo motor
269 (or the equipment). Therefore, to simulate the fast-traveling moving loads, the time-delayed method
270 was adopted in the current DEM analysis, at the sacrifice of ignoring the rolling-contact phenomenon
271 as well as the caused driving torque. Ballast aggregates under two adjacent sleepers are loaded at a
272 given time difference Δt (Fig. 4), which is equivalent to the time required for carriages with a speed
273 of v moving from one sleeper to another one, as given by:

$$274 \quad \Delta t = \frac{\Delta S_{stp}}{v} \quad (9)$$

275 where, ΔS_{stp} is the sleeper spacing and is 0.6 m in the current DEM model. To apply the cyclic
276 loading, the contact forces between ballast particles and sleeper walls are measured and uniformly
277 distributed over the entire sleeper base area. The five sleepers are forced to move upwards and
278 downwards using a servo-controlled function to achieve the target stress levels.

279

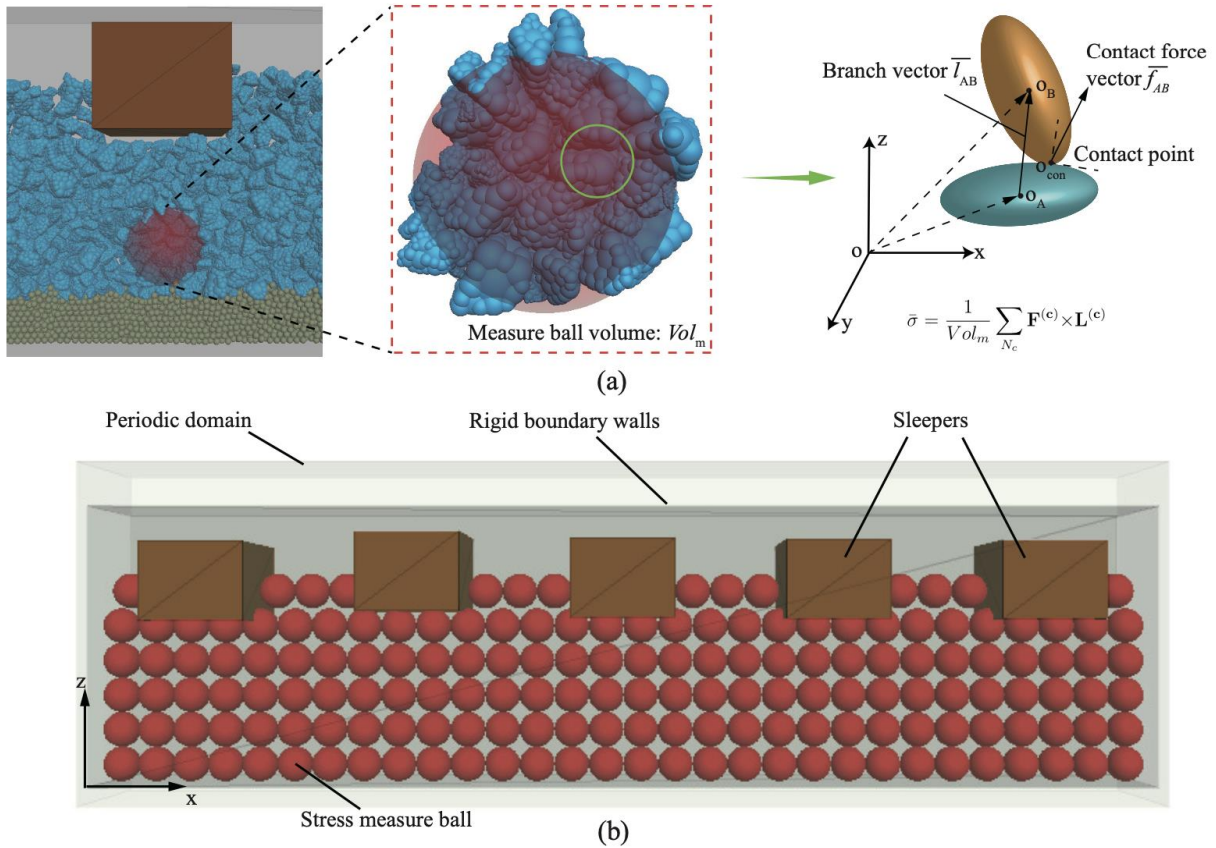
280 *2.4 Continuum stress measurement in the DEM*

281 Due to the highly particulate nature of ballast aggregates, it is impossible to understand their
282 responses by the commonly used continuum parameters such as stress and strain in a direct way. In this

283 study, a subdomain method proposed by (Bagi, 1996) is adopted to interpret the particulate
 284 measurements from DEM simulations using the continuum mechanics. The local stress tensor ($\overline{\sigma}_{ij}$) of
 285 ballast aggregates is calculated by considering the contact forces acting on individual particles and the
 286 branch vectors within a group of subdomains of volume Vol_m as given by:

287
$$\overline{\sigma}_{ij} = \frac{1}{Vol_m} \sum_{N_c} \mathbf{F}^{(c)} \times \mathbf{L}^{(c)} \quad (10)$$

288 where, N_c is the number of contacts in a given subdomain; $\mathbf{F}^{(c)}$ is the contact force vector; $\mathbf{L}^{(c)}$ is
 289 the branch vector connecting the centroids of two particles in contact, as shown in Fig. 5(a). The
 290 observational process is implemented with the measuring spheres in PFC3D (Itasca, 2015).



291
 292 Fig. 5. (a) A typical measuring sphere and the schematic diagram of the stress tensor calculation; and
 293 (b) measuring spheres for averaged stresses in the ballast layer

294 To obtain the stress distributions within the ballasted bed, a cross-section parallel to the
 295 longitudinal direction of the train moving having a thickness of 0.1 m is discretized into a group of

296 subdomains, and measuring spheres are generated to capture the averaged stresses in the ballast layer,
297 as shown in Fig. 5(b). Then a biharmonic spline interpolation method proposed by (Sandwell, 1987) is
298 adopted to establish the continuous stress field of the ballasted bed based on the stresses at the center
299 of each measuring sphere.

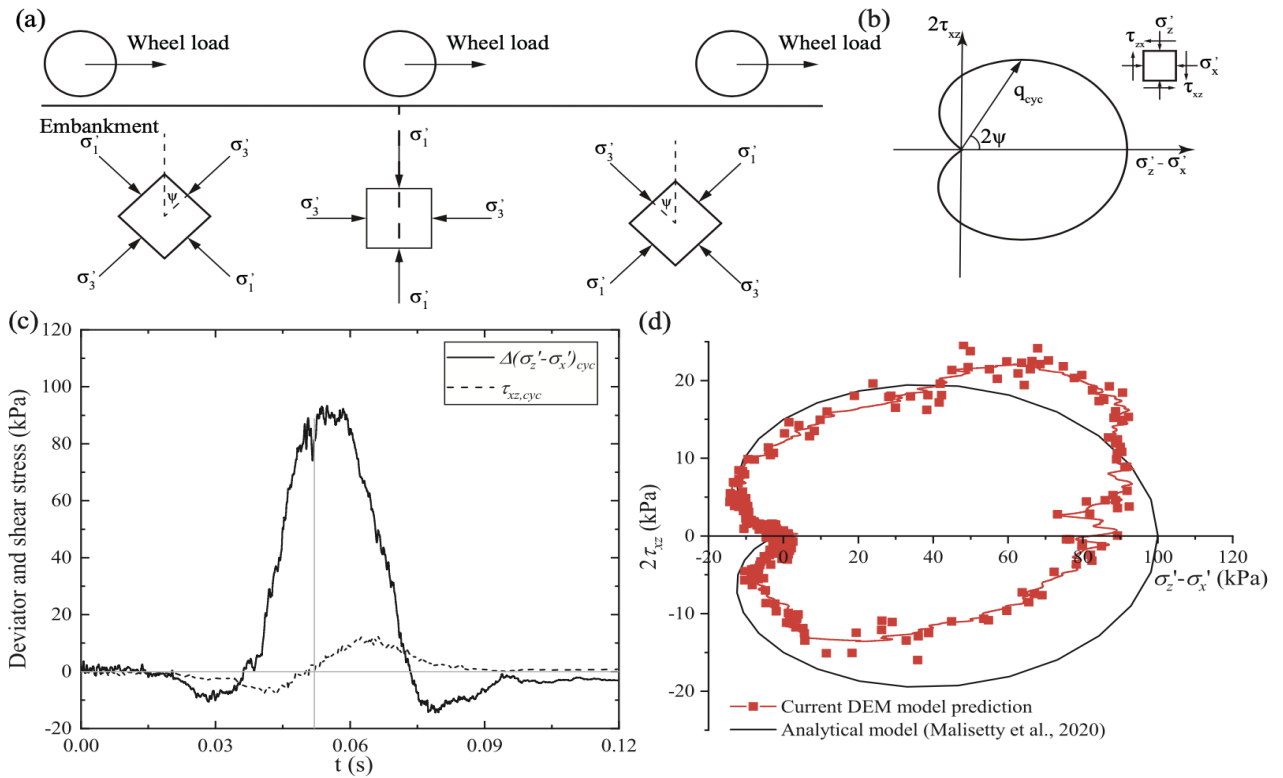
300

301 **3. Calibration of the DEM model**

302 *3.1 Verifying the stress path under moving loads with analytical solutions*

303 Subjected to moving loading, the longitudinal and shear stresses change continuously within the
304 ballast layer causing the principal stress axes rotation (PSR) in the plane that parallels the direction of
305 train passage. This PSR accompanied by the continuous variation in the magnitude and orientation of
306 the principal stress increases the complexity of stress paths in the ballast layer that has a cardioid shape
307 in the deviatoric plane ($2\tau_{xz} \sim (\sigma'_z - \sigma'_x)$), as shown in Figs. 6(a) and 6(b). To validate the developed
308 time-delayed load moving mechanism, the stress path predicted in the current DEM simulation is firstly
309 compared with that introduced by analytical models (Malisetty et al., 2020). It is noted that a simplified
310 regularly shaped sinusoidal dynamic loading is adopted here instead of complex ‘M-shaped’ traffic
311 loadings. Fig. 6(c) shows the variation in the deviator and shear stress measured at 0.1 m below the
312 sleeper 3[#] during the passage of a sinusoidal loading having an amplitude of 250 kPa at a frequency of
313 16.6 Hz, which approximately equaled a train speed of 160 km/h. As the loading approached ($t <$
314 0.05 s), the deviator stress ($\Delta(\sigma'_z - \sigma'_x)_{cyc}$) within ballast aggregates generally increases, while the
315 shear stress ($\tau_{xz,cyc}$) first increases to a peak value and then decreases to almost zero, at which the
316 magnitude of $\Delta(\sigma'_z - \sigma'_x)_{cyc}$ is the largest. This is expected as when the wheel reaches right above the
317 sleeper, there would be minimum shear stress existing in ballast aggregates. During the unloading phase

318 ($t > 0.05$ s), the $\Delta(\sigma'_z - \sigma'_x)_{cyc}$ decreases in accompany with the $\tau_{xz,cyc}$ developing in the similar
 319 trend as in the loading phase. It is also noted that the shear stress changes its sign as the loading
 320 approaches and leaves, indicating a reversed direction of $\tau_{xz,cyc}$ that in turn rotated the principal stress
 321 axes within the aggregates, as shown schematically in Fig. 6(a). The obtained stress path presented in
 322 Fig. 6(b) is basically in a cardioid shape as predicted in the analytical model (Malisetty et al., 2020).
 323 However, the stress path captured by the current DEM model is asymmetric, which could be attributed
 324 to the inhomogeneity and anisotropy of local stresses caused by the shape irregularity of ballast
 325 particles and the random packing properties of the assemblies.

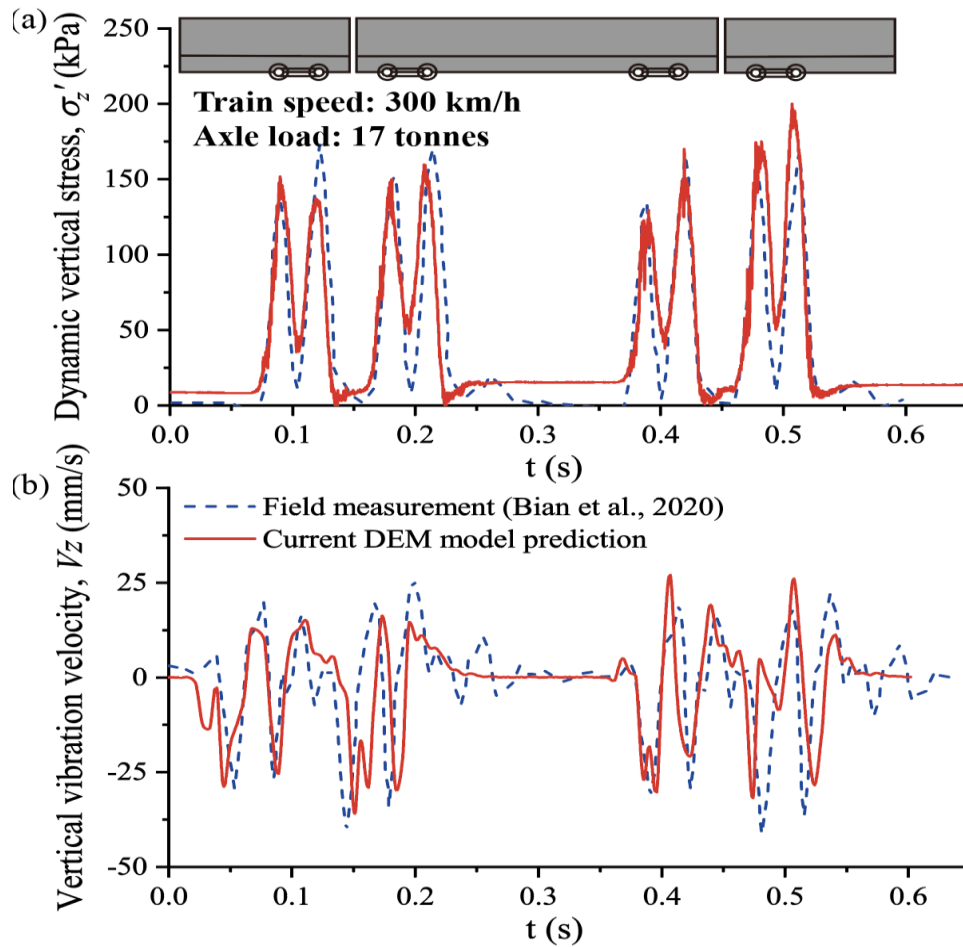


326
 327 Fig. 6. (a)-(b) Analytical explanation of principal stress rotation under a moving wheel load; and (c)-
 328 (d) predicted stresses and stress path in the current DEM simulation

329
 330 *3.2 Comparison with field measurements*

331 The developed ballasted track DEM model is further calibrated by comparing the dynamic stresses
 - 18 -

332 and vibration responses of ballast with the results measured on a full-scale track model testing facility
333 (Bian et al., 2020). By using the ZJU-iHSRT, (Bian et al., 2020) reported the dynamic responses of a
334 ballasted track under traffic loading conditions with an axle load of 17 tonnes and a train speed of up
335 to 300 km/h. An ‘M-shaped’ moving train load identical to that used in the full-scale testing is applied
336 to the current DEM model. The corresponding contact pressures between sleepers and ballast and the
337 loading frequency are determined by Eq. 3 to 8 and then applied by a servo-control mechanism to
338 simulate the moving loads. Two measure points, P_v and P_s (Fig. 1(c)) with their positions identical
339 to the installed sensors in the full-scale testing are selected to monitor the velocity and the dynamic
340 stress of ballast aggregates during simulations. Fig. 7 shows the time histories of the measured dynamic
341 vertical stress (σ'_z) and vertical vibration velocity (V_z) in the full-scale testing and the current DEM
342 simulations. It is seen that the dynamic vertical stress σ'_z within ballast aggregates during the train
343 passage is in an ‘M’ shape, which is in a similar pattern to the applied loading, and this behavior is well
344 captured by the current DEM analysis. Regarding the vertical vibration velocity of ballast, obvious
345 particle vibration is observed in both testing and DEM simulations, attributed to the effect of moving
346 wheel loads (Zhang et al., 2017). Overall, the predicted results are in good agreement with the measured
347 data, indicating the reliability of the developed DEM model in capturing the dynamic responses of the
348 ballasted track under moving traffic loads.



349

350 Fig. 7. Comparison between the field measurement and the current DEM model predictions in terms
 351 of: (a) the dynamic vertical stress; and (b) the vertical vibration velocity

352

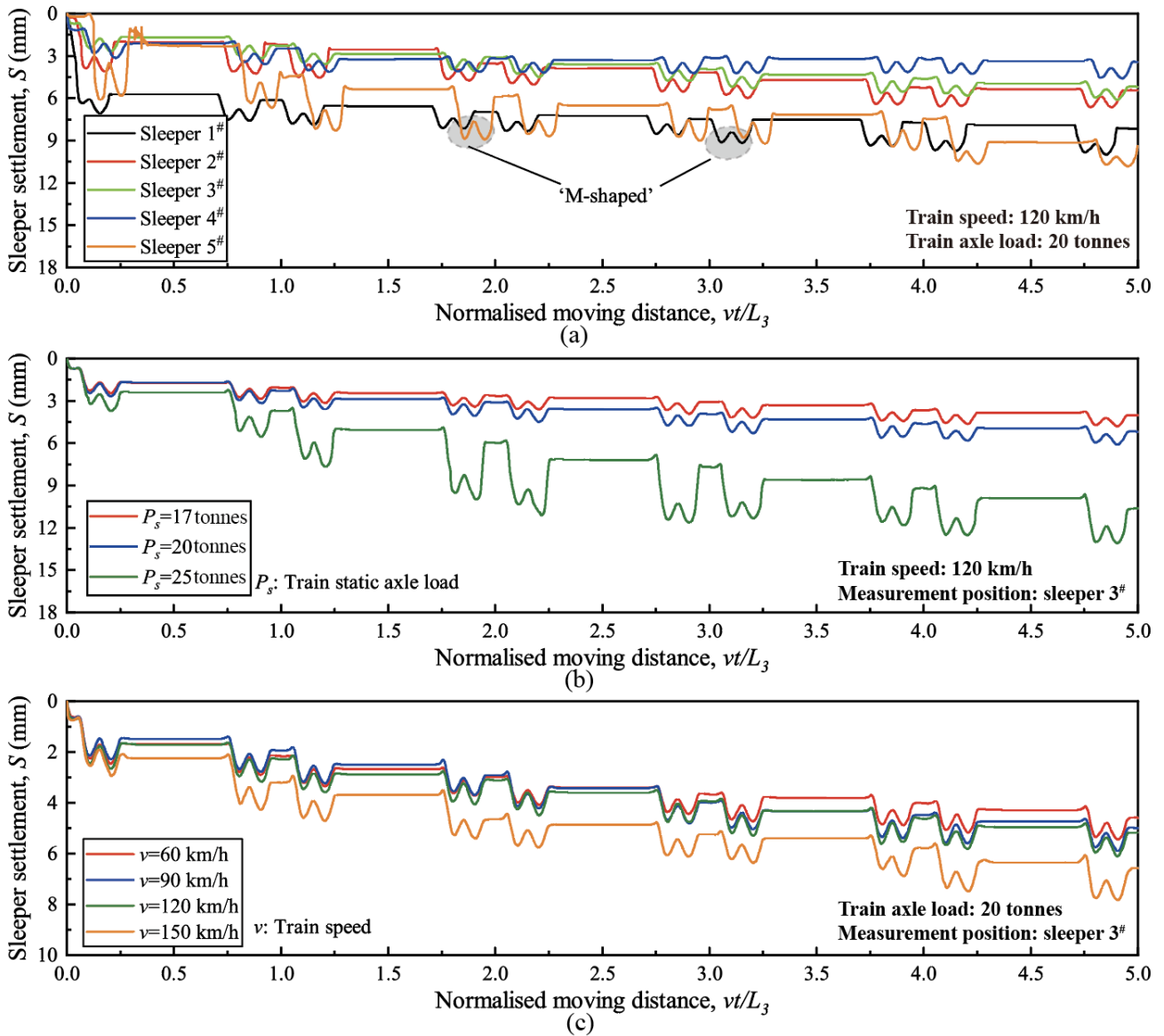
353 4. Numerical results and Discussions

354 4.1 Dynamic responses of ballasted track

355 4.1.1 Settlements of sleepers

356 The validated ballasted track model is then subjected to a series of moving wheel loading
 357 representing different axle loads and train speeds, by which the dynamic responses of ballast under
 358 various traffic loading conditions are captured. Fig. 8(a) shows the evolution of accumulated
 359 settlements for five sleepers with the normalized moving distance (vt/L_3) during the passage of

360 carriage groups with axle loads of 20 tonnes traveling at a speed of 120 km/h. It is seen that the
361 variations of sleeper settlement are shaped like an ‘M’ at an evolution frequency of about 13 Hz similar
362 to the loading frequency, indicating the one-to-one correspondence between the ballast deformation
363 and the applied wheel loads. This observation further verified that the sampling rate adopted for
364 measurement in the current DEM analysis is reasonable, and thereby the discussions provided in the
365 paper based on the simulation results are reliable and convincing. The sleeper settlements (S) increase
366 over time owing to the gradual compaction of the underlying ballast aggregates; however, this growth
367 tends to slow down with the settlements becoming almost constant after the passing of about two
368 carriages. In the field, thousands of train passages might be required before ballast aggregates are
369 shaken down. The accelerated stabilization observed in the current numerical simulations is an
370 inevitable consequence of DEM modeling because of its inherent limitations, such as limited amounts
371 of large asperities of particle clumps and simplification in the loading patterns. In addition, owing to
372 the fully rigid boundary conditions of the two walls parallel to the longitudinal direction of train
373 passage and the rigid bottom boundary, the displacement of the aggregates in these directions is
374 completely confined. In contrast, ballast aggregates in real tracks are allowed to dilate freely without
375 fewer lateral restrictions, which results in a slower settling rate than that in DEM simulations.



376

377 Fig. 8. Time histories of sleeper settlements predicted at various loading conditions: (a) a train with an
 378 axle load of 20 tonnes traveling at a speed of 120 km/h; (b) different axle loads; and (c) different train
 379 speeds

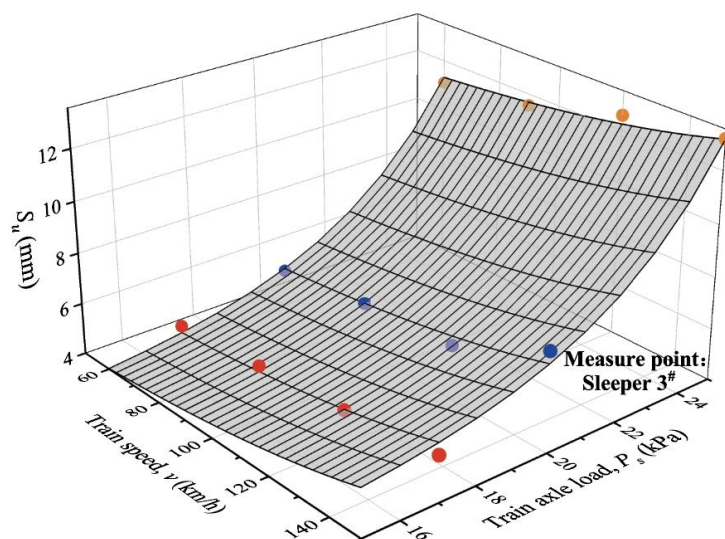
380 Considering the settlements of different sleepers, it is shown in Fig. 8(a) that the five sleepers
 381 exhibit different settling paces with distinct settlement values. This phenomenon is expected as ballast
 382 is a typical non-uniform material, the random packing and the high fabric anisotropy of the aggregates
 383 could lead to different compaction levels within the ballast layer, therefore, different settling paces are
 384 observed for the five sleepers. Moreover, it can also be found from Fig. 8(a) that sleepers close to the

385 boundaries (i.e., sleepers 1[#] and 5[#]) show greater settlements than those in the middle (i.e., sleepers 2[#],
386 3[#], and 4[#]). As periodic conditions are applied to the boundaries close to sleepers 1[#] and 5[#], the
387 confinement provided by ballast aggregates to the two boundary sleepers is less sufficient than that to
388 sleepers in the model middle. Therefore, it is easier for ballast to move along the longitudinal direction
389 of the track upon train loading, which in turn increased the settlement of sleepers 1[#] and 5[#].

390 To investigate the influence of axle loads and speeds on the settlement of sleepers, the time
391 histories of the predicted settlement S for sleeper 3[#] at different loading scenarios are shown in Figs.
392 8(b) and 8(c). It is seen that both the axle load and the train speed affect the sleeper settlements. When
393 subjected to higher train axle loading, the settlement of sleeper 3[#] develops in a faster trend with a
394 greater magnitude (Fig. 8(b)), proving a more detrimental impact by heavy hauls on the settlement of
395 ballasted tracks. As the axle load increases from 17 to 25 tonnes, the ultimate settlement of 3[#] increases
396 from 5.31 mm to 12.58 mm after the passage of five carriages. When it comes to the train speed, it is
397 seen from Fig. 8(c) that the sleeper settlements increase slightly at higher train speeds. The ultimate
398 settlements merely increase from 5.45 mm to 7.83 mm when the train speeds increase from 60 km/h to
399 150 km/h. It should be further emphasized that the predicted settlement herein does not represent what
400 occurred in the field case, which could be attributed to various reasons, such as the inherent
401 imperfection of the discrete element method constitutive theory, the simplification of particle sizes and
402 shapes, and the limitation of model boundaries. Therefore, the results are presented merely for a
403 qualitative understanding of the dynamic responses of ballasted tracks under various moving train
404 loading conditions.

405 The ultimate settlements of sleeper 3[#] (S_u) at different loading scenarios (varied axle loads and
406 speeds) are presented in Fig. 9. Obviously, there is a high dependency between the settlement of the
407 sleeper with the traveling speed and axle load of passing trains. However, the variations in sleeper

408 settlements under different train speeds are less obvious compared to that under different train axle
409 loads, implying a more profound effect of train axle load on the deformation of underlying ballast
410 aggregates.

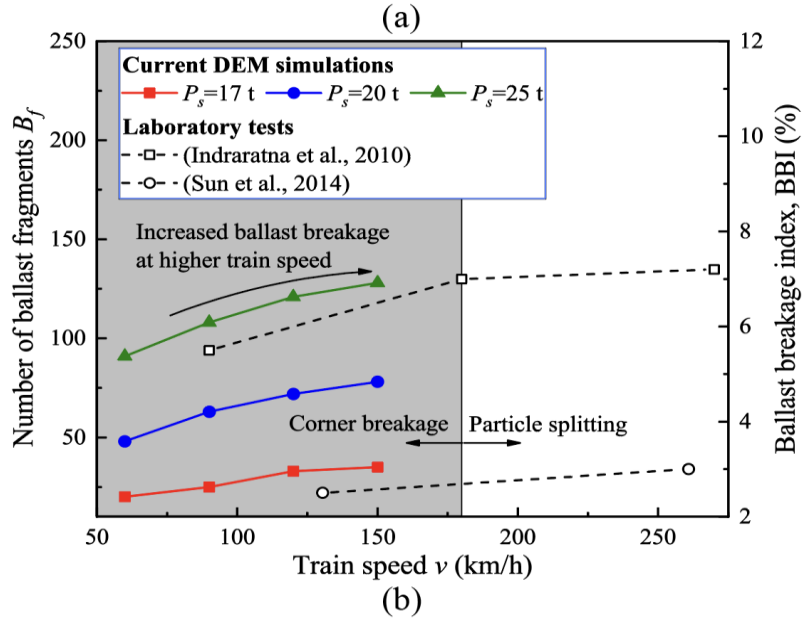
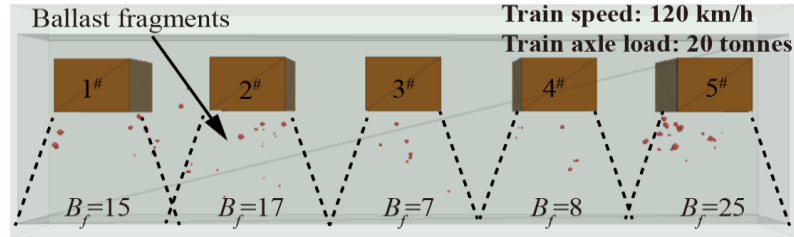


411
412 Fig. 9. Relationship between the ultimate settlement of sleeper 3[#] and the speed and the axle load of
413 trains

415 4.1.2 Ballast degradation

416 Fig. 10(a) shows the distributions of broken ballast fragments captured from DEM simulations
417 after the passage of five carriages with an axle load of 20 tonnes traveling at a speed of 120 km/h. As
418 expected, the majority of fragments occur underneath sleepers because ballast in these areas directly
419 participates in load-supporting, albeit a few broken fragments are observed in the cribs. It is found that
420 ballast fragments are distributed within trapezoidal-shaped regions underneath sleepers. This
421 phenomenon is supported by Ahlbeck's classic theory where rail seat loads are supposed to be
422 transmitted within cone regions in ballast aggregates (Ahlbeck et al., 1978). The number of ballast
423 fragments (B_f) under each sleeper is quantified and presented in Fig. 10(a). Due to the local non-
424 uniformity and the fabric anisotropy of ballast aggregates, the number of fragments underneath

425 different sleepers varied, indicating the non-uniform degradation levels occurred within the ballasted
426 bed, which could be the main cause of the differential settlements that happened in rail track fields.
427 Owing to the insufficient confinement by boundary ballast aggregates as explained earlier, the breakage
428 of ballast particles underneath sleepers 1[#] and 5[#] is more significant than those in the middle of the
429 model. Additionally, in areas containing a greater number of ballast fragments, a relatively larger
430 settlement of the corresponding sleeper is observed, as shown in Fig. 8(a), which implies a direct
431 relationship between ballast breakage and sleeper settlement. The above observation also indicates that
432 the degradation and deformation of the ballasted bed are directly related to the lateral confinement of
433 the aggregates. Therefore, it can be suggested methods that improve the resistance to lateral
434 deformation for ballast, such as increasing the crib height, ought to be adopted in practical to mitigate
435 the degradation and deformation of ballasted beds in railway tracks. It is also interesting to observe
436 that there seem to have more ballast fragments at the two edges of sleepers than along the centrelines,
437 for example, those underneath sleepers 1[#] and 5[#].



438

439 Fig. 10. (a) The distribution of ballast fragments after the passing of five carriages; and (b) evolutions

440 of B_f and the BBI with train speeds

441 Figure. 10(b) shows the total number of ballast fragments that occur within the ballasted bed after

442 the passage of five carriages with different axle loads and moving speeds. As expected, a greater value

443 of B_f is observed for carriages with larger axle loads, indicating the more detrimental impact on

444 ballast degradation by heavy hauls compared to the light ones. With regard to the impacts of train speed,

445 (Sun et al., 2014) conducted a series of cyclic triaxial testing to investigate the loading frequency on

446 the degradation of railway ballast. As a comparison, the measured ballast breakage index (BBI) from

447 their research is also presented in Fig. 10(b). According to (Sun et al., 2014), the relationship between

448 the loading frequency f and the train speed v can be expressed as $f = v/L$, where L is the

449 characteristic length between axles and is given as $L=2.5$ m in the current DEM analysis. Therefore,

450 the corresponding train speed value of a certain loading frequency can be obtained accordingly. It is

451 seen from Fig. 10(b) that the predicted B_f exhibits a similar trend to the measured BBI in the
452 laboratory testing, where an increased ballast breakage is observed at a higher train speed or loading
453 frequency. However, the B_f shows an approximate uplift of 63% when the train speed increases from
454 60 km/h to 150 km/h, compared to that of about 267% when the train axle load increases from 17 to
455 25 tonnes, which further indicates the predominant effect of train axle load on the degradation response
456 of ballast in railways.

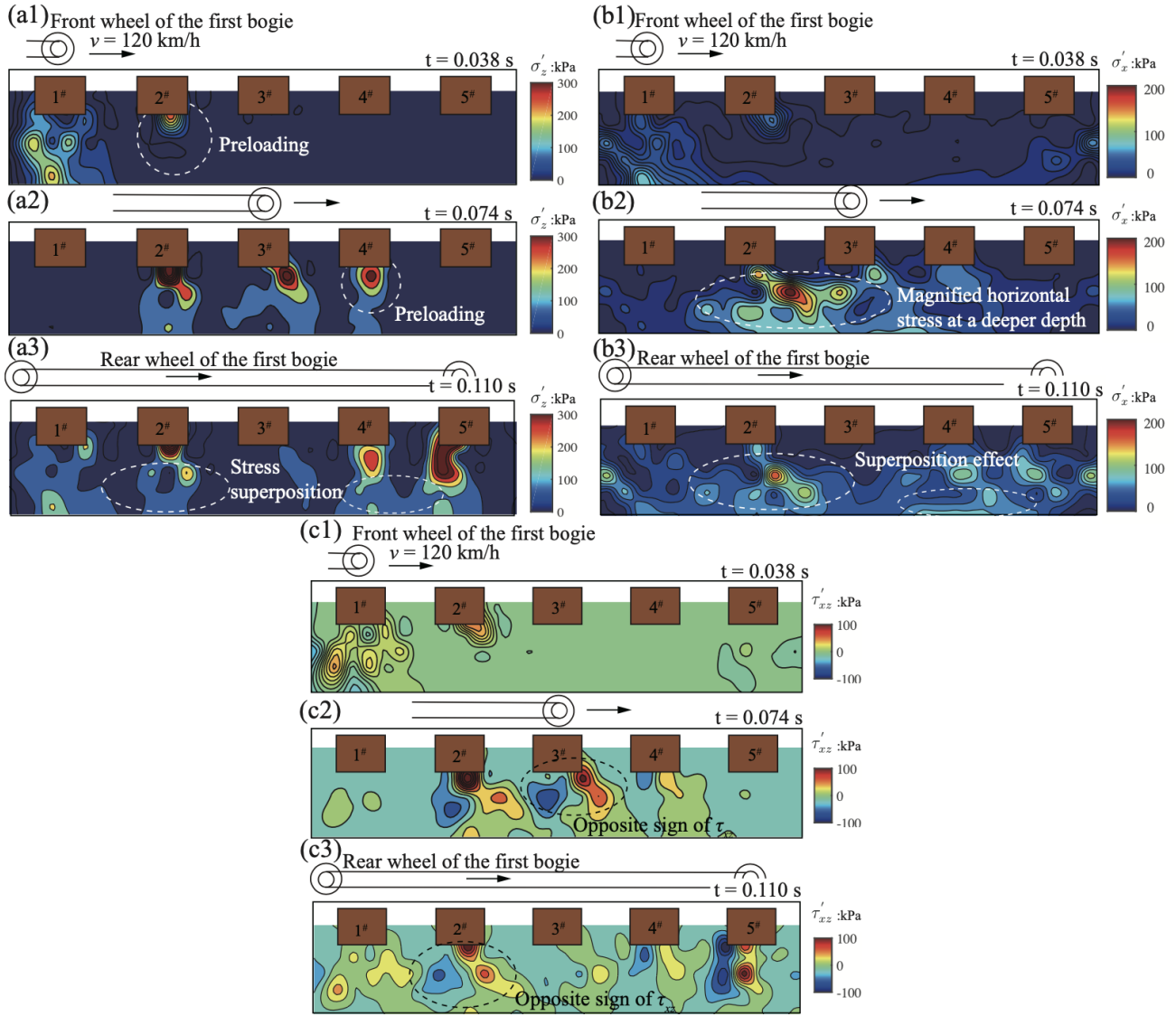
457 By inspecting the morphologies of ballast after the cyclic loading, (Sun et al., 2014) found two
458 main patterns for ballast breakage: (a) corner breakage, which mainly occurred at low loading
459 frequencies ($f \leq 20$ Hz or $v \leq 180$ km/h); and (b) bulk splitting, which was observed at high
460 loading frequencies. As the particle breakage model adopted in the current DEM simulations is
461 developed for ballast abrasion, the bulk splitting of particles is not allowed during loading and may
462 require further improvement of the present breakage model. Nevertheless, the predicted results
463 obtained from the current DEM analysis are still satisfying for a given axle load and train speed.

464

465 *4.1.3 Development of the dynamic stresses*

466 The dynamic responses of the ballasted track to the train moving are further investigated in terms
467 of the dynamic stresses develops within the ballast and sub-ballast layer. Fig. 11 presents the contour
468 plots of the three components of dynamic stresses, the dynamic vertical stress σ'_z , the dynamic
469 horizontal stress σ'_x , and the dynamic shear stress τ'_{xz} within the ballasted bed at three different
470 loading stages, at which the front wheel of the first bogie with an axle load of 25 tonnes moves to
471 sleepers 1[#], 3[#] and 5[#], respectively, at a speed of $v = 120$ km/h. It is seen that there are significant
472 variations in the distributions of the dynamic stresses within the ballast and sub-ballast layer during
473 train passage. As expected, an intensified σ'_z is usually observed underneath or in the vicinity of the

474 wheels because ballast within the region support majorities of the axle loads (Figures. 11(a1)-(a3)).
475 Owing to the train moving, ballast ahead of the carriages has been preloaded prior to the arrival of the
476 wheels, for instance, areas underneath sleeper 2[#] at $t = 0.038$ s and sleeper 4[#] at $t = 0.074$ s. The
477 induced stresses within ballast gradually dissipate after the wheel left; however, the axle loads by the
478 coming rear wheels have arrived before the complete dissipation of these stresses, and the loads tend
479 to be superposed that causing the build-up of stresses in ballast (for instance, areas underneath sleeper
480 2[#] at $t = 0.110$ s). Regarding the distributions of the horizontal stress (σ'_x), it varies significantly in
481 the ballast and sub-ballast layer along the direction of the train moving similar to the development of
482 the σ'_z , and a relatively greater σ'_x is observed underneath sleepers where the train wheel moves than
483 other areas (Figures. 11(b1)-(b3)). The largest σ'_x value emerges in ballast located at the middle part
484 of ballast beds, as shown in Fig. 11(b2). This magnification in the σ'_x of the middle ballast layer is
485 probably due to the elevating lateral confinement to the horizontal moving of particles within the region.
486 Considering the distributions of the shear stress τ'_{xz} within the assemblies (Figures. 11(c1)-(c3)), it is
487 seen that the τ'_{xz} is about symmetrically distributed with opposite signs about the centerline of each
488 sleeper. This observation is consistent with the existing studies (Bian et al., 2020; Zhao et al., 2021).



489

490 Fig. 11. Distributions of the dynamic stresses in ballast at different moving loading stages: (a1)(a2)(a3)

491 dynamic vertical stress σ'_z ; (b1)(b2)(b3) dynamic horizontal stress σ'_x ; and (c1)(c2)(c3) dynamic shear

492 stress τ'_{xz}

493 To further investigate the dynamic stresses developed within the ballasted bed, the evolutions of

494 dynamic stress at different depths are monitored as the train moved. Fig. 12 shows the time histories

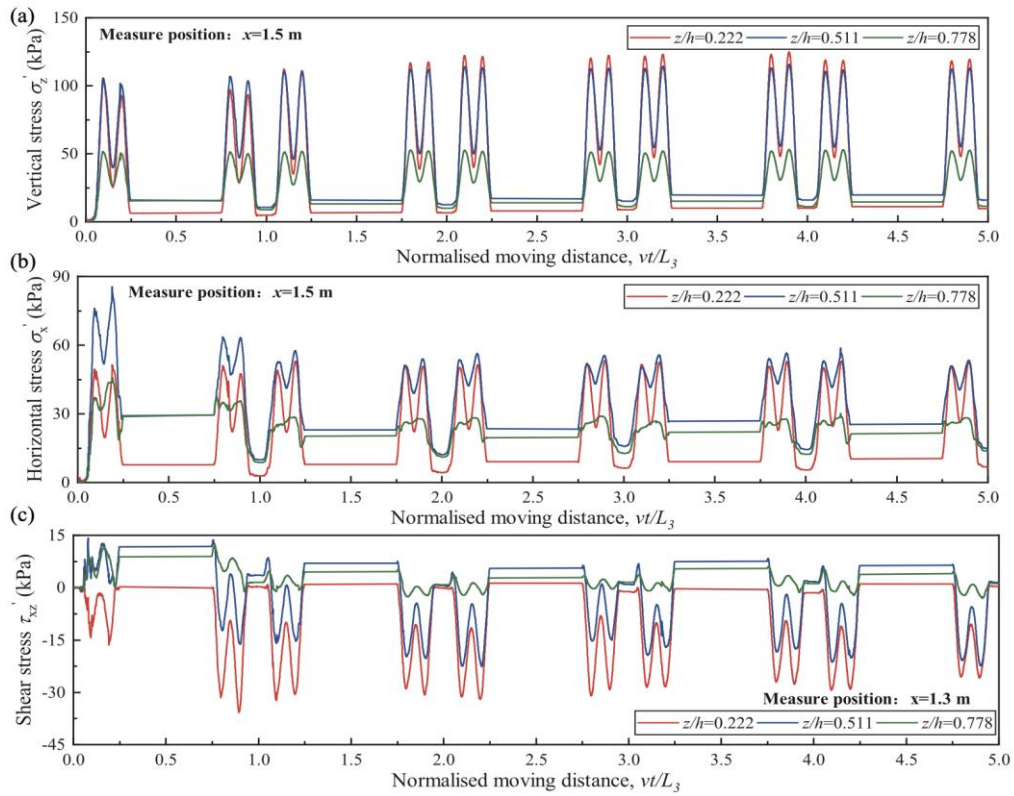
495 of σ'_z , σ'_x , and τ'_{xz} at three different depths below the center of sleeper 3# bottom during the passage

496 of carriage with an axle load of 25 tonnes traveling at a speed of 120 km/h. The ratio, $z/h =$

497 0.222, 0.511, 0.778 is for $z = 0.10, 0.23, 0.35$ m, respectively, where z is the vertical distance of the

498 observation points to the bottom of sleeper 3#, h is the total depth of ballast and sub-ballast ($h = 0.45$

499 m) in this study. The variations of the three components of dynamic stress are shaped like ‘M’ in
 500 response to the loading of a single bogie. This observation is consistent with the existing field
 501 measurements (Liu and Xiao, 2010), where similar trends of stress pulses within the aggregates
 502 generated by the passing trains were found. The largest values of σ'_z and τ'_{xz} are observed at the
 503 shallow ballast layer, and the σ'_z and τ'_{xz} attenuate by about 65% with the z/h increasing from
 504 0.222 to 0.778. Considering the horizontal stress σ'_x , the largest value is observed at the $z/h = 0.511$,
 505 and the σ'_x at the ballast/sub-ballast interface ($z/h = 0.778$) is significantly decreased compared to
 506 that at the z/h of 0.222.



507
 508 Fig. 12. Time histories of the dynamic stresses at different depths within the ballasted bed: (a) σ'_z ; (b)
 509 σ'_x ; and (c) τ'_{xz}

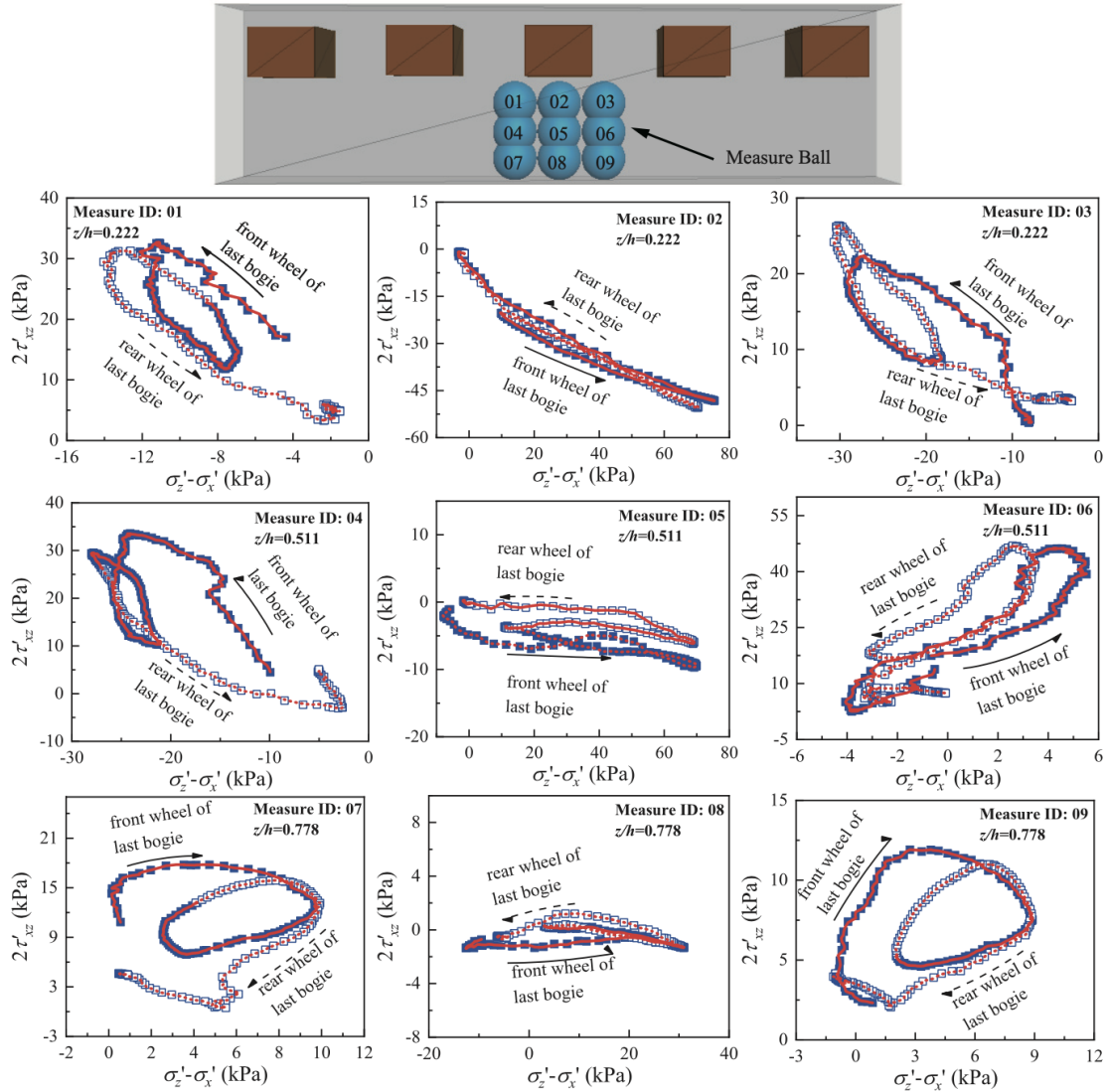
510 Fig. 13 presents the stress paths in the deviatoric plane that occurred in aggregates at different
 511 locations during the passage of the last bogie when a 25 tonnes-axle load carriage group travels at a
 512 speed of 120 km/h. With the approach of the front wheel, the deviatoric stress ($\sigma'_z - \sigma'_x$) in the

513 aggregates gradually develops so as the shear stress; after the front wheel left, the $(\sigma'_z - \sigma'_x)$ slightly
514 decreases to a certain residual value and then increases with the rear wheel approaching. Moreover,
515 similar to the induced dynamic stresses as observed in Fig. 11, the PSR in track beds is not strictly
516 symmetrical about the centerline of each sleeper, which could be attributed to the dispersion and the
517 local nonuniformity of ballast aggregates in DEM simulations.

518 To quantify the degree of principal stress rotation (PSR) that occurs in ballast, the stress axes
519 rotation angle (ψ) which is defined as the ratio of the shear stress (τ'_{xz}) in the horizontal plane to the
520 deviatoric stress ($\sigma'_z - \sigma'_x$) by the following adopted expression (Cai et al., 2008b) is adopted:

$$521 \quad \psi = \frac{1}{2} \tan^{-1} \left(\frac{2\tau'_{xz}}{\sigma'_z - \sigma'_x} \right) \quad (12)$$

522 From Fig. 13 it can be found that, at the three tested depths, the PSRs are insignificant along the
523 centerline of sleeper 3[#] with the trajectories of the stress paths being approximately straight lines and
524 the ψ keeping almost unchanged. By comparison, the PSRs for aggregates at sleeper edges are more
525 obvious with the ψ continuously changing during the train passage. The simultaneous change in the
526 magnitudes and the orientations of principal stresses and stress axes with the moving load could cause
527 large shear deformation to the ballast. This phenomenon also explained the severer breakage of ballast
528 particles at two edges of sleepers, as observed in Fig. 10 (a). Therefore, it can be derived from the
529 above observation that ballast at sleeper edges would be more vulnerable to shear failure than those
530 located underneath sleeper bottom during their service life, and the PSR occurred during train passage
531 plays a detrimental effect on the breakage of ballast aggregates in ballasted tracks.



532

533 Fig. 13. The predicted stress paths in $2\tau'_{xz} \sim (\sigma'_z - \sigma'_x)$ space within the ballast and sub-ballast layer

534 during the passage of the last bogie

535

536 4.2 Microscopic analysis of ballasted track

537 4.2.1 Interparticle contacts

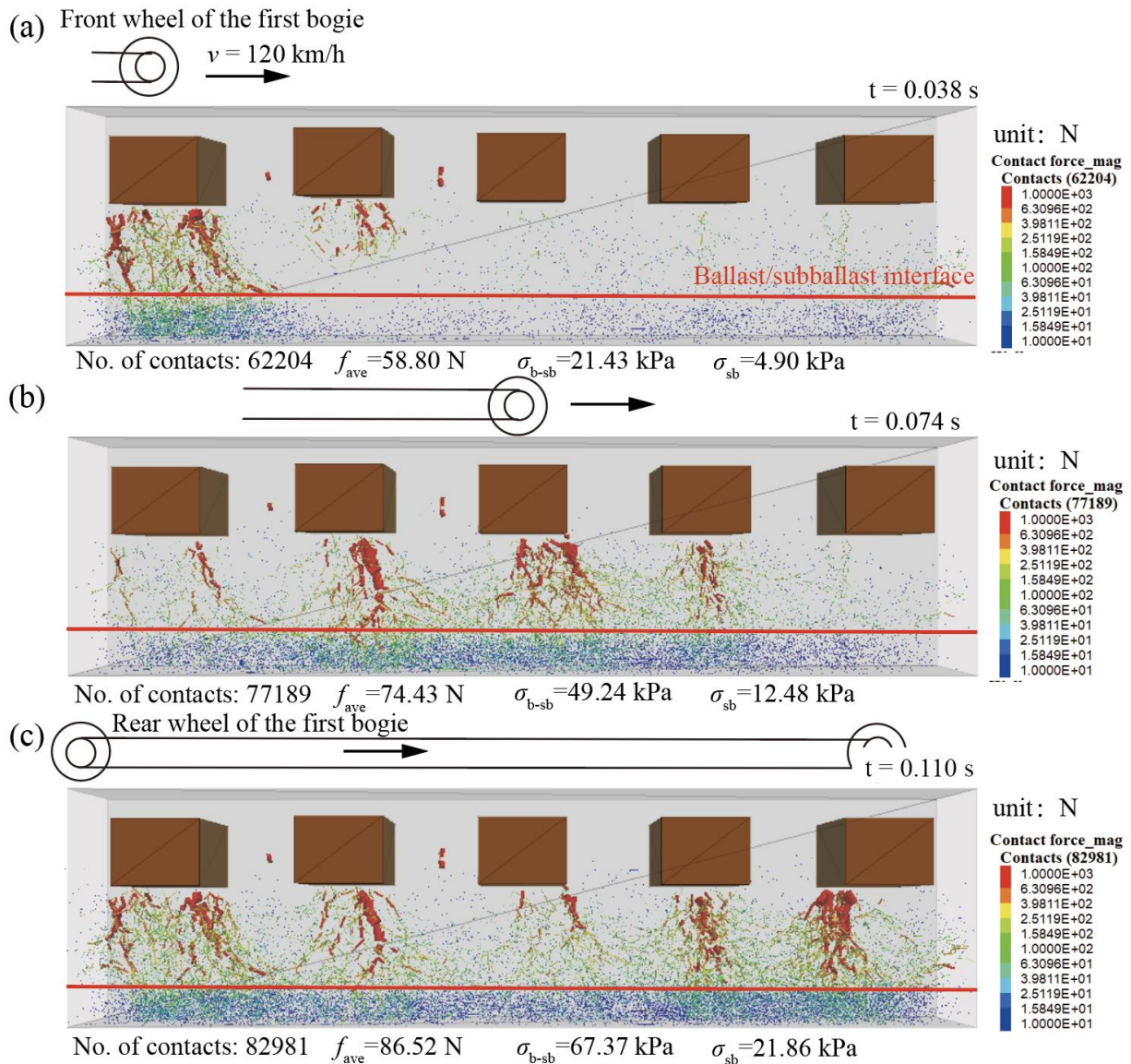
538 Fig. 14 shows the development of contact chains in the ballasted bed at three typical loading phases

539 when a train carriage group with an axle load of 25 tonnes travels at a speed of 120 km/h. During the

540 train passage, strong contact force chains always develop underneath or in the vicinity of the wheels to

541 directly support the imparted axle loads. The contact pressures at the sleeper/ballast interface are

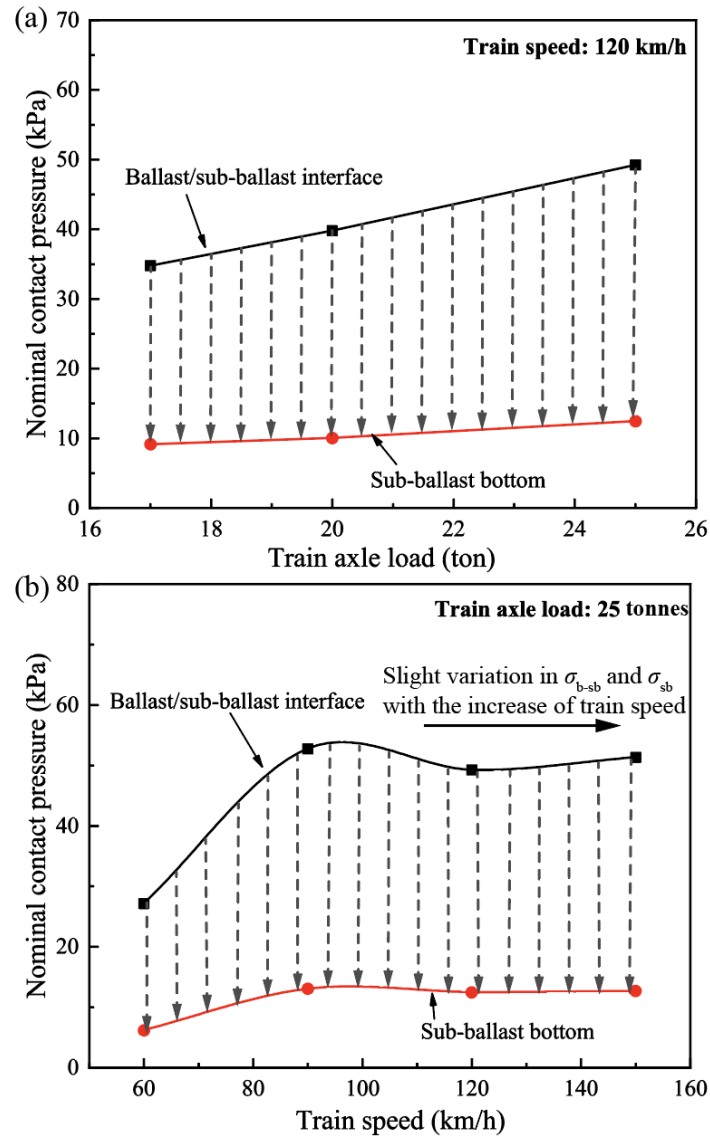
542 transmitted mainly within a trapezoidal-shaped region in the ballasted bed, which coincides with the
 543 distribution of the broken ballast fragments (Fig. 10(a)). This observation is in agreement with the
 544 classical ballast vibration model proposed by (Ahlbeck et al., 1978). The interparticle contact forces in
 545 the crib area are less intensified than those under sleepers. This is expected as the main function of crib
 546 ballast in track beds is to provide lateral resistance rather than bearing upper train loads. With train
 547 movement, the number of interparticle contacts and the averaged contact forces (f_{ave}) increase, which
 548 implies that the ballasted bed gradually become compacted under repeated train loading.



549
 550 Fig. 14. Distributions of the inter-particle contact forces in the ballasted bed at different moving loading
 551 stages: (a) $t=0.038 \text{ s}$; (b) $t=0.074 \text{ s}$ and (c) $t=0.110 \text{ s}$

552 It is also seen from Fig. 14 that the interparticle contact forces attenuate along with ballast depth
553 as the contact chains become thinner and less intensified. The nominal contact pressures at the
554 ballast/sub-ballast interface (σ_{b-sb}) and sub-ballast bottom (σ_{sb}) are also calculated for each loading
555 phase as presented in Fig. 14. The σ_{b-sb} and the σ_{sb} is defined as the ratio of the total contact forces
556 at the ballast/sub-ballast interface or at the sub-ballast bottom to the area of the model base. After
557 traveling through the 100-mm thick sub-ballast, the contact pressures decrease by approximately 68%
558 to 77%. This observation proves that the sub-ballast decreases the traffic-induced stress transmitted to
559 the subgrade layer in the ballasted track.

560 To further investigate the effect of the capping layer for ballasted tracks, the σ_{b-sb} and the σ_{sb}
561 at $t = 0.074$ s under different loading conditions are obtained and presented in Fig. 15. Fig. 15 (a)
562 shows the predicted values of σ_{b-sb} and the σ_{sb} under different axle loads and at the same speed
563 ($v = 120$ km/h). As expected, the contact pressures at both the ballast/sub-ballast interface and the
564 sub-ballast bottom increase with an increase in axle load. Nevertheless, the σ_{sb} shows merely 36.2%
565 uplift when the train axle load increases from 17 to 25 tonnes, by contrast, a 41.6% increase is found
566 in the σ_{b-sb} . This further indicates that the capping layer plays an important role in alleviating the
567 disturbance by upper moving trains to the underlying subgrade. Considering the impact of train speed,
568 it is shown in Fig. 15 (b) that the σ_{b-sb} and the σ_{sb} are the smallest at the speed of 60 km/h, and they
569 increase significantly when the train speed is increased to 90 km/h. However, there seems to exist a
570 critical speed after which the contact pressures at two interfaces are kept almost constant with slight
571 variations, implying a limited effect of train speed on the induced dynamic stress within the ballasted
572 bed.



573

574 Fig. 15. The nominal contact pressure at the ballast/sub-ballast interface and the sub-ballast bottom for

575 (a) trains of different axle loads traveling at 120 km/h; and (b) trains of an axle load of 25 tonnes

576 traveling at different speeds

577

578 4.2.2 Predicted vibration of ballast vibration

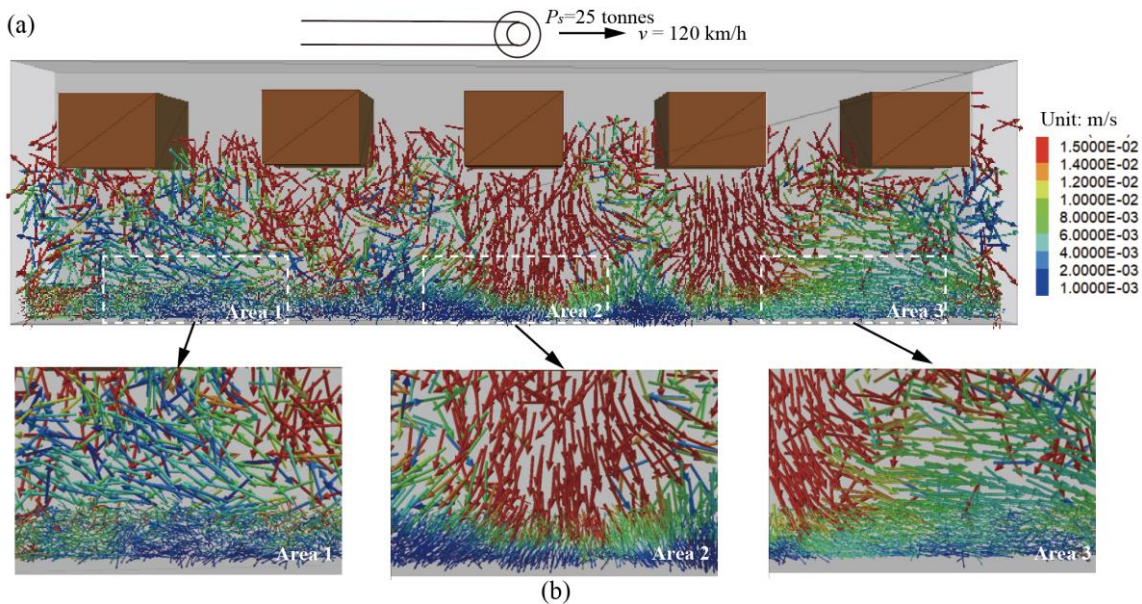
579 The vibration of ballast particles during the train passage is investigated in the current study. Fig.

580 16(a) shows the predicted velocities of ballast and sub-ballast when carriages with axle loads of 25

581 tonnes travel to sleeper 3[#] at a speed of 120 km/h. Underneath the sleepers where the wheel is or is

582 about to approach, the ballast exhibits relatively larger velocities as loaded directly by the sleepers. In

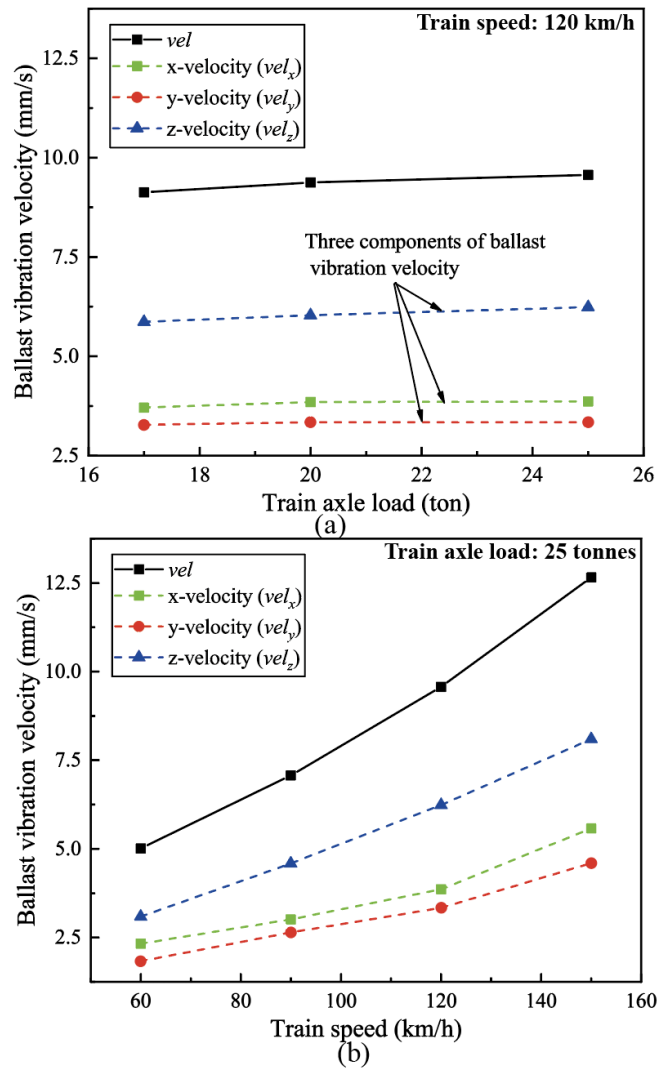
583 addition, the crib ballast also shows considerable vibrations owing to the free surface of ballasted beds,
 584 which could cause hazardous splashes during train moving and bring serious threats to the stability of
 585 the track structure. Detailed snapshots of the vibration velocities of ballast at three different locations
 586 are shown in Fig. 16. Under train loading, the ballast underneath the wheel (Area 2) exhibits downward
 587 moving, and it pushes the ballast in front of the wheel (Area 3) to move horizontally; however, the
 588 horizontal movement of the ballast behind the wheel (Area 1) is less obvious as affected by the
 589 approaching rear wheel.



590
 591 Fig. 16. Distributions of particle velocities within the ballasted bed when a train with an axle load of
 592 25 tonnes and a speed of 120 km/h traveled to sleeper 3[#]

593 Fig. 17(a) shows the average and the three components of ballast vibration velocity captured from
 594 DEM simulations when train carriages with different axle loads travel to sleeper 3[#] at a speed of 120
 595 km/h. Under the three tested axle loads, the vibration velocity of ballast shows little variation, implying
 596 a minor role of train axle load in affecting ballast vibration. In contrast, the vibration of ballast is
 597 significantly affected by the train speed, with the vibration velocity of ballast being elevated from 5.01
 598 mm/s to 10.12 mm/s when the speed of a 25-tonnes train carriage is raised from 60 km/h to 150 km/h,

599 as shown in Fig. 17(b). Despite the limited impacts of train speed on interparticle contacts, the induced
 600 high level of ballast vibration could accelerate the compaction of ballasted beds and increase the
 601 possibility of ballast breakage. Therefore, a greater sleeper settlement and an increasing number of
 602 ballast fragments are observed at higher train speeds. Among the three components of ballast vibration
 603 velocity, the vertical velocity (vel_z) is predominant, followed by the horizontal velocity (vel_x). The
 604 lateral expansion of ballast in the direction parallel to sleeper transverse is fully restricted owing to the
 605 applied rigid boundaries, therefore, relatively small values of vel_y are observed for all the loading
 606 scenarios.



607
 608 Fig. 17. Averaged velocities of ballast particles under various loading conditions

609

610 **5. Limitations**

611 The DEM modeling presented in this study simulated the dynamic responses of a ballasted track
612 under various moving train loading. It is also noted that the current analysis still has some limitations
613 as follows which require improvement in the future:

614 (1) The degradation model used in the current DEM analysis can only capture the corner
615 abrasion of ballast particles (corner breakage). Therefore, a new DEM model simulating
616 the bulk splitting of ballast needs to be developed in the future to serve high-frequency
617 loading scenarios.

618 (2) This study aimed at low- and medium-speed trains, and the maximum train speed simulated
619 was 150 km/h. In future research, it is suggested to develop an advanced analytical model
620 that can consider the natural vibration of the structure to examine the dynamic responses of
621 ballasted tracks under high-speed train loading more effectively.

622 (3) In the current DEM model, only a 0.30 m-wide rectangular section along the transverse
623 direction of one rail side was simulated owing to the limited computational resources. A
624 larger-sized model needs to be developed in future studies to consider the influence of side
625 slopes and shoulder ballast more properly.

626 (4) Due to the simplification of the DEM model, the inherent imperfection of the discrete
627 element method constitutive theory, and the dispersion of ballast aggregates, the
628 simulation results obtained in the current DEM study may, to some extent, not be

629 quantitatively similar to the observation made in the field. Therefore, the results can only
630 be understood in a qualitative way, and more advanced computational techniques need to
631 be utilized or developed in the future to quantitatively study the dynamic responses of
632 ballasted tracks under moving loading conditions.

633

634 **6. Conclusions**

635 This paper has discussed results obtained from a DEM modeling to study the dynamic responses
636 of ballasted beds under moving train loading. DEM models simulating an actual ballasted track
637 substructure were generated and calibrated by measured data from full-scale laboratory testing. A
638 DEM-based particle breakage model was adopted and incorporated into the current DEM analysis to
639 capture the corner abrasion and breakage of ballast. A series of moving train loading having various
640 axle loads and speeds were simulated to investigate the load-deformation responses of ballasted tracks
641 from both macro and microscopic perspectives. Based on the DEM results, the following conclusions
642 could be drawn:

- 643 1. The settlement of sleepers and the breakage of ballast became exacerbated under heavier and
644 faster train loading. However, when the train speed approached 150 km/h, the sleeper
645 settlement and the number of ballast fragments exhibited merely a slight increase, implying
646 that the deformation and the degradation (breakage) of ballast respond less sensitively to the
647 variation in train speed compared to that of axle wheel load.
- 648 2. The dynamic stresses on the ballast underneath and the vicinity of the bogie wheels were

649 intensified during train movement, but they were gradually attenuated with depth. The
650 magnitudes and the directions of induced dynamic stress changed continuously and cause
651 significant principal stress rotation in the ballasted track during train movement. The ballast
652 located at the sleeper edges showed a more profound principal stress rotation with a higher
653 vulnerability to shear failure during service life. This further implies that due to the higher
654 level of PSR for ballast at the sleeper edges, the particle degradation was also expected to be
655 higher compared to the centerline of the sleeper.

656 3. Upon train loading, the contact pressures at the sleeper/ballast interface were transmitted
657 within a trapezoidal region in the ballasted bed, and the intensities of interparticle contact
658 chains became stronger when subjected to heavier trains traveling at higher speed. An
659 attenuated interparticle contact force was observed along with ballast depth. The results
660 proved that the capping layer could help to reduce the traffic-induced stress transmitted to
661 the subgrade layer by approximately 68% - 77%.

662 4. During train passage, the crib ballast showed considerable vibrations owing to the free
663 surface of the ballast layer, and this could cause hazardous ballast splashes on railway tracks.
664 The axle wheel loads had minor impacts on the vibration of ballast, which was significantly
665 affected by the speed of the train. The vibration velocity of ballast was increased from 5.01
666 mm/s to 10.12 mm/s when the speed of a 25-tonnes train carriage was raised from 60 km/h
667 to 150 km/h. In reality, this implies that the increase in the magnitude of ballast vibration
668 could accelerate the compaction of the ballast, and therefore raise the intensity of breakage
669 of ballast aggregates.

670 Despite the limitations, the authors believe that the current DEM analysis provided valuable

671 information and reference for the design optimization and the daily maintenance of ballasted tracks
672 from both practical and theoretical perspectives.

673 **Declarations**

674 *Data Availability*

675 The data used to support the findings of this study are available from the corresponding author
676 upon request.

677 *Conflicts of Interest*

678 The authors all declare no conflict of interest.

679 **Acknowledgments**

680 This work was financially supported by the Chinese Scholarship Council (No. 201906270149);
681 and the support of the ARC Industrial Transformation Training Centre, ITTC-Rail at the University of
682 Wollongong. The support is gratefully acknowledged.

683 **References**

684 Ahlbeck, D., Meacham, H., Prause, R., 1978. The development of analytical models for railroad
685 track dynamics. In: *Railroad Track Mechanics and Technology*. Elsevier, 239–263.

686 <https://doi.org/10.1016/B978-0-08-021923-3.50017-6>

687 Aursudkij, B., McDowell, G. R., Collop, A. C., 2009. Cyclic loading of railway ballast under
688 triaxial conditions and in a railway test facility. *Granular Matter* 11 (6), 391–401.

689 <https://doi.org/10.1007/s10035-009-0144-4>

690 Bagi, K., 1996. Stress and strain in granular assemblies 22 (3), 165–177.
691 [https://doi.org/10.1016/0167-6636\(95\)00044-5](https://doi.org/10.1016/0167-6636(95)00044-5)

692 Bian, X., Jiang, J., Jin, W., Sun, D., Li, W., Li, X., 2016. Cyclic and postcyclic triaxial testing of
693 ballast and subballast. *Journal of Materials in Civil Engineering* 28 (7), 04016032.
694 [https://doi.org/10.1061/\(ASCE\)MT.1943-5533.0001523](https://doi.org/10.1061/(ASCE)MT.1943-5533.0001523)

695 Bian, X., Li, W., Qian, Y., Tutumluer, E., 2020. Analysing the effect of principal stress rotation on
696 railway track settlement by discrete element method 70 (9), 803–821.
697 <https://doi.org/10.1680/jgeot.18.P.368>

698 Cai, Y., Sun, H., Xu, C., 2008a. Response of railway track system on poroelastic half-space soil
699 medium subjected to a moving train load. *International Journal of Solids and Structures* 45 (18-19),
700 5015–5034. <https://doi.org/10.1016/j.ijsolstr.2008.05.002>

701 Cai, Y., Sun, H., Xu, C., 2008b. Three-dimensional analyses of dynamic responses of track–ground
702 system subjected to a moving train load. *Computers & Structures* 86 (7-8), 816–824.
703 <https://doi.org/10.1016/j.compstruc.2007.07.001>

704 Chen, J., Gao, R., Liu, Y., 2019. Numerical study of particle morphology effect on the angle of
705 repose for coarse assemblies using DEM. *Advances in Materials Science and Engineering* 2019, 1–
706 15. <https://doi.org/10.1155/2019/8095267>

707 Chen, J., Vinod, J. S., Indraratna, B., Ngo, N. T., Gao, R., Liu, Y., 2022. A discrete element study
708 on the deformation and degradation of coal-fouled ballast. *Acta Geotechnica*.
709 <https://doi.org/10.1007/s11440-022-01453-4>

710 Cundall, P., Strack, O., aug 1979. A discrete numerical model for granular assemblies. *International*
711 *Journal of Rock Mechanics and Mining Sciences & Geomechanics Abstracts* 16 (4), 77.
712 <https://doi.org/10.1680/geot.1979.29.1.47>

713 Esveld, C. (1989). *Modern Railway Track*. MRT Productions.

714 Feng, B., Park, E.H., Huang, H., Li, W., Tutumluer, E., Hashash, Y.M.A., Bian, X., 2019. Discrete
715 Element Modeling of Full-Scale Ballasted Track Dynamic Responses from an Innovative High-
716 Speed Rail Testing Facility. *Transp. Res. Rec. J. Transp. Res. Board* 036119811984647.
717 <https://doi.org/10.1177/0361198119846475>

718 Gräbe, P.J., Clayton, C.R., 2009. Effects of Principal Stress Rotation on Permanent Deformation in
719 Rail Track Foundations. *J. Geotech. Geoenvironmental Eng.* 135, 555–565.
720 [https://doi.org/10.1061/\(ASCE\)1090-0241\(2009\)135:4\(555\)](https://doi.org/10.1061/(ASCE)1090-0241(2009)135:4(555))

721 Huang, H., Tutumluer, E., Dombrow, W., 2009. Laboratory characterization of fouled railroad
722 ballast behavior. *Transportation Research Record: Journal of the Transportation Research Board*
723 2117 (1), 93–101.

724 Indraratna, B., Salim, W., Rujikiatkamjorn, C., 2011. *Advanced Rail Geotechnology - Ballasted*
725 *Track*. Taylor & Francis Ltd.

726 Indraratna, B., Ngo, N. T., Rujikiatkamjorn, C., 2013. Deformation of coal fouled ballast stabilized
727 with geogrid under cyclic load. *Journal of Géotechnical and Géoenvironmental Engineering* 139 (8),
728 1275–1289. [https://doi.org/10.1061/\(ASCE\)GT.1943-5606.0000864](https://doi.org/10.1061/(ASCE)GT.1943-5606.0000864)

729 Indraratna, B., Ngo, N. T., Rujikiatkamjorn, C., Vinod, J. S., 2014. Behavior of fresh and fouled
730 railway ballast subjected to direct shear testing: Discrete element simulation. *International Journal*
731 *of Geomechanics* 14 (1), 34–44.

732 Indraratna, B., Ngo, T., 2018. *Ballast Railroad Design: Smart-UOW Approach*. Taylor & Francis
733 Ltd.

734 Ishikawa, T., Miura, S., 2015. Influence of moving wheel loads on mechanical behavior of
735 submerged granular roadbed. *Soils Found.* 55, 242–257. <https://doi.org/10.1016/j.sandf.2015.02.002>

736 Itasca, 2015. PFC3D 5.0 particle flow code in three dimensions, theory and implementation volume.
737 Minneapolis, Minnesota.

738 Jing, G. Q., Ji, Y. M., Qiang, W. L., Zhang, R., 2020. Experimental and numerical study on ballast
739 flakiness and elongation index by direct shear test. *International Journal of Geomechanics* 20 (10),
740 04020169.

741 Li, H., McDowell, G., de Bono, J., 2021. A new time-delayed periodic boundary condition for
742 discrete element modelling of railway track under moving wheel loads 23 (4).
743 <https://doi.org/10.1007/s10035-021-01123-4>

744 Liu, J., Xiao, J., 2010. Experimental study on the stability of railroad silt subgrade with increasing
745 train speed. *Journal of Géotechnical and Géoenvironmental Engineering* 136 (6), 833–841.
746 [https://doi.org/10.1061/\(ASCE\)GT.1943-5606.0000282](https://doi.org/10.1061/(ASCE)GT.1943-5606.0000282)

747 Liu, Q., Lei, X., Rose, J. G., Purcell, M. L., 2017. Pressure measurements at the tie-ballast interface
748 in railroad tracks using granular material pressure cells. American Society of Mechanical Engineers.
749 <https://doi.org/10.1115/JRC2017-2219>

750 Liu, Y., Gao, R., Chen, J., 2019. Exploring the influence of sphericity on the mechanical behaviors
751 of ballast particles subjected to direct shear. *Granular Matter* 21 (4). [https://doi.org/10.1007/s10035-](https://doi.org/10.1007/s10035-019-0943-1)
752 [019-0943-1](https://doi.org/10.1007/s10035-019-0943-1)

753 Liu, Y., Gao, R., Chen, J., 2021. A new DEM model to simulate the abrasion behavior of
754 irregularly-shaped coarse granular aggregates. *Granular Matter* 23 (3).
755 <https://doi.org/10.1007/s10035-021-01130-5>

756 Malisetty, R. S., Indraratna, B., Vinod, J., 2020. Behaviour of ballast under principal stress rotation:
757 Multi-laminate approach for moving loads 125, 103655.
758 <https://doi.org/10.1016/j.compgeo.2020.103655>

759 McDowell, G. R., Lim, W. L., Collop, A. C., Armitage, R., Thom, N. H., 2005. Laboratory
760 simulation of train loading and tamping on ballast. *Proceedings of the Institution of Civil Engineers*
761 - *Transport* 158 (2), 89–95. <https://doi.org/10.1680/tran.2005.158.2.89>

762 McDowell, G. R., Li, H., 2016. Discrete element modelling of scaled railway ballast under triaxial
763 conditions. *Granular Matter* 18 (3). <https://doi.org/10.1007/s10035-016-0663-8>

764 Momoya, Y., Sekine, E., Tatsuoka, F., 2005. Deformation characteristics of railway roadbed and
765 subgrade under moving-wheel load. *Soils and foundations* 45 (4), 99–118.
766 https://doi.org/10.3208/sandf.45.4_99

767 Munjiza, A.A., 2004. *The combined finite-discrete element method*. John Wiley & Sons.

768 Ngo, N. T., Indraratna, B., 2020. Analysis of deformation and degradation of fouled ballast:
769 Experimental testing and DEM modeling. *International Journal of Geomechanics* 20 (9), 06020020.
770 [https://doi.org/10.1061/\(ASCE\)GM.1943-5622.0001783](https://doi.org/10.1061/(ASCE)GM.1943-5622.0001783)

771 Nishiura, D., Sakaguchi, H., Aikawa, A., 2017. Development of Viscoelastic Multi-Body
772 Simulation and Impact Response Analysis of a Ballasted Railway Track under Cyclic Loading.
773 *Materials* 10, 615. <https://doi.org/10.3390/ma10060615>

774 Nishiura, D., Sakai, H., Aikawa, A., Tsuzuki, S., Sakaguchi, H., 2018. Novel discrete element
775 modeling coupled with finite element method for investigating ballasted railway track dynamics.
776 *Comput. Geotech.* 96, 40–54. <https://doi.org/10.1016/j.compgeo.2017.10.011>

777 Punetha, P., Nimbalkar, S.S., 2022. Geotechnical rheological modeling of ballasted railway tracks
778 considering the effect of principal stress rotation. *Can. Geotech. J.* [https://doi.org/10.1139/cgj-2021-](https://doi.org/10.1139/cgj-2021-0562)
779 0562

780 Qian, Y., Mishra, D., Tutumluer, E., Kazmee, H. A., 2015. Characterization of geogrid reinforced
781 ballast behavior at different levels of degradation through triaxial shear strength test and discrete

782 element modeling. *Geotextiles and Geomembranes* 43 (5), 393–402.

783 <https://doi.org/10.1016/j.geotexmem.2015.04.012>

784 Qian, J., Du, Z., Lu, X., Gu, X., Huang, M., 2019. Effects of principal stress rotation on stress–strain
785 behaviors of saturated clay under traffic–load–induced stress path. *Soils Found.* 59, 41–55.

786 <https://doi.org/10.1016/j.sandf.2018.08.014>

787 Sakaguchi, H., 2004. New computational scheme of discrete element approach for the solid earth
788 multi-materials simulation using three-dimensional four particle interaction. *Front. Res. Earth Evol.*
789 2, 1–5.

790 Sandwell, D. T., 1987. Biharmonic spline interpolation of GEOS-3 and SEASAT altimeter data 14
791 (2), 139–142. <https://doi.org/10.1029/GL014i002p00139>

792 Sayeed, Md.A., Shahin, M.A., 2022. Dynamic Response Analysis of Ballasted Railway Track–
793 Ground System under Train Moving Loads using 3D Finite Element Numerical Modelling. *Transp.*
794 *Infrastruct. Geotechnol.* <https://doi.org/10.1007/s40515-022-00238-2>

795 Selig, E., Waters, J., 1995. *Track Geotechnology and Substructure Management*. Thomas Telford
796 Publishing.

797 Sun, Q. D., Indraratna, B., Nimbalkar, S., 2014. Effect of cyclic loading frequency on the permanent
798 deformation and degradation of railway ballast. *Géotechnique* 64 (9), 746–751.

799 <https://doi.org/10.1680/geot.14.T.015>

800 Zhai, W.M., 2019. *Vehicle-Track Coupled Dynamics*. Springer, Singapore.

801 Zhang, X., Zhao, C., Zhai, W., 2017. Dynamic behavior analysis of high-speed railway ballast under
802 moving vehicle loads using discrete element method. *International Journal of Geomechanics* 17 (7),
803 04016157. [https://doi.org/10.1061/\(ASCE\)GM.1943-5622.0000871](https://doi.org/10.1061/(ASCE)GM.1943-5622.0000871)

804 Zhao, H.-Y., Indraratna, B., Ngo, T., 2021. Numerical simulation of the effect of moving loads on

805 saturated subgrade soil. Computers and Géotechnics 131, 103930.

806 <https://doi.org/10.1016/j.compgeo.2020.103930>

807

List of Figures and Tables

808

809 Table 1: Micromechanical parameters adopted for DEM simulation

810 Table 2: Properties of trains and track structures used in DEM simulation

811 Fig. 1. Track structure: (a) transverse direction; (b) longitudinal direction; and images of the current
812 DEM model: (c) front view; and (d) top view

813 Fig. 2. Library of ballast particles: (a) polygonal meshes of ballast particles; (b) simulated rigid ballast
814 clumps; and (c) particle size distributions in the DEM model

815 Fig. 3. Schematic diagram of ballast degradation model adopted in the DEM analysis

816 Fig. 4. Patterns of the ‘M-shaped’ traffic loadings applied onto different sleepers

817 Fig. 5. (a) A typical measuring sphere and the schematic diagram of the stress tensor calculation and;
818 (b) measuring spheres for averaged stresses in the ballast layer

819 Fig. 6. (a)-(b) Analytical explanation of principal stress rotation under a moving wheel load; and (c)-
820 (d) predicted stresses and stress path in the current DEM simulation

821 Fig. 7. Comparison between the field measurement and the current DEM model predictions in terms
822 of: (a) the dynamic vertical stress; and (b) the vertical vibration velocity

823 Fig. 8. Time histories of sleeper settlements predicted at various loading conditions: (a) a train with an
824 axle load of 20 tonnes traveling at a speed of 120 km/h; (b) different axle loads; and (c) different train
825 speeds

826 Fig. 9. Relationship between the ultimate settlement of sleeper 3[#] and the speed and the axle load of
827 trains

828 Fig. 10. (a) The distribution of ballast fragments after the passing of five carriages; and (b) evolutions
829 of B_f and the BBI with train speeds

830 Fig. 11. Distributions of the dynamic stresses in ballast at different moving loading stages: (a1)(a2)(a3)

831 dynamic vertical stress σ'_z ; (b1)(b2)(b3) dynamic horizontal stress σ'_x ; and (c1)(c2)(c3) dynamic shear
832 stress τ'_{xz}

833 Fig. 12. Time histories of the dynamic stresses at different depths within the ballasted bed: (a) σ'_z ; (b)
834 σ'_x ; and (c) τ'_{xz}

835 Fig. 13. The predicted stress paths in $2\tau'_{xz} \sim (\sigma'_z - \sigma'_x)$ space within the ballast and sub-ballast layer
836 during the passage of the last bogie

837 Fig. 14. Distributions of the inter-particle contact forces in the ballasted bed at different moving loading
838 stages: (a) $t=0.038$ s; (b) $t=0.074$ s; and (c) $t=0.110$ s

839 Fig. 15. The nominal contact pressure at the ballast/sub-ballast interface and the sub-ballast bottom
840 for(a) trains of different axle loads traveling at 120 km/h; and (b) trains of an axle load of 25 tonnes
841 traveling at different speeds

842 Fig. 16. Distributions of particle velocities within the ballasted bed when a train with an axle load of
843 25 tonnes and a speed of 120 km/h traveled to sleeper 3[#]

844 Fig. 17. Averaged velocities of ballast particles under various loading conditions

845