

1 **Effects of interspecific competition on the growth of macrophytes and nutrient**  
2 **removal in constructed wetlands: a comparative assessment of free water surface**  
3 **and horizontal subsurface flow systems**

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15

16 **Abstract**

17 The outcome of competition between adjoining interspecific colonies of *Phragmites* and  
18 *Typha* in two large field pilot-scale free water surface (FWS) and subsurface flow (SSF)  
19 CWs is evaluated. According to findings, the effect of interspecific competition was  
20 notable for *P. australis*, whereby it showed the highest growth performance in both

21 FWS and SSF wetland. In a mixed-culture, *P. australis* demonstrates superiority in  
22 terms of competitive interactions for space between plants. Furthermore, the  
23 interspecific competition among planted species seemed to cause different ecological  
24 responses of plant species in the two CWs. For example, while relatively high density  
25 and shoot height determined the high aboveground dry weight of *P. australis* in the  
26 FWS wetland, this association was not evident in the SSF. Additionally, while plants  
27 nutrients uptake accounts for a higher proportion of the nitrogen removal in FWS, that  
28 in the SSF accounts for a higher proportion of the phosphorous removal.

29

30 **Keywords:** Interspecific competition; plants growth; nutrients uptake;  
31 constructed wetland.

32

### 33 **1. Introduction**

34 Constructed wetlands (CWs), as a cost-effective and eco-friendly wastewater treatment  
35 technology, have been widely applied for the treatment of various types of wastewater,  
36 as well as polluted river and lake waters due to their easy operation and maintenance  
37 (Rai et al., 2013; Svensson et al., 2015; Vymazal, 2013c; Wu et al., 2015). CWs are  
38 typically classified into free water surface flow (FWS) and subsurface flow (SSF)  
39 systems. The efficient removal of water pollutants is achieved through a number of  
40 biotic and abiotic processes, especially around the rhizosphere of macrophytes, as the  
41 wastewater flows through the CWs substrate materials (Stottmeister et al., 2003).

42 The macrophytes growing in CWs perform several direct and indirect roles in relation to  
43 the treatment process such as uptake and assimilation of nutrients and heavy metals,  
44 provision of substrates for the growth of attached bacteria, the release of oxygen and  
45 exudates, surface insulation, hydraulic condition regulation and wind velocity reduction  
46 (Vymazal, 2013b). In fact, CWs with plants have been proven to be more efficient  
47 compared with unplanted CWs (Boog et al., 2014). Nonetheless, recent findings  
48 indicate that bacteria richness and the performance of CWs varied greatly in relation to  
49 different plant species (Toscano et al., 2015).

50

51 Therefore, to ensure efficient performance of CWs, the macrophyte species to be  
52 planted should be considered as an integral design component by careful selection. To  
53 increase CWs performance, mixed planted systems have been considered to treat  
54 different types of wastewater. The multi-species wetlands were considered less  
55 susceptible to seasonal variation and more effective in pollutants removal than  
56 single-species wetlands (Chang et al., 2014; Liang et al., 2011). However, these CWs  
57 were mainly tested at laboratory-scale or short experimental periods. Moreover,  
58 interspecific competition for resources among planted species, such as space, light, and  
59 nutrients, is one of the important factors in determining wetland vegetation.

60 Nevertheless, due to the high variability in this interspecific competition among planted  
61 species, the development and stability of different species in mixed planted wetlands  
62 during long-term operation remain unclear (Agami and Reddy, 1990; Amon et al., 2007).

63 Besides, to date, no studies have directly compared the performance or evaluated the  
64 competitive interaction between plant species of the mixed culture plants in FWS and  
65 SSF wetlands under the same wastewater loading and environmental conditions at the  
66 field scale.

67

68 The common reed (*Phragmites australis*) and cattail (*Typha* spp.) are the most often  
69 used plant species in CWs (Vymazal, 2013a), because of their high flood-tolerant and  
70 reproduction abilities. However, the application of these two plants in mixed cultures in  
71 FWS and SSF wetlands is rare. *Phragmites* spp. and *Typha* spp. are both colonial  
72 macrophytes that share several morphological traits, such as tall, unbranched shoots and  
73 both rhizomes and roots as underground structures. They also share similar habitats and  
74 a large range of site conditions, including resistance to saline conditions (Miklovic and  
75 Galatowitsch, 2005). Like *Phragmites*, *Typha* often forms dense stands due to their  
76 strong vegetative propagation, and both *Typha* species and their hybrid display invasive  
77 tendencies in disturbed wetlands (Shih and Finkelstein, 2008). Consequently, the  
78 contact zone between *Phragmites* and *Typha* stands is probably characterized by intense  
79 competition for space, the outcome of which is best revealed by the spatial dynamics at  
80 that contact zone over time as one species progress to the detriment of the other. Thus,  
81 adjoining colonies of *Phragmites* and *Typha* represent an ideal model for testing  
82 hypotheses about competitive interactions between these clonal species and developing  
83 an understanding of interspecific plant competition in CWs.

84 In this study, local *P. australis* and *T. latifolia* were equally planted in monospecific  
85 colonies in pilot-scale FWS and SSF wetlands to treat highly polluted river water over  
86 two years. The pollutants treatment performance and the roles of plants were evaluated  
87 in a side-by-side comparison of the FWS and SSF wetlands. The specific objectives  
88 were to: (1) evaluate pollutant removal in pilot-scale FWS and SSF wetlands over two  
89 full years of operation; (2) assess the effects of interspecific competition between *P.*  
90 *australis* and *T. orientalis* in terms of growth characteristics, species range extension  
91 and nutrients accumulation abilities under mixed culture conditions; and (3) analyze the  
92 different interspecific competition characteristics of *P. australis* and *T. orientalis* in  
93 FWS and SSF wetlands.

94

## 95 **2. Materials and methods**

### 96 **2.1 Description of the pilot wetlands**

97 The pilot-scale FWS and SSF wetlands were constructed on the eastern bank of the  
98 Zaohe River in Xi'an, northwestern China (34°22'54"N, 108°51'05"E). The area has a  
99 sub-humid continental monsoon climate, which is cold and lacks rainfall during the  
100 winter. The FWS CW was designed with a length of 45 m, width of 20 m and height of  
101 0.6 m, and was filled with sand (0.06-10 mm, initial porosity about 30%) to a depth of  
102 0.35 m. The water depth was controlled at 0.4 m. The SSF wetland was designed with a  
103 length of 34 m, width of 20 m and height of 0.8 m, and was filled with gravel (1-70 mm,  
104 initial porosity about 50%) to a depth of 0.6 m. The water depth was controlled at 0.55

105 m. Both wetlands were lined with high-density polyethylene to prevent the seepage of  
106 polluted water to the underlying groundwater. The bottom slope of all the CWs was  
107 0.5%. The chemical characteristics of the gravel and sand substrates are shown in Table  
108 1. Water from the Zaohe River is pumped into an elevated feeding tank for  
109 sedimentation and subsequent distribution to the CWs continuously. The inflow rate to  
110 the FWS and SSF was 90 m<sup>3</sup>/d and 68 m<sup>3</sup>/d, respectively, both of which correspond to a  
111 surface loading of 0.1 m/d. Local *P. australis* and *T. orientalis* with similar size obtained  
112 from the field near the riverbank were selected and washed with tap water. They were  
113 then planted in equal proportions in the CWs at a density of 9 shoots/m<sup>2</sup> and a height of  
114 about 20 cm in September. Plants harvesting was carried out in November, for the two  
115 successive years, when the plants began to wither. Each year is defined here as  
116 November to October. The pilot wetlands were commissioned in November 2010.

117

## 118 **2.2 Water sampling and analysis**

119 During the two-year experimental period, water samples were collected weekly from the  
120 influent and effluent of the two CWs. All of the water samples were transported to the  
121 laboratory for chemical analyses within 24 h. The parameters measured include SS,  
122 COD, BOD<sub>5</sub>, NH<sub>3</sub>-N, TN and TP. Standard methods (MEPC and WWMAA, 2002)  
123 were followed for all the chemical analyses. Water temperature and dissolved oxygen  
124 (DO) were measured on site by using a portable meter (HQ30d53LED<sup>TM</sup>, HACH,  
125 USA). The removal efficiencies for each wetland were calculated from the difference in

126 concentration between the influent and effluent of the CWs. Significant differences  
 127 were determined at  $\alpha=0.05$  by paired samples t-tests and one-way analysis of variance  
 128 (ANOVA).

129

## 130 **2.2 Plant sampling and analysis**

131 During the experimental period, the plant heights in the two CWs were measured  
 132 monthly in three randomly selected quadrats of 0.25 m<sup>2</sup>. The number, weight and  
 133 coverage of *P. australis* and *T. orientalis* in the two CWs were measured before the  
 134 harvesting in November. The selected harvested plants were separated into stems, leaves  
 135 and flowers and washed with distilled water to remove the adhering water and  
 136 sediments. Plant parts were then oven-dried at 80 °C to a constant weight, and their dry  
 137 biomass were determined. All dried plant samples were ground separately to pass  
 138 through a 0.25 mm mesh screen, digested and analyzed for total N and P according to  
 139 the routine analysis method for soil agro-chemistry (Bao, 2000). The average nutrients  
 140 concentration in the aboveground biomass was calculated as follows:

$$C_{total} = \frac{(DM_{leaves} \times C_{leaves}) + (DM_{stems} \times C_{stems}) + (DM_{flowers} \times C_{flowers})}{(DM_{leaves} + DM_{stems} + DM_{flowers})} \quad (1)$$

141 where  $DM$  = dry matter of a particular shoot part (g),  $C$  = concentration of nutrients in  
 142 the respective plant parts (% DM).

143

144 The amount of nutrients uptake by the aboveground biomass was calculated according  
 145 to the following equation:

$$N_{total}=(DM_{leaves}\times C_{leaves})+(DM_{stems}\times C_{stems})+(DM_{flowers}\times C_{flowers}) \quad (2)$$

146 where  $DM$  values represent the total biomass of leaves, stems and flowers, and  $C$   
 147 represents the average concentrations of N and P in these respective plant parts.  $N$   
 148 values represent the amount of nutrients uptake by the aboveground biomass of plants.

149

150 The relative importance value (I.V.) (Hong et al., 2014) of each species was calculated  
 151 as a sum of the relative density and relative coverage in each CW, to represent a  
 152 plant-sociological result, after the interspecific competition among the planted species.

153 The competitive value (C.V.) of each species was used to compare their growth  
 154 responses to interspecific competition. The C.V. (Eq. 3) provides a means to determine  
 155 interactions among plant groups (Hong et al., 2014).

$$C.V. = 100 (X_2 - X_1)/X_2 \quad (3)$$

156 where  $X_1$  is the dry weight of a particular species grown alone, and  $X_2$  is the dry weight  
 157 of a particular species grown with neighbours.

158

### 159 **3. Results and discussion**

#### 160 **3.1 Overall performance of the FWS and SSF wetlands**

161 Figure 1 shows the variation in the concentrations of COD, BOD<sub>5</sub>, TN, NH<sub>3</sub>-N, TP, and  
 162 PO<sub>4</sub><sup>3-</sup>-P in the river water, the average of which were 303.6±10.3, 98.3±4.6, 39.6±0.7,  
 163 29.1±0.8, 3.6±0.1, and 1.6±0.1 mg/L, respectively (Table 2). These concentrations  
 164 indicated that the river water was highly polluted and was similar to that of domestic



165 wastewater. This high level of pollution was to be expected as currently the main  
166 function of the Zaohe River is an urban drainage channel to receive effluents from  
167 several domestic wastewater treatment plants, urban runoff, and untreated industrial  
168 wastewater. Moreover, the treatment performance of two CW types is also shown in  
169 Figure 1 and Table 2. While both wetland types achieved significantly high levels of  
170 organic matter removal, the levels of nutrients removal were moderate. Nonetheless, the  
171 COD removal in the SSF wetland was significantly higher than that in the FWS ( $p < 0.05$ ,  
172 Fig. 1a), whereas the  $BOD_5$  concentration of the effluents in the two wetlands were  
173 similar and below 10 mg/L ( $p > 0.05$ , Fig. 1b and Table 2). Furthermore, the microbial  
174 population in the SSF wetland ( $10^6$  cfu/ml) was nearly one order of magnitude higher  
175 than that of the FWS wetland ( $10^5$  cfu/ml) during the experimental period. However, the  
176 DO concentration in the SSF wetland (about 0.48 mg/L) was lower than that of FWS  
177 wetland (about 1.53 mg/L). As the biodegradation of organics proceeds more rapidly  
178 under aerobic conditions (Li et al., 2014), the FWS wetland was expected to show  
179 higher  $BOD_5$  removal. However, the organics removal in CWs has also been shown to  
180 be accomplished by the physical processes of sedimentation, filtration, and interception  
181 (Wang et al., 2015), which resulted in both wetlands achieving similar  $BOD_5$  removal.  
182 Nevertheless, the COD removal efficiency in the SSF wetland was higher.

183

184 The TN and  $NH_3$ -N concentrations in the FWS wetland effluent (18.5 and 12.9 mg/L)  
185 were significantly lower than that in the SSF (21.7 and 17.0 mg/L) ( $p < 0.05$ , Fig. 1 c-d

186 and Table 2). The removal of  $\text{NH}_3\text{-N}$  in the FWS wetland was higher, because the DO  
187 concentration was higher, which benefited nitrification (Li et al., 2014). Moreover, the  
188 removal of TN in the FWS wetland was also higher than that of the SSF wetland. The  
189 minimal concentrations of nitrified nitrogen in the effluent of the two wetlands indicated  
190 that simultaneous nitrification and denitrification occurred in the wetlands. On the other  
191 hand, the TP and  $\text{PO}_4^{3-}\text{-P}$  concentrations in the FWS wetland (1.6 and 1.1 mg/L) was  
192 significantly higher than that in the SSF (1.1 and 0.7 mg/L) ( $p < 0.05$ , Table 2). The  
193 effluent concentrations of P in the FWS wetland was observed to increase slight above  
194 that of the influent during the spring season (Fig.1 e-f). This increase in effluent P  
195 concentration could be attributed to the desorption of P by the substrate. Overall, the  
196 higher P-sorption capacity of the gravel (0.8 mg/g) compared with sand (0.1mg/g) and  
197 the flow conditions of the SSF wetland resulted in a higher phosphorus removal in the  
198 SSF wetland. Nonetheless, plants uptake also plays important roles in nutrients removal  
199 in CWs (Vymazal, 2013b). Additionally, the microbial population and communities  
200 diversity around the rhizosphere and roots of plants are reported to be higher than the  
201 other regions in the wetlands (Berendsen et al., 2012; Hallin et al., 2015). Based on this  
202 consideration, the roles and evolution of the mixed-planted macrophytes in the two  
203 wetlands were further examined.

204

### 205 **3.2 Comparative analysis of plant growth**

206 During the experimental period, the average air temperature in the wetland area was

207 about 18.0 °C. The average temperatures in summer and winter were 28.9 °C and 2.2 °C,  
208 respectively. Although the average water temperature in the two wetlands were similar,  
209 the heights of plants in the FWS wetland were about 20 cm higher than that in SSF  
210 wetland. The heights of *T. orientalis* were higher than *P. australis* in both wetland types.  
211  
212 Before the harvesting in autumn, the average plant density in the FWS wetland was 119  
213 shoots/m<sup>2</sup> in the first year, which increased to 160 shoots/m<sup>2</sup> in the second year (Fig. 2a).  
214 In the SSF wetland, shoot densities increased from 99 shoots/m<sup>2</sup> to 111 shoots/m<sup>2</sup>  
215 (Fig.2a). The initial planted density in the two wetlands were 9 shoots/m<sup>2</sup> each.  
216 Therefore, the observed increase in the plant density mainly occurred during the first  
217 year when there was much more space available for the plants to grow into. However,  
218 the slightly higher plant density in the second year resulted in little space available for  
219 new plants to grow, which consequently increased interspecific competition among the  
220 plants (Agami and Reddy, 1990). Furthermore, the density of plants in the FWS was  
221 higher than that in the SSF wetland (Kadlec and Wallace, 2008). This difference further  
222 increased in the second year (Fig. 2b), which indicated that the FWS wetland provided  
223 much more suitable conditions for the macrophytes to grow. Although the heights of *T.*  
224 *orientalis* were higher, the densities of *P. australis* in both wetlands were about three  
225 times higher than that of *T. orientalis*. In addition, the *P. australis*/*T. orientalis* ratio  
226 increased in the second year, especially in the SSF wetland (3.2-3.5). This increase  
227 indicated that *P. australis* had better reproductive and adaptive capabilities than *T.*

228 *orientalis* under the mixed culture conditions, especially in the SSF wetland. However,  
229 the opposite results were reported by Kercher and Zedler (2004).

230

231 As the plants were cut about 20–30 cm above the ground, the amount of plants biomass  
232 at harvesting can be regarded as the net increase. The average biomass production of  
233 plants in the FWS CW was 1.8 kg/m<sup>2</sup> in the first year, which increased to 3.4 kg/m<sup>2</sup> in  
234 the second year. In the SSF CW biomass production increased from 1.1 kg/m<sup>2</sup> to 1.4  
235 kg/m<sup>2</sup> (Fig. 2b). As with the plant density, the plants biomass production in the FWS  
236 was 1.6-2.4 times higher than that in the SSF wetland in the first and second year. This  
237 difference indicated that the plants in the FWS CW were denser than those in the SSF  
238 CW (Vymazal, 2013a; Leto et al., 2013). As indicated above, the plant density in the  
239 two wetlands increased slightly in the second year. Nevertheless, compared with the  
240 plant density, the biomass of plants in the two wetlands types increased significantly,  
241 especially in the FWS CW (Fig. 2), demonstrating that the plants became heavier in the  
242 second year (Leto et al., 2013).

243

244 Furthermore, the dry weights of *P. australis* in both wetlands were about 1-2 times  
245 higher than that of *T. orientalis* during the whole experimental period. The higher  
246 density of the *P. australis* resulted in the higher dry weight. The higher aboveground  
247 biomass of *P. australis* indicated a higher pollutants uptake capacity, as well as a higher  
248 belowground biomass and microbial population (Peng et al., 2014). Additionally, the

249 densities and dry weights of the plants in these two CWs were found to be higher than  
250 those reported in the literature (Leto et al., 2013; Liang et al., 2011).

251

### 252 **3.3 Nutrients contents in plant tissues and plant uptake**

253 The nutrients concentrations in the aboveground tissues of plants in the two wetlands

254 were similar, which both increased slightly in the second year of the experimental

255 period (Fig. 3a, b). In the second year, the nutrients content of *P. australis* and *T.*

256 *orientalis* tissues were 36.0 mg N/g and 3.3 mg P/g, and 31.6 mg N/g and 3.6 mg P/g,

257 respectively, in the FWS CW. In the SSF CW, nutrient contents were 34.1 mg N/g and

258 3.4 mg P/g (*P. australis*), and 29.8 mg N/g and 3.5 mg P/g (*T. orientalis*) (Fig.3a, b).

259 Overall, the nitrogen concentration in the *T. orientalis* was lower than that in *P. australis*

260 in the two CW types (Fig. 3a, b). The opposite was found for phosphorus. However, this

261 difference was not significant. Moreover, the nutrients concentrations in the

262 aboveground tissues of plants were within the range of values reported in other previous

263 studies (Kadlec and Wallace, 2008).

264

265 As shown in Figure 3c, the nitrogen uptake by the aboveground parts of *P. australis* and

266 *T. orientalis* in the FWS were 31.7 g N/m<sup>2</sup> and 20.8 g N/m<sup>2</sup>, respectively, in the first

267 year, which increased to 80.0 g N/m<sup>2</sup> and 37.6 g N/m<sup>2</sup>, respectively in the second year.

268 The phosphorus uptake rates increased from 3.0 g P/m<sup>2</sup> and 2.5 g P/m<sup>2</sup>, respectively, in

269 the first year to 7.3 g P/m<sup>2</sup> and 4.2 g P/m<sup>2</sup>, respectively, in the second year (Fig. 3d). In

270 the SSF wetland, nitrogen uptake by the aboveground parts of *P. australis* and *T.*  
271 *orientalis* increased from 20.4 g N/m<sup>2</sup> and 11.1 g N/m<sup>2</sup>, respectively in the first year, to  
272 29.2 g N/m<sup>2</sup> and 14.2 g N/m<sup>2</sup>, respectively in the second year (Fig. 3c). Similarly, the  
273 phosphorus uptake increased from 2.0 g P/m<sup>2</sup> and 1.4 g P/m<sup>2</sup>, respectively in the first  
274 year, to 2.9 g P/m<sup>2</sup> and 1.7 g P/m<sup>2</sup>, respectively in the second year (Fig. 3d). As the  
275 amount of nutrients uptake by plants were calculated by the nutrients content in the  
276 plants tissues and the dry weight of the plants (Kadlec and Wallace, 2008), the  
277 significant difference in the plants' dry weights resulted in the plants in the FWS CW  
278 showing much higher nutrients uptake ability than those in the SSF CW, especially in  
279 the second year. Moreover, the nutrients uptake by *P. australis* in both wetlands were  
280 about 1-2 times higher than that of *T. orientalis* during the whole experimental period.  
281 Therefore, in order to improve the nutrients uptake ability of plants and consequently,  
282 the performance of the wetlands, the plant species with high adaptation and  
283 reproduction ability should be selected. Additionally, despite the interspecific  
284 competition among the plant species in these two CWs, the nutrients uptake by *P.*  
285 *australis* and *T. orientalis* were found to fall within the range of values reported in other  
286 previous studies (Leto et al., 2013; Liang et al., 2011).

287

### 288 **3.4 Significance of plant for nutrients removal**

289 As plants play important roles in nutrients removal in CWs, it is important to  
290 comprehend the different roles of plants planted in different CW types for nutrients

291 removal. Table 3 shows the nutrients mass balance components for each CW during the  
292 experimental period. Overall, as the plant and other components of the two CWs were  
293 much mature in the second year, the amount of nutrients removed was to increase in  
294 both wetlands. The amount of nitrogen removed in the FWS wetland was higher than  
295 that of the SSF wetland. In contrast, the SSF wetland showed higher phosphorous  
296 removal than FWS wetland (Table 3). However, while the plants nutrients uptake  
297 accounted for a greater proportion of the phosphorus removal in FWS wetland than the  
298 nitrogen, the opposite was found in the SSF wetland (Table 3). Thus, the impact of plant  
299 uptake, microorganisms degradation, and substrates adsorption were quite different for  
300 the removal of nutrients in FWS and SSF wetlands (Kadlec and Wallace, 2008).

301

302 Although the amount of nutrients uptake by plants in the two wetlands both increased in  
303 the second year, the proportion attributable to plants for nutrients removal in the FWS  
304 and SSF wetlands were significantly different (Table 3). For the FWS wetland, the  
305 proportion attributable to plants for both TN and TP removal increased from 8.6% and  
306 9.9% in the first year, to 13.9% and 13.9% in the second year. This increase highlighted  
307 the important roles that the plants in the FWS wetland played in nutrients removal.  
308 More particularly, as the biomass of plants increased, the microbial activities in the  
309 FWS wetlands would be further stimulated, resulting in a higher nutrients removal  
310 (Korboulewsky et al., 2012). However, for the SSF wetland, the proportion attributable  
311 to plants for TN removal was decreased from 6.2% to 5.8%, while the proportion

312 attributable to plants for TP removal was increased from 4.6% to 4.8%. This possibly  
313 occurred because as the reproduction of plants in SSF wetland enhanced the  
314 nitrification-denitrification process around the rhizosphere of the plants, and the  
315 P-sorption capacity of the gravel was decreased with the long-term operation  
316 (Berendsen et al., 2012; Hallin et al., 2015; Kadlec and Wallace, 2008; Stottmeister et  
317 al., 2003). Additionally, *P. australis* contributed much more to the TN and TP removal  
318 than *T. orientalis* in both FWS and SSF CWs. Therefore, considering the important  
319 direct and indirect roles of plants in nutrient removal in the FWS wetland, the selected  
320 plant species should possess the ability to regenerate and grow vigorously. However, in  
321 the SSF wetland, as the direct impacts of plants were minimal, the planted species  
322 should possess the ability to improve the diversity and activity of the microorganisms.  
323  
324 Moreover, due to the importance of plants in CWs especially in the FWS wetlands,  
325 several studies have suggested that the overall nutrients removal would be higher if a  
326 multiple or earlier harvesting scheme is adopted (Batty and Younger, 2004; Kadlec and  
327 Wallace, 2008). However, multiple or earlier harvesting can be detrimental to the plants  
328 because they would not have sufficient opportunity to withdraw nutrients and  
329 nonstructural carbohydrates from the shoots to belowground plant parts (Van der Linden,  
330 1980, 1986). Besides, frequent aboveground harvesting can slow growth and biomass  
331 development. Therefore, the annual harvesting of the plants should be based on the  
332 consideration of the economic, climatic and wetland operation conditions. According to



333 Zheng et al. (2015), long term nutrient removal by annual harvesting of plants stands in  
334 autumn season can be considered as a good plant management approach in the  
335 prevailing conditions of northwestern China. This is because harvesting at the end of the  
336 growing season in autumn does not only promote the new plants' uptake of more  
337 nutrients. It also increases the belowground biomass and stimulates the microbial  
338 activities in the wetlands, both of which enhances CWs performance.

339

### 340 **3.5 Plant-sociological results after interspecific competition**

341 The importance values (I.V.) of 132.3 and 145.3 for *P. australis* in the FWS and SSF  
342 wetlands, respectively, and 67.7 and 54.7 for *T. orientalis*, respectively, indicated that  
343 after two growing seasons (2010–2012), *P. australis* was the predominant species in the  
344 two wetlands. The competitive values (C.V.) of the plant species, which were in the  
345 following order: *P. australis* in FWS (64.7), *P. australis* in SSF (64.3), *T. orientalis* in  
346 SSF (35.7), and *T. orientalis* in FWS (35.3), indicate that *P. australis* grew better than *T.*  
347 *orientalis* under interspecific competition in both FWS and SSF wetlands (Table 4).

348

349 From the plant-sociological results of I.V. and C.V., *P. australis* showed the overall  
350 highest growth performance in the two CWs. This high growth performance of *P.*  
351 *australis* coupled with its high aboveground dry weight value resulted in the species  
352 expanding its coverage in both the FWS and SSF wetlands (Fig. 4). This finding is  
353 particularly interesting for the FWS wetland because the continuously inundated

354 condition during the growing season would be expected to confer competitiveness on  
355 *Typha* spp., rather than *Phragmites* spp., which prefer well-drained or intermittently  
356 inundated conditions. According to Asaeda et al. (2005), the growth of *Typha* spp.  
357 seedlings is usually facilitated in a continuously flooded condition, and decreases in a  
358 well-drained condition. Kercher and Zedler (2004) also reported that the growth of  
359 *Typha* spp. is not negatively influenced by an inundated condition, and could result in a  
360 competitive advantage to *Typha* spp. over *Phragmites* spp  
361  
362 Nonetheless, despite the relatively high growth performance in both wetlands,  
363 interspecific competition of *P. australis* showed different ecological characteristics, in  
364 terms of the correlation between growth parameters, such as shoot height, density, and  
365 dry weight. For example, while relatively high plant density and shoot height  
366 determined the high aboveground dry weight of *P. australis* in the FWS wetland ( $p <$   
367  $0.01$ ), this association was not evident in the SSF wetland. This finding suggests that  
368 competition likely leads to different ecological responses among plant species in  
369 different wetland systems. Consequently, such different responses could affect the  
370 competitive status and vegetation composition in constructed wetlands (i.e., competitive  
371 effect of competitive ability) (Goldberg and Landa, 1991; Keddy et al., 1994). This  
372 differential response is further demonstrated in Figure 4, whereby the encroachment of *P.*  
373 *australis* into the *T. orientalis* stands was exhibited differently in the two wetland  
374 systems. In the FWS wetland, the encroachment started in the inflow zone, which later

375 spread to the outflow zone. In the SSF wetland, however, *P. australis* started to  
376 encroach simultaneously at the inflow, outflow and plant border zones.

377

378 Furthermore, the speed of encroachment was different in the FWS and SSF wetlands.

379 The expansion of *P. australis* into *T. orientalis* stands in the SSF wetland was much  
380 more rapid than that in the FWS wetland (Fig. 4). This phenomenon could be explained  
381 by the fact that *P. australis* has a much stronger growing capability, resource utilization  
382 capacity, competitive potential and higher potential leaf photosynthesis capacity than *T.*  
383 *orientalis* (Fu et al., 2011). These advantages were more evident in the SSF wetland,  
384 where there were no conducive conditions for the growth of plants. Therefore, it  
385 becomes difficult to maintain single plant colonies within the mixed culture of wetlands  
386 due to the progressive dominance of the most aggressive species. Thus, wetland plants  
387 should be carefully selected during the planning stage when mixed culture is to be used  
388 in a particular CW.

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390

#### 391 **4. Conclusions**

392 The effect of interspecific competition was notable for *P. australis*; it showed the  
393 highest growth performance in both FWS and SSF wetlands. In mixed-culture, *P.*  
394 *australis* demonstrates superiority in terms of competitive interactions for space  
395 between plants. Furthermore, the interspecific competition caused different ecological

396 responses of plant species in the two CWs. Additionally, while plants nutrients uptake  
397 accounted for a higher proportion of the nitrogen removal in FWS, that in the SSF  
398 accounted for a higher proportion of the phosphorous removal. Special management  
399 effort is, thus, required to maintain habitat characteristics and the design macrophyte  
400 diversity in mixed culture CWs.

401

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405 Innovative Research Team in Shaanxi (No.2013KCT-13).

406

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533 **List of figure captions**

534

535 Figure 1 Variations in (a) COD, (b) BOD<sub>5</sub>, (c) TN, (d) NH<sub>3</sub>-N, (e) TP, (f) PO<sub>4</sub><sup>3-</sup>-P  
536 concentrations in the pilot FWS and SSF wetlands during the operation period (n=77;  
537 for BOD<sub>5</sub> and PO<sub>4</sub><sup>3-</sup>-P, n=62).

538

539 Figure 2 Average plant densities in FWS and SSF wetlands (a) and total mean  
540 aboveground dry weights in FWS and SSF wetlands (b) at the end of the growing  
541 season during the experimental period.

542

543 Figure 3 Average nutrients content (a, b) and nutrients uptake by the aboveground  
544 biomass of *P. australis* and *T. orientalis* in the two wetland types (c, d) at the end of the  
545 growing season during the experimental period.

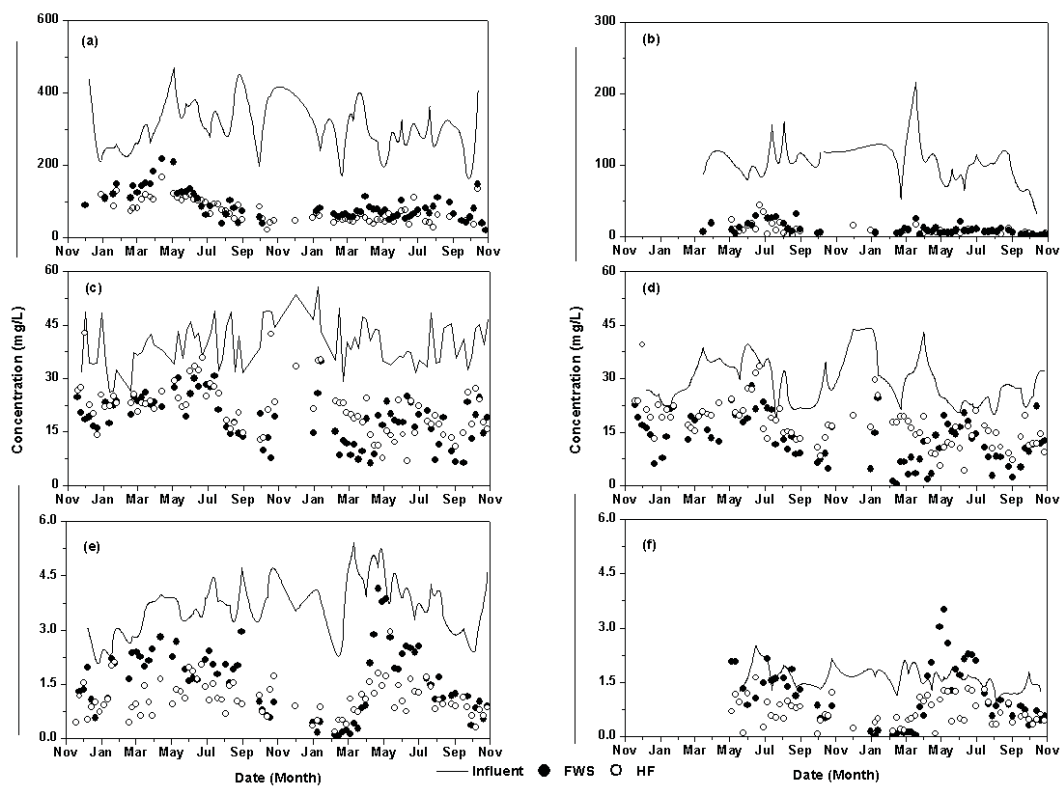
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547 Figure 4 Changes in the growth patterns of *P. australis* and *T. orientalis* in FWS and  
548 SSF CWs during the time of operation.

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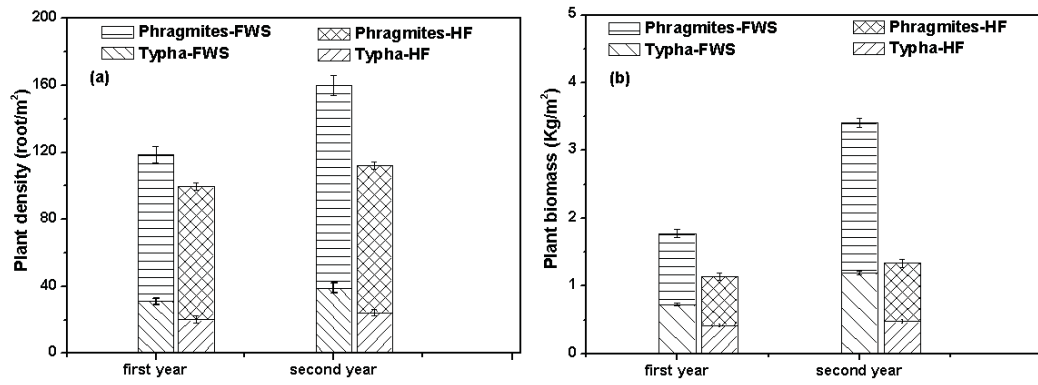
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553 Fig. 1

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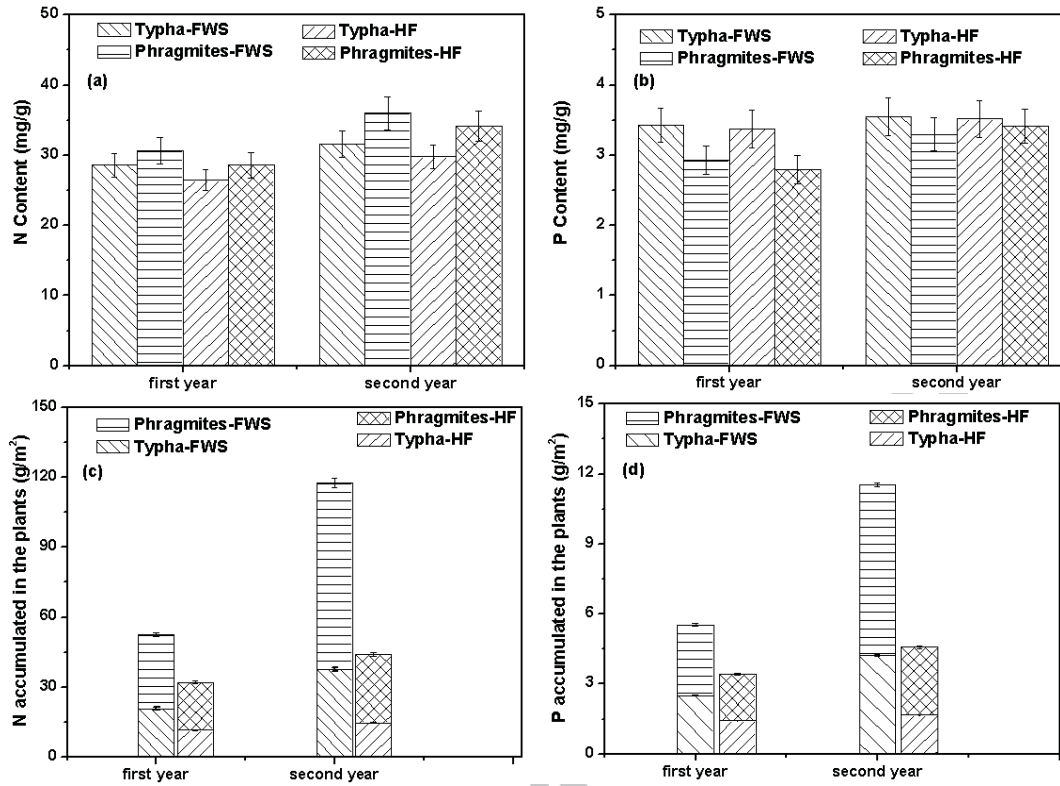
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558 Fig. 2

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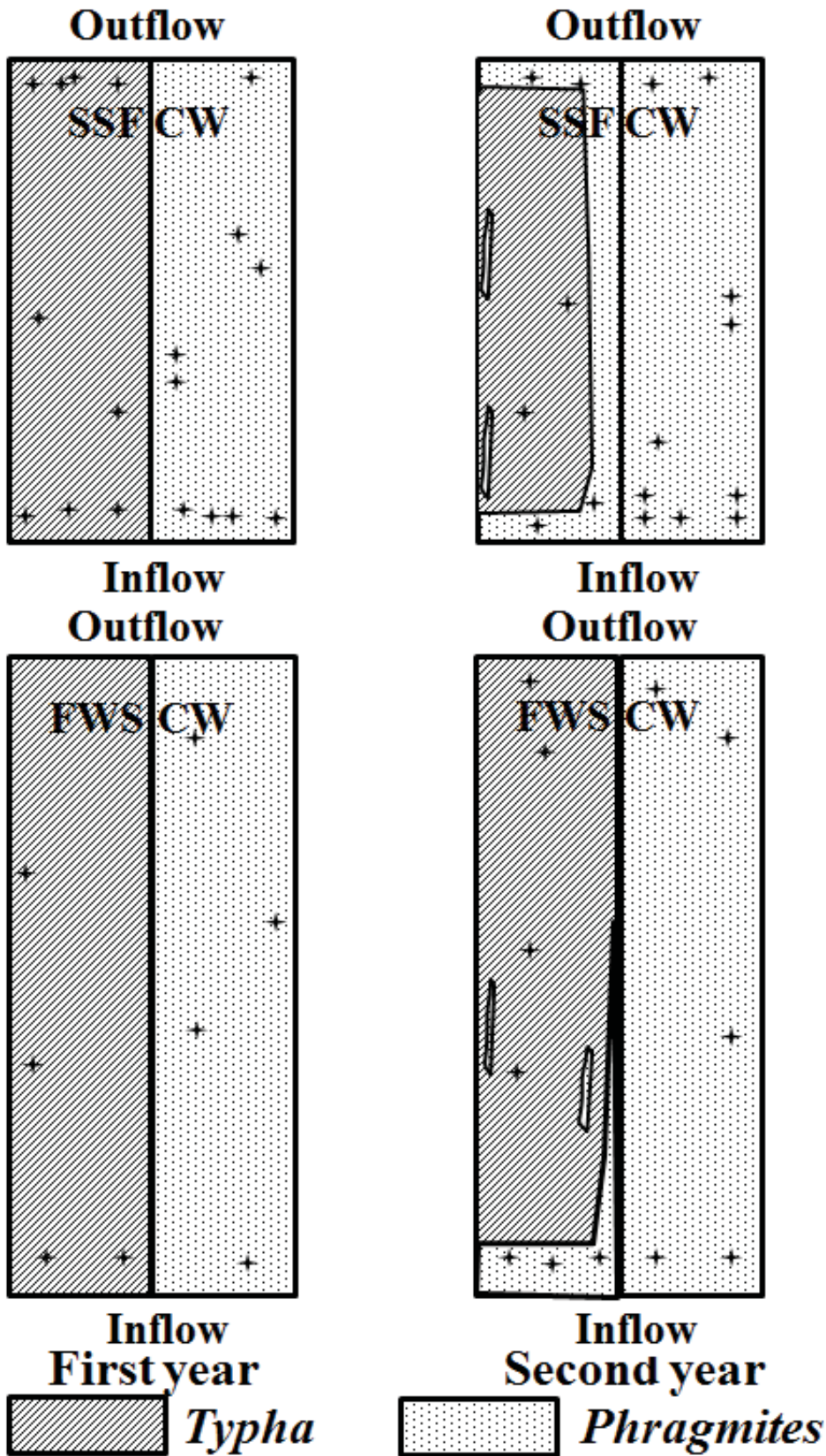
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565 Fig. 3

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570 **Table 1** Chemical properties of the substrates

| Substrate | pH   | Chemical composition mass percentage (%) |   |   |       |      |      |      |       |      |      |    |      |
|-----------|------|--|---|---|-------|------|------|------|-------|------|------|----|------|
|           |      | C  | N | P | O     | Na   | Mg   | Al   | Si    | K    | Ca   | Ti | Fe   |
| gravel    | 8.76 | -  | - | - | 51.61 | 1.11 | 1.01 | 8.79 | 27.58 | 4.05 | 0.73 | -  | 5.12 |
| Sand      | 7.14 | -  | - | - | 56.82 | 2.99 | 0.23 | 7.67 | 26.25 | 3.55 | 0.87 | -  | 1.62 |

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575 **Table 2** Pollutant concentrations and loadings at the influent and effluent of the two  
 576 CWs during the experimental period

| Items               | Unit                      | COD      |                 | BOD <sub>5</sub> |                 | TN       |                 | NH <sub>3</sub> -N |                 | TP       |                 | PO <sub>4</sub> <sup>3-</sup> -P |                 |
|---------------------|---------------------------|----------|-----------------|------------------|-----------------|----------|-----------------|--------------------|-----------------|----------|-----------------|----------------------------------|-----------------|
|                     |                           | Mea<br>n | SD <sup>a</sup> | Mea<br>n         | SD <sup>a</sup> | Mea<br>n | SD <sup>a</sup> | Mea<br>n           | SD <sup>a</sup> | Mea<br>n | SD <sup>a</sup> | Mea<br>n                         | SD <sup>a</sup> |
| Influent            | mg/L                      | 303.6    | 10.3            | 98.3             | 4.6             | 39.6     | 0.7             | 29.1               | 0.8             | 3.6      | 0.1             | 1.6                              | 0.1             |
| PLR <sup>b</sup>    | g/m <sup>2</sup> ye<br>ar | 10489    | 356             | 3396             | 159             | 1368     | 24              | 1005               | 28              | 124.4    | 3.5             | 55.3                             | 3.5             |
| FWS<br>effluent     | mg/L                      | 89.9     | 4.4             | 9.6              | 1.0             | 18.5     | 0.7             | 12.9               | 0.7             | 1.6      | 0.1             | 1.1                              | 0.1             |
| FWS RR <sup>c</sup> | g/m <sup>2</sup> ye<br>ar | 7385     | 280             | 3063             | 170             | 728      | 18              | 560                | 15              | 70.6     | 1.6             | 17.6                             | 1.1             |
| SSF<br>effluent     | mg/L                      | 71.9     | 3.4             | 8.6              | 1.0             | 21.7     | 0.8             | 17.0               | 0.7             | 1.1      | 0.1             | 0.7                              | 0.05            |
| SSF RR <sup>c</sup> | g/m <sup>2</sup> ye<br>ar | 8006     | 244             | 3097             | 176             | 619      | 16              | 416                | 14              | 87.0     | 2.0             | 32.1                             | 1.3             |

577 <sup>a</sup> Standard deviation

578 <sup>b</sup> Pollutant loading rate

579 <sup>c</sup> Removal rate

580

581

**Table 3** Nutrient mass removal and uptake by plants in the two CWs at the end of the growing seasons during the experimental period

| Period      | Wetland parameter | Influent (g/m <sup>2</sup> ) | Effluent (g/m <sup>2</sup> ) | <i>P. australis</i> (g/m <sup>2</sup> ) | <i>T. orientalis</i> (g/m <sup>2</sup> ) | Total plant uptake (g/m <sup>2</sup> ) | Plant uptake (%) |      |
|-------------|-------------------|------------------------------|------------------------------|---|--|--|------------------|------|
| First year  | FWS               | TN                           | 1335.1                       | 723.5                                   | 31.7                                     | 20.8                                   | 52.5             | 8.6  |
|             |                   | TP                           | 116.2                        | 60.4                                    | 3.0                                      | 2.5                                    | 5.5              | 9.9  |
|             | SSF               | TN                           | 1335.1                       | 831.2                                   | 20.4                                     | 11.1                                   | 31.5             | 6.2  |
|             |                   | TP                           | 116.2                        | 42.2                                    | 2.0                                      | 1.4                                    | 3.4              | 4.6  |
| Second year | FWS               | TN                           | 1401.9                       | 556.3                                   | 80.0                                     | 37.6                                   | 117.6            | 13.9 |
|             |                   | TP                           | 132.5                        | 49.6                                    | 7.3                                      | 4.2                                    | 11.5             | 13.9 |
|             | SSF               | TN                           | 1401.9                       | 662.5                                   | 29.2                                     | 14.2                                   | 43.4             | 5.8  |
|             |                   | TP                           | 132.5                        | 36.1                                    | 2.9                                      | 1.7                                    | 4.6              | 4.8  |

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586 **Table 4** Relative importance and competitive values of plant species in the two  
 587 constructed wetland

| Plant-sociological value | FWS wetland         |                      | SSF wetland         |                      |
|--------------------------|---------------------|----------------------|---------------------|----------------------|
|                          | <i>P. australis</i> | <i>T. orientalis</i> | <i>P. australis</i> | <i>T. orientalis</i> |
| I.V. <sup>1</sup>        | 132.3               | 67.7                 | 145.3               | 54.7                 |
| C.V. <sup>2</sup>        | 64.7                | 35.3                 | 64.3                | 35.7                 |

588 <sup>1</sup> Species importance value

589 <sup>2</sup> Species competitive value. Lower values indicate low competitiveness under an

590 interspecific competitive condition.

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- 595 • Interspecific competition of *Phragmites* and *Typha* was investigated in two large  
596 CWs
- 597 • *P. australis* showed higher growth performance in mixed cultured FWS and SSF  
598 wetlands
- 599 • Interspecific competition caused different ecological responses of plant species

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